



## (\*)E. U. de Enfermaría (Povisa)

### (\*)ORGANIZACIÓN ACADEMICA

(\*)  
En lo que respecta al desarrollo de dicho Plan, el objetivo primordial de la escuela es formar profesionales ENFERMEROS.

ENFERMERÍA es hoy en día una disciplina compleja del área de salud, con un gran impacto social que constantemente aumenta sus funciones para satisfacer las necesidades que impone el cuidado de la salud en un mundo en cambio, siendo además un elemento esencial en la planificación comunitaria de los servicios de salud.

Así pues la profesión ENFERMERA abarca los cuidados, autónomos y en colaboración, que se prestan a las personas de todas las edades, familias, grupos y comunidades, enfermos o sanos, en todos los contextos, e incluye la promoción de la salud, la prevención de la enfermedad, y los cuidados de los enfermos, discapacitados, y personas moribundas.

Funciones esenciales de la enfermería son la defensa, el fomento de un entorno seguro, la investigación, la participación en la política de salud y en la gestión de los pacientes y los sistemas de salud, y la formación.

Siendo aun una ciencia joven cuenta con principios propios, pero al ser una profesión vinculante exige que se nutra de otros conocimientos alcanzados por las ciencias medicas, a su vez sustentadas por los avances en biología, sociología y psicología.

Esto aporta a nuestra profesión una sólida formación teórico-práctica en sus CUATRO FUNCIONES : ASISTENCIAL, DOCENTE, GESTORA E INVESTIGADORA que permite al terminar los estudios de Grado desempeñar de forma altamente cualificada la profesión y trabajar en colaboración con otros profesionales de la salud para conseguir objetivos comunes. Y para llegar a esta meta, la formación del alumno se apoya en tres pilares fundamentales:

- El desarrollo de clases teórico-prácticas enfocadas a la resolución de problemas.
- El fomento de la aplicación práctica de los conceptos teóricos.
- Evaluación continuada del alumno por medio de tutorías.

El profesorado está formado en su mayor parte por especialistas en cada una de las materias que se imparten. Dentro de la filosofía de la Escuela tienen un apartado importante las relaciones internacionales; el intercambio de estudiantes y profesores a través del Programa Sócrates-Erasmus dentro del ámbito europeo.

Esto permite que tanto profesores como alumnos tengan una visión más amplia de la profesión y su desarrollo en otros países, lo que adquiere una especial relevancia en una época donde los cambios tanto sociales como profesionales se suceden con gran rapidez, y en la que las posibilidades de trabajo se han ampliado al ámbito europeo.

El título de Graduado en Enfermería es válido en toda España y con los efectos legales que los convenios internacionales otorgan para otros países.

### ORGANIZACIÓN CURSOS ACADÉMICOS

El plan de estudios de Grado tiene 240 CRÉDITOS ECTS distribuidos según tabla:

#### TIPO CREDITOS A CURSAR POR EL ALUMNO/A:OFERTA DEL CENTRO

Formación básica (FB) 60

Obligatorios 78

Optativos 12/ 24

Prácticas externas 78

TFG (Trabajo fin de grado) 12

**TOTAL 240**

#### DISTRIBUCIÓN MATERIAS CURSO/SEMESTRE :

| MÓDULO  | MATERIA                | ASIGNATURA  | ECTS        | CARÁCTER<br>(OBLIGATORIA/OPTATIVA) | CUATRIMESTRE | CURSO |
|---|------------------------|---|-------------|------------------------------------|--------------|-------|
| MÓDULO FORMACIÓN BÁSICA COMÚN                     | ANATOMIA HUMANA        | ANATOMIA HUMANA                                     | 9           | OBLIGATORIA                        | 1º           | 1º    |
|   | PSICOLOGIA             | PSICOLOGIA  | 9           | OBLIGATORIA                        | 1º           | 1º    |
|   | BIOQUIMICA             | BIOQUIMICA  | 6           | OBLIGATORIA                        | 1º           | 1º    |
|   | FISIOLOGIA             | FISIOLOGIA  | 9           | OBLIGATORIA                        | 2º           | 1º    |
|   | ESTADISTICA            | ESTADISTICA   | 6           | OBLIGATORIA                        | 2º           | 1º    |
|   | IDIOMA MODERNO         | INGLES TÉCNICO                                      | 6           | OBLIGATORIA                        | 2º           | 1º    |
|   |                        | INTRODUCCION A LA ENFERMERIA CLÍNICA                | 6           | OBLIGATORIA                        | 1º           | 2º    |
|   |                        | FARMACOLOGIA Y DIETETICA                            | 9           | OBLIGATORIA                        | 1º           | 2º    |
| MÓDULO CIENCIAS DE LA ENFERMERÍA                  | ENFERMERÍA COMUNITARIA | ENFERMARÍA COMUNITARIA I                            | 6           | OBLIGATORIA                        | 1º           | 1º    |
|   |                        | ENFERMARÍA COMUNITARIA II                           | 9           |                                    | 2º           | 2º    |
|   |                        | FUNDAMENTOS DE ENFERMERÍA                           | 9           | OBLIGATORIA                        | 2º           | 1º    |
|   | ENFERMERÍA CLÍNICA     | ENFERMARÍA CLÍNICA I                                | 9           | OBLIGATORIA                        | 1º           | 2º    |
|   |                        | ENFERMARÍA CLÍNICA II                               | 6           |                                    | 2º           | 2º    |
|   |                        | ENFERMARÍA CLÍNICA III                              | 6           |                                    | 1º           | 3º    |
|   |                        | ÉTICA Y LEGISLACIÓN                                 | 6           | OBLIGATORIA                        | 1º           | 2º    |
|   |                        | GESTIÓN DE ENFERMERÍA                               | 6           | OBLIGATORIA                        | 2º           | 2º    |
|   |                        | ENFERMERÍA MATERNO INFANTIL                         | 9           | OBLIGATORIA                        | 1º           | 3º    |
|   |                        | ENFERMERÍA GERIÁTRICA Y CUIDADOS PALIATIVOS         | 6           | OBLIGATORIA                        | 2º           | 3º    |
| MÓDULO PRÁCTICAS TUTELADAS Y TRABAJO FIN DE GRADO | PRÁCTICAS CLÍNICAS     | ENFERMERÍA DE SALUD MENTAL                          | 6           | OBLIGATORIA                        | 2º           | 3º    |
|   |                        | PRÁCTICAS CLÍNICAS I                                | 9           | OBLIGATORIA                        | 2º           | 2º    |
|   |                        | PRÁCTICAS CLÍNICAS II                               | 15          | OBLIGATORIA                        | 1º           | 3º    |
|   |                        | PRÁCTICAS CLÍNICAS III                              | 18          | OBLIGATORIA                        | 2º           | 3º    |
|   |                        | PRÁCTICAS CLÍNICAS IV                               | 18          | OBLIGATORIA                        | 1º           | 4º    |
|   |                        | PRÁCTICAS CLÍNICAS V                                | 18          | OBLIGATORIA                        | 2º           | 3º    |
|   | TRABAJO FIN DE GRADO   | 12  | OBLIGATORIA | 1º Y 2º                            |              | 4º    |
| MÓDULO MATERIAS OPTATIVAS                         | POVISA                 | ENFERMERÍA DE URGENCIAS Y CUIDADOS CRÍTICOS         | 6           | OPTATIVA                           | 1º           | 4º    |
|   |                        | INTRODUCCIÓN A LA ENFERMERÍA AVANZADA               | 6           | OPTATIVA                           | 1º           | 4º    |
|   |                        | ANTROPOLÓGIA DE LA SALUD                            | 6           | OPTATIVA                           | 1º           | 4º    |
|   |                        | ATENCIÓN DE ENFERMERÍA EN EMERGENCIAS Y CATÁSTROFES | 6           | OPTATIVA                           | 1º           | 4º    |

Las materias son cuatrimestrales finales.

El calendario de examenes , los horarios y las guías docentes de las asignaturas de cada curso, se rigen según normativa de la Universidad de Vigo en ellas podeis ver :

- ☐ Competencias de la materia
- ☐ Programa materia
- ☐ Planificación docente
- ☐ Metodología docente
- ☐ Tipos evaluación
- ☐ Bibliografía

#### (\*)PERSONAL DOCENTE

#### (\*)PERSONAL ACADÉMICO GENERAL E.U.ENFERMERÍA POVISA:

Será requisito ineludible para ser profesor/a de la Escuela tener la titulación requerida por la legislación vigente y obtener la

"**VENIA DOCENDI**" de la Universidad de Vigo para la materia o disciplina que vaya a desarrollar.

La "**VENIA DOCENDI**" será solicitada por la Escuela con carácter previo a la formalización de cualquier contrato de profesorado; tendrá el carácter de permanente, salvo revisión realizada a propuesta del Delegado de la Universidad.

La "**VENIA DOCENDI**" será otorgada por el Rector a petición de los respectivos centros adscritos y después del informe del delegado de la Universidad.

La "**VENIA DOCENDI**" constituye un requisito explícito por parte de la Universidad de Vigo de que cada profesorado de un centro adscrito cumple con los requisitos exigidos para la docencia en el centro y facultan, al mismo tiempo, para firmar las actas oficiales de calificación de los estudiantes.

El profesorado que no posea "**VENIA DOCENDI**" no podrá formar parte del cuadro de personal docente ni ejercer la docencia en un centro adscrito a la Universidad de Vigo.

La selección del personal docente e investigador de los centros adscritos se llevará a cabo respetando los principios de igualdad, mérito y capacidad de acuerdo con lo establecido en la legislación vigente.

El nombramiento y contratación del personal docente e investigador de los antedichos centros le corresponden al titular de los mismos, una vez que los candidatos propuestos soliciten de la Universidad de Vigo la "**VENIA DOCENDI**" correspondiente.

#### **CUADRO GENERAL DEL PROFESORADO SEGÚN CATEGORÍA ACADÉMICA, SU VINCULACIÓN CON LA UNIVERSIDAD Y SU DEDICACIÓN AL TÍTULO.**

| CATEGORÍA ACADÉMICA                                      | Nº | VINCULACIÓN CON LA UNIVERSIDAD | DEDICACIÓN AL TÍTULO |         |
|--|----|--------------------------------|----------------------|---------|
|  |    |                                | Total                | Parcial |
| Doctor/a   | 11 | Venia docendi                  | 5                    | 6       |
| Licenciados/as general                                   | 5  | Venia docendi                  | 4                    | 1       |
| Graduados/as en enfermería                               | 11 | Venia docendi                  | 5                    | 6       |
| Licenciados/as especialistas                             | 11 | Venia docendi                  | 4                    | 7       |
| Diplomados/as y graduados/as enfermeros/as especialistas | 2  | Venia docendi                  |                      | 2       |
| Diplomados/as enfermeria                                 | 1  | Venia docendi                  | 1                    |         |

#### **PORCENTAJE DE PROFESORADO CON EL TÍTULO DE DOCTOR.**

|             | FRECUENCIA | PORCENTAJE |
|-------------|------------|------------|
| DOCTORES    | 11         | 26,8%      |
| NO DOCTORES | 30         | 73,2%      |

|              |           |             |
|--------------|-----------|-------------|
| <b>TOTAL</b> | <b>41</b> | <b>100%</b> |
|--------------|-----------|-------------|

#### **DISTRIBUCIÓN DE PROFESORADO POR DEDICACIÓN AL TÍTULO.**

|  | <b>FRECUENCIA</b> | <b>PORCENTAJE</b> |
|--|-------------------|-------------------|
| <b>PROFESORES CON DEDICACIÓN A TIEMPO COMPLETO</b> | 8                 | 25%               |
| <b>Otros (externos)</b>                            | 24                | 75%               |
| <b>TOTAL</b>                                       |                   | <b>100%</b>       |

#### **DISTRIBUCIÓN DEL PROFESORADO POR EXPERIENCIA DOCENTE.**

|                          | <b>FRECUENCIA</b> | <b>PORCENTAJE</b> |
|--------------------------|-------------------|-------------------|
| <b>MENOS DE 5 AÑOS</b>   | 12                | <b>29,27%</b>     |
| <b>ENTRE 5 Y 10 AÑOS</b> | 11                | <b>26,83%</b>     |
| <b>MÁS DE 10 AÑOS</b>    | 18                | <b>43,90%</b>     |
| <b>TOTAL</b>             | <b>41</b>         | <b>100%</b>       |

#### **DISTRIBUCIÓN DEL PROFESORADO POR EXPERIENCIA INVESTIGADORA.**

|                          | <b>FRECUENCIA</b> | <b>PORCENTAJE</b> |
|--------------------------|-------------------|-------------------|
| <b>MENOS DE 5 AÑOS</b>   | 10                | <b>24,40%</b>     |
| <b>ENTRE 5 Y 10 AÑOS</b> | 7                 | <b>17,06%</b>     |
| <b>MÁS DE 10 AÑOS</b>    | 10                | <b>24,40%</b>     |
| <b>NS/NC</b>             | 14                | <b>34,14%</b>     |
| <b>TOTAL</b>             | <b>41</b>         | <b>100%</b>       |

#### **DISTRIBUCIÓN DEL PROFESORADO POR EXPERIENCIA PROFESIONAL DIFERENTE A LA ACADÉMICA O**

## **INVESTIGADORA.**

|                          | <b>FRECUENCIA</b> | <b>PORCENTAJE</b> |
|--------------------------|-------------------|-------------------|
| <b>MENOS DE 5 AÑOS</b>   | <b>10</b>         | <b>24,39%</b>     |
| <b>ENTRE 5 Y 10 AÑOS</b> | <b>11</b>         | <b>26,82%</b>     |
| <b>MÁS DE 10 AÑOS</b>    | <b>13</b>         | <b>31,07%</b>     |
| <b>NS/NC</b>             |                   |                   |
| <b>TOTAL</b>             | <b>34</b>         | <b>82,28%</b>     |

La figura de coordinador/a de curso, asegura la adecuada coordinación docente en el proceso de programación de la evaluación continuada de las materias en cada curso académico a través de reuniones de seguimiento y coordinación.

Esas reuniones de curso, arrancarán con una inicial, previa al comienzo de curso, en la que el coordinador planteará un calendario de actividades cuyo fin último es que no se produzcan solapamientos entre las distintas actividades que se proponen en las distintas guías docentes. Adicionalmente, esas reuniones iniciales servirán también para corregir la tendencia a incluir un excesivo número de actividades.

Se busca, por tanto, que la evaluación continuada se materialice en una distribución equilibrada de tareas a lo largo de todo el curso académico, apoyada en una programación racional de las materias. Para lograrlo, se dispondrán con cierta periodicidad reuniones de seguimiento y el coordinador del curso emitirá informes de seguimiento, destinados a mantener informados al Profesorado y Dirección sobre incidencias y eventos relevantes. Al finalizar el curso se celebrará una última reunión destinada a hacer balance y destacar posibles problemáticas a resolver para el siguiente curso.

### **RELACIÓN DE COORDINADORES CURSO ACADÉMICO:**

Coordinador **1º** Curso:

Vicente Suárez González

Coordinador **2º** Curso:

Esperanza Mª Giraldez Miranda

Coordinador **3º** Curso:

Alicia Muiños Álvarez

Coordinador **4º** Curso:

Alfonso Eduardo Maldonado Arroyo

Además, existen las figuras del coordinador/a de prácticas externas (de ser el caso) y del trabajo de fin de grado, que se encargarán de coordinar los distintos/as tutores/as.

La Escuela de Enfermería de POVISA establecerá reuniones periódicas con las escuelas ubicadas en Vigo que comparten centros de prácticas para facilitar la coordinación vertical entre cursos de las prácticas y el intercambio de experiencias.

Con ello se persigue analizar las distintas propuestas de mejora, establecer criterios básicos de evaluación y organizar actividades conjuntas que afecten a más de una materia, por citar algunos objetivos concretos.

En definitiva, el sistema de coordinación que se propone constituye un elemento fundamental en la introducción de los nuevos objetivos y metodologías y, sobre todo, servirá para profundizar en una mejor y mayor coordinación entre docentes y entre éstos y el Centro.

En un futuro, dado que la coordinación del conjunto de actividades resulta clave para el adecuado aprovechamiento del alumnado, se pretende continuar este diseño, adecuándolo a las nuevas exigencias y tratando de garantizar niveles satisfactorios de coordinación vertical y horizontal.

### **PERSONAL NO DOCENTE E.U.ENFERMERÍA POVISA:**

#### **PAS: PERSONAL DE ADMINISTRACIÓN Y SERVICIOS.**

- 1 Jefe de Servicios administrativos

- 1 oficial administrativo a tiempo completo.
- 1 auxiliar administrativo a tiempo completo

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#### (\*)INFORMACIÓN ESTUDIANTES PRIMERO Y TRASLADOS

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#### ESCUELA UNIVERSITARIA DE ENFERMERÍA POVISA

#### INFORMACIÓN GENERAL.

La Escuela Universitaria de Enfermería de POVISA, adscrita a la Universidad de Vigo, nació oficialmente en el año 1991 bajo el patronazgo del HOSPITAL POVISA con la idea de desarrollar una función docente que consideraba adecuada y beneficiosa para un HOSPITAL de sus características, formando profesionales de Enfermería que cuando terminaran sus estudios, pudieran pasar a formar parte de la División de Enfermería del hospital.

Nuestra Escuela se rige por la Legislación Universitaria vigente, y por tanto, el Plan de Estudios está homologado y compartido por las otras E.U.E. adscritas a la Universidad de Vigo, la cual emite el título de Grado en Enfermería, lo que nos permite una comunicación fluida y facilita los posibilidades de traslados de estudiantes entre las Escuelas que en su momento pudieran surgir.

Las clases teóricas se imparten en las instalaciones en la calle Romil 75-77 y las prácticas se realizan en los distintos Departamentos, Servicios y Laboratorios del Hospital Povisa, y en hospitales de la red pública, así como en Centros de Salud y Residencias de la Tercera edad.

#### EQUIPO DIRECTIVO:

- **Director:** Alfonso García Suárez
- **Subdirectora:** M<sup>a</sup> Concepción Agras Suárez
- **Secretario:** Ángel Marcial Pérez

Además cada uno de los cursos del Grado tiene un tutor que será referente de los alumnos con respecto a temas relacionados con la docencia.

#### TUTOR 1º CURSO:

- **VICENTE SUÁREZ GONZÁLEZ** profesor de la materia **PSICOLOGÍA** de 1º curso

#### TUTOR 2º CURSO:

- **MARÍA GIRALDEZ MIRANDA** profesora de la materia **INTRODUCCIÓN A LA ENFERMERÍA CLÍNICA** de 2º curso.

#### TUTOR 3º CURSO:

- **ALICIA MUIÑOS ALVAREZ** profesora de la materia **ENFERMERIA CLINICA III** de 3º curso.

#### TUTOR 4º CURSO:

- **EDUARDO MALDONADO ARROYO** profesor de la materia de **TFG** de 4º curso.

#### PLAN DE ESTUDIOS

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**incluye la promoción de la salud, la prevención de la enfermedad, y los cuidados de los enfermos, discapacitados, y personas moribundas. Funciones esenciales de la enfermería son la defensa, el fomento de un entorno seguro, la investigación, la participación en la política de salud y en la gestión de los pacientes y los sistemas de salud, y la formación.**

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□*El desarrollo de clases teórico-prácticas enfocadas a la resolución de problemas.*

□*El fomento de la aplicación práctica de los conceptos teóricos.*

□*Evaluación continuada del alumno por medio de tutorías.*

El profesorado está formado en su mayor parte por especialistas en cada una de las materias que se imparten.

Dentro de la filosofía de la Escuela tienen un apartado importante las relaciones internacionales; el intercambio de estudiantes y profesores a través del Programa Sócrates-Erasmus dentro del ámbito europeo.

Esto permite que tanto profesores como alumnos tengan una visión más amplia de la profesión y su desarrollo en otros países, lo que adquiere una especial relevancia en una época donde los cambios tanto sociales como profesionales se suceden con gran rapidez, y en la que las posibilidades de trabajo se han ampliado al ámbito europeo.

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### **TIPO CRÉDITOS A CURSAR POR EL ALUMNO/A OFERTA DEL CENTRO**

Formación básica (FB) 60, Obligatorios 78, Optativos 12, Prácticas externas 78, TFG (Trabajo fin de grado) 12 .**TOTAL 240.**

## **DISTRIBUCIÓN MATERIAS CURSO/SEMESTRE**

### **PRIMER CURSO**

- ANATOMÍA HUMANA 9 ECTS , 1º Semestre ,FORMACIÓN BÁSICA
- PSICOLOGÍA 9 ECTS , 1º Semestre, FORMACIÓN BÁSICA
- BIOQUÍMICA 6 ECTS, 1º Semestre ,FORMACIÓN BÁSICA
- ENFERMERÍA COMUNITARIA I 6 ECTS, 1º Semestre, OBLIGATORIO
- FISIOLOGÍA 9 ECTS , 2º Semestre, FORMACIÓN BÁSICA
- ESTADÍSTICA 6 ECTS, 2º Semestre, FORMACIÓN BÁSICA
- FUNDAMENTOS DE ENFERMERÍA 9 ECTS, 2º Semestre, OBLIGATORIO
- INGLÉS TÉCNICO 6 ECTS, 2º Semestre , FORMACIÓN BÁSICA

### **SEGUNDO CURSO**

- INTRODUCCIÓN A LA ENFERMERÍA CLÍNICA 6 ECTS ,1º Semestre, FORMACIÓN BÁSICA
- ÉTICA Y LEGISLACIÓN 6 ECTS, 1º Semestre ,OBLIGATORIO

- FARMACOLOGÍA Y DIETETICA 9 ECTS, 1º Semestre, FORMACIÓN BÁSICA
- ENFERMERÍA CLÍNICA I 9 ECTS, 1º Semestre ,OBLIGATORIO
- ENFERMERÍA CLÍNICA II 6 ECTS, 2º Semestre, OBLIGATORIO
- ENFERMERÍA COMUNITARIA II 9 ECTS, 2º Semestre, OBLIGATORIO
- GESTIÓN DE ENFERMERÍA 6 ECTS, 2º Semestre, OBLIGATORIO
- PRACTICAS CLÍNICAS I 9 ECTS, 2º Semestre, OBLIGATORIO

### **TERCER CURSO**

- ENFERMERÍA CLÍNICA III 6 ECTS , 1º Semestre, OBLIGATORIO
- ENFERMERÍA MATERNO INFANTIL 9 ECTS ,1º Semestre, OBLIGATORIO
- PRACTICAS CLÍNICAS II 15 ECTS , 1º Semestre, OBLIGATORIO
- ENFERMERÍA GERIÁTRICA Y CUIDADOS PALIATIVOS 6 ECTS ,2º Semestre, OBLIGATORIO
- ENFERMERÍA EN SALUD MENTAL 6 ECTS, 2º Semestre, OBLIGATORIO
- PRACTICAS CLINICAS III 18 ECTS, 2º Semestre, OBLIGATORIO

### **CUARTO CURSO**

- OPTATIVA I 6 ECTS, 1º Semestre, OPTATIVO
- OPTATIVA II 6 ECTS, 1º Semestre, OPTATIVO
- PRACTICAS CLÍNICAS IV 18 ECTS, 1º Semestre, OBLIGATORIO
- PRACTICAS CLÍNICAS V 18 ECTS ,2º Semestre, OBLIGATORIO
- TRABAJO FIN DE GRADO 12 ECTS, 2º Semestre ,OBLIGATORIO

Las materias son cuatrimestrales finales.

El calendario de exámenes se rige según normativa de la Universidad de Vigo, (**se adjunta**).

Tenéis a vuestra disposición en la página de la EUU POVISA [www.cepovisa.com](http://www.cepovisa.com) un enlace con la Universidad de Vigo para la visualización de las guías docentes de las asignaturas de cada curso:

En ellas podéis ver:

- Competencias de la materia
- Programa materia
- Planificación docente
- Metodología docente
- Tipos evaluación
- Bibliografía

**NORMAS GENERALES:**

La asistencia a clases se rige por normativa de la Universidad de Vigo.

Durante la asistencia y permanencia en las instalaciones del Centro:

- No está permitido fumar ni utilizar telefonía móvil.
- No está permitido utilizar el ascensor destinados a estudiantes y profesores con problemas de movilidad física.
- Podrá utilizarse la biblioteca del Centro, así como las aulas destinadas a los trabajos de grupo que están en el semisótano.
- Es imprescindible cuidar el aspecto personal, aseo y las formas de convivencia básicas así como las instalaciones que debemos mantener para que puedan ser utilizadas adecuadamente por todos.

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(\*)<http://seix.uvigo.es/docnet-nuevo/docencia/admin/i>

(\*)

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(\*)Grao en Enfermaría

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**Subjects****Year 3rd**

| Code          | Name                                  | Quadmester | Total Cr. |
|---------------|---------------------------------------|------------|-----------|
| V53G140V01301 | Clinical Nursing III                  | 1st        | 6         |
| V53G140V01302 | Maternal and infant nursing           | 1st        | 9         |
| V53G140V01303 | Clinical practice II                  | 1st        | 15        |
| V53G140V01304 | Geriatric nursing and palliative care | 2nd        | 6         |
| V53G140V01305 | Mental health nursing                 | 2nd        | 6         |
| V53G140V01306 | Clinical practice III                 | 2nd        | 18        |

**IDENTIFYING DATA****Clinical Nursing III**

|                     |  |           |      |            |
|---------------------|--|-----------|------|------------|
| Subject             | Clinical Nursing III   |           |      |            |
| Code                | V53G140V01301  |           |      |            |
| Study programme     | (*)Grao en Enfermaría  |           |      |            |
| Descriptors         | ECTS Credits   | Choose    | Year | Quadmester |
|                     | 6  | Mandatory | 3rd  | 1st        |
| Teaching language   | Galician<br>English  |           |      |            |
| Department          |  |           |      |            |
| Coordinator         | Muiños Álvarez, Alicia   |           |      |            |
| Lecturers           | Estévez Diz, Alfredo<br>Muiños Álvarez, Alicia<br>Pesqueira Santiago, Daniel   |           |      |            |
| E-mail              | amuinos@cepovisa.com   |           |      |            |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>  |           |      |            |
| General description | This subject *encuadra wools competitions to *desarrollar by him *estudiante in him *cuidado the *personas with *patologías specific inside him field of wool Medical Infirmary-*quirurgica. |           |      |            |

**Competencies**

## Code

|     |  |
|-----|--|
| A3  | Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.  |
| A4  | Students will be able to convey information, ideas, problems and solutions to specialist and non-specialist audiences  |
| A5  | Students have developed those skills needed to undertake further studies with a high degree of autonomy.   |
| B7  | To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy |
| B8  | To promote and respect the right of participation, information, autonomy and informed consent in assisted people decision making , in line with the way they live their health-disease process.  |
| C28 | To know adult health alterations, identifying manifestations appearing in different phases   |
| C29 | To identify care needs arising from health problems.   |
| C30 | To analyze collected data in the assessment, prioritize the problems of the adult patient, establish and execute care plan and its assessment.   |
| C32 | To select interventions to treat or prevent deviations from health-related problems.   |
| C33 | To have cooperative attitude with the different members of the team.   |
| D1  | Analysis and synthesis ability   |
| D2  | Organization and planning ability  |
| D3  | Information management ability.  |
| D4  | Problem solving and decision making.   |
| D7  | Critical reasoning.  |
| D8  | Autonomous learning.   |

**Learning outcomes**

## Expected results from this subject

## Training and Learning Results

|   |    |    |     |    |
|---|----|----|-----|----|
| Be able of *diseñar the cares in the main illnesses related with the device *xeniturinario and system *endocrino.   | A4 | B7 | C28 | D1 |
|   | A5 | B8 | C29 | D2 |
|   |    |    | C32 | D3 |
|   |    |    | C33 | D4 |
|   |    |    |     | D7 |
|   |    |    |     | D8 |
| Be able to schedule and render cares in the main illnesses related with said device and system.   | A3 | B7 | C28 | D1 |
|   | A4 |    | C29 | D2 |
|   | A5 |    | C30 | D3 |
|   |    |    | C32 | D4 |
|   |    |    | C33 | D7 |
|   |    |    |     | D8 |
| Be able to render assistance centered in the patient, using the diagnostics of infirmary and the derivative activities of them, in the pathologies *estudiadas. | A4 | B7 | C28 | D1 |
|   | B8 |    | C29 | D2 |
|   |    |    | C30 | D3 |
|   |    |    | C32 | D4 |
|   |    |    | C33 | D7 |
|   |    |    |     | D8 |

|   |    |    |     |    |
|---|----|----|-----|----|
| Be able to apply the necessary cares stop the attention to the critical/patient person *incluido the donor potential of organs. | A3 | B7 | C28 | D1 |
|   | A4 | B8 | C29 | D2 |
|   |    |    | C30 | D3 |
|   |    |    | C32 | D4 |
|   |    |    | C33 | D7 |
|   |    |    |     | D8 |

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## Contents

Topic

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1. Pathology \*Endocrina

- 1.1 Pathology \*Endocrina
  - 1.1.1 General Concepts
  - 1.1.2 Remembrance \*Anatómico
  - 1.1.3 General Assessment \*Endocrina
  - 1.1.4 Medical Treatment
  - 1.1.5 Surgical Treatment
- 1.2 Pathology of the \*Hipotálamo
- 1.3 Pathology \*Hipofisaria
  - 1.3.1 \*Hiperpituitarismo
  - 1.3.2 \*Hipopituitarismo
  - 1.3.3 Illnesses of the \*Neurohipófisis
- 1.4 Pathology \*Tiroidea
  - 1.4.1 Illnesses \*Benignas of the \*Tiroides
  - 1.4.1.1 \*Hipertiroidismo
  - 1.4.1.2 Hypothyroidism
  - 1.4.1.3 \*Bocio
  - 1.4.1.4 \*Tiroditis
  - 1.4.2 \*Neoplasias of the \*Tiroides
  - 1.4.2.1 Cancer \*Papilar \*Tiroides
  - 1.4.2.2 Cancer \*Folicular \*Tiroides
  - 1.4.2.3 Medullary Cancer \*Tiroides
  - 1.4.2.4 Cancer \*Anaplásico \*Tiroides
  - 1.4.2.5 Lymphomas \*Tiroideos
  - 1.4.2.6 Cancer \*Metastásico \*Tiroideo
- 1.5 Pathology \*Paratiroidea
  - 1.5.1 \*Hiperparatiroidismo Primary
  - 1.5.2 \*Hiperparatiroidismo Secondary
  - 1.5.3 Other \*Hiperparatiroidismos
  - 1.5.4 \*Hipoparatiroidismo
- 1.6 Tumours \*Endocrinios of the Pancreas
  - 1.6.1 \*Insulinoma
  - 1.6.2 \*Gastrinoma
  - 1.6.3 \*Glucagonoma
  - 1.6.4 \*Vipoma
  - 1.6.5 Other Tumours \*Endocrinios \*Pancreáticos
- 1.7 Pathology \*Suprarrenal and of the \*Gónadas
  - 1.7.1 Syndrome \*Cushing
  - 1.7.2 Illness of Addison
  - 1.7.3 \*Aldosteronismo Primary
  - 1.7.4 \*Feocromocitoma
  - 1.7.5 \*Carcinoma \*Suprarrenal
  - 1.7.6 \*Incidentalomas
- 1.8 \*Neoplasia \*Endocrina Multiple
  - 1.8.1 \*Neoplasia \*Endocrina Multiple \*I
  - 1.8.2 \*Neoplasia \*Endocrina Multiple II
    - 1.8.2.1 MEN IIthe
    - 1.8.2.2 MEN II\*b
  - 1.8.3 \*Neoplasia \*Endocrina Multiple III
- 1.9 Obesity
  - 1.9.1 I Handle Dietary
  - 1.9.2 I Handle \*Farmacológico
  - 1.9.3 I Handle \*Quirúrgico
- 1.10 \*Diabetes
- 1.11 \*Dislipemias
- 1.12 \*Hiperuricemia
- 1.13 Infirmary \*Endocrina
  - 1.13.1 Cares of infirmary
  - 1.13.2 Techniques of infirmary
  - 1.13.7 Treatments. Administration of the same
  - 1.13.3 Sanitary Education
  - 1.13.4 Prevention of Complications

|                                  |   |
|----------------------------------|---|
| 2 *Politraumatismos              | 4.1 it Bear Vital Advanced<br>4.2 Assistance to the *Politraumatizado. General concepts<br>4.3 Abdominal Traumatisms<br>4.4 Syndrome *Compartmental<br>4.5 Hepatic Traumatism and *Esplénico<br>4.6 Intestinal Traumatisms<br>4.7 Traumatisms *Pancreáticos<br>4.8 Traumatisms *Torácicos<br>4.9 Traumatisms *Cervicais<br>4.10 Hematoma *Retroperitoneal   |
| 3 Renal Pathology and *Urolóxica | 5.1 Study of the patient with Renal Illness. Pathology *Nefrourológica<br>5.1.1 Assessment Renal Function and *Urinaria<br>5.1.2   Handle of the Renal Illnesses<br>5.1.3   Handle of the Illnesses *Urolóxicas<br>5.2 Renal Illnesses<br>5.2.1 Renal Insufficiency Acute<br>5.2.2 Renal Insufficiency Chronicle<br>5.2.3 Syndrome *Nefrótico<br>5.2.4 *Nefropatías *Glomerulares<br>5.2.5 *Nefropatías *Túbulointersticiais<br>5.3 *Hemodiálise<br>5.4 *Diálise *Peritoneal<br>5.5 Patient *Urolóxico<br>5.5.1 Evaluation of the patient *Urolóxico<br>5.5.2 Symptoms and Signs<br>5.5.3 Technical *Diagnósticas<br>5.6 Illnesses *Benignas *Tracto *Xenitourinario<br>5.6.1 Illnesses *Infecciosas of the *Tracto *Genitourinario<br>5.6.2 Illnesses *Inflamatorias of the *Tracto *Xenitourinario<br>5.7 Pathology *Urolóxica Renal<br>5.7.1 *Uropatía *Obstructiva<br>5.7.2 Renal Tumours<br>5.8 Pathology *Vesical<br>5.8.1 Dysfunctions *neuromusculares of the *tracto *urinario<br>5.8.2 Tumours *Vesicais<br>5.9 Pathology *Prostática<br>5.9.1 *Hiperplasia Benigna of the *Próstata<br>5.9.2 Cancer of the *Próstata<br>5.10 Pathology of the Testicle<br>5.10.1 *Escroto Acute<br>5.10.2 Tumours of the Testicle and *Paratesticulares<br>5.11 Genital Pathology Masculine and Sexual Dysfunction<br>5.12 Cares of infirmary in the patient *urolóxico<br>5.12.1 Techniques<br>5.12.2 Treatments<br>5.12.3 sanitary Education<br>5.12.4 Prevention of complications |
| 4 *Doazón of organs              | 8.1 legislative Aspects poles that regulate the activities of *obtención and utilization of organs and *texidos.<br>8.2 Diagnostic and certification of the *muerte.<br>8.3 presumptive Consent.<br>8.4 National Organisation of the Transplant (ONT). Office of Coordination of the Transplant of Galicia.<br>8.5 Coordination of the Transplant to hospitable level.<br>8.6 *Qué organs and *texidos can donate .<br>8.7 Assessment of the potential donor.<br>8.8 familiar Interview.<br>8.9 Maintenance of the donor.   |

| Planning                              | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Master Session                        | 40          | 55                          | 95          |
| Introductory activities               | 3           | 0                           | 3           |
| Case studies / analysis of situations | 12          | 0                           | 12          |
| Tutored works                         | 3           | 35                          | 38          |
| Multiple choice tests                 | 2           | 0                           | 2           |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| <b>Methodologies</b>                  |   |
|---------------------------------------|---|
|                                       | Description   |
| Master Session                        | Exhibition by part of the professor/it of the contained specific of the subject object of study.  |
| Introductory activities               | Sessions of kind *expositiva of the contained general by each of the professors/the *intergrantes of the subject.   |
| Case studies / analysis of situations | Analysis of an event, issue or actual event in order to know, interpret, solve, generate hypotheses, comparing data, reflect, complete knowledge, diagnose and training in alternative dispute resolution procedures.   |
| Tutored works                         | The student, of individual way or in group, elaborates a document envelope to thematic of the subject or prepares seminars, investigations, memories, essays, summaries of readings, conferences, etc. Generally it treats of an autonomous activity of the/*s student/*s that includes the research and collected of information, reading and handle of bibliography, editorial... |

| <b>Personalized attention</b>         |   |
|---------------------------------------|---|
| <b>Methodologies</b>                  | <b>Description</b>  |
| Tutored works                         | The student, individually or in groups, prepares a paper on the subject of matter or prepare seminars, research, memoirs, essays, summaries of readings, lectures, etc.. Generally it is an autonomous activity / of the student / s that includes finding and collecting information, reading and literature management, writing ... |
| Case studies / analysis of situations | Analysis of an event, issue or actual event in order to know, interpret, solve, generate hypotheses, comparing data, reflect, complete knowledge, diagnose and training in alternative dispute resolution procedures.   |

| <b>Assessment</b>     |   | Description | Qualification  | Training and Learning Results          |
|-----------------------|---|-------------|----------------|--|
| Tutored works         | IT/the student presents the result obtained in the manufacture of one document envelope a thematic concrete of the subject.<br>Can be carried out of individual way or in group, of oral form or writing. | 10          | A3<br>A4<br>A5 | C28 D1<br>C29 D2<br>C32 D3<br>D7<br>D8 |
| Multiple choice tests | Proofs for evaluation of the competitions purchased that include questions closed with different alternatives of answer. The students/will select them an answer go in a number limited of possibilities. | 90          | A3<br>A4       | C28 D1<br>C29 D2<br>C32 D3<br>D4<br>D8 |

| <b>Other comments on the Evaluation</b>   |  |
|---|--|
| IT/the student that do not achieve the *calificación minimum exigible in the examination in the announcement of January, taking into account the percentages established in the previously mentioned evaluation, will have necessarily that #prpers presented with the *globalizada of the subject in the following announcement. |  |

| <b>Sources of information</b>   |  |
|---|--|
| P. Parrilla Paricio; J.I. Landa Garcia, <b>Cirugia AEC</b> , 2 <sup>a</sup> Edición,                            |  |
| Pamela L. Swearingen, <b>Manual de Enfermería Médico- Quirúrgica</b> , 6 <sup>a</sup> Edicion,                  |  |
| Brunner& Suddarth's, <b>Textbook of Medical- Surgical Nursing</b> , 12 <sup>a</sup> Edición,                    |  |
| Kathleen Duffy, <b>Medicall- Surgical Nursing Made Incredibly Easy</b> , 1 <sup>a</sup> Edición UK,             |  |
| Sabiston, <b>Tratado de Cirugía. Fundamentos Biológicos de la Práctica Quirúrgica Moderna</b> ,                 |  |
| Morris PJ, Malt RA, <b>Oxford Testbook of Surgery</b> ,   |  |
| Mª Lourdes Casillas Santana; Susana Esquinas Serrano, <b>Manual CTO de Enfermería</b> , 5 <sup>a</sup> Edición, |  |
| Ministeriode Sanidade, Servizos Sociais e Igualdade, <a href="http://www.ont.es">www.ont.es</a> ,               |  |
| J. Larry Jameson et. al, <b>Harrison Endocrinología</b> , 2007,   |  |
| L. Andreu Periz et. al, <b>La Enfermería Médica Y el Trasplante de Órganos</b> , 2004,                          |  |
| Marylynn E. Doenges et al., <b>Planes de Cuidados de Enfermería</b> , 2008,                                     |  |
| Alan Wein et.al, <b>Campbell Walsh Urología</b> , 2015,   |  |
| www.ont.es,   |  |

| <b>Recommendations</b>                            |  |
|---|--|
| <b>Subjects that continue the syllabus</b>        |  |
| Emergency nursing and critical care/V53G140V01414 |  |
| Introduction to advanced nursing/V53G140V01415    |  |
| Clinical practice IV/V53G140V01405                |  |

**Subjects that are recommended to be taken simultaneously**

Clinical practice II/V53G140V01303

Clinical practice III/V53G140V01306

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**Subjects that it is recommended to have taken before**

Human Anatomy: Human Anatomy/V53G140V01101

Biochemistry: Biochemistry/V53G140V01103

Physiology: Physiology/V53G140V01105

Basics of nursing/V53G140V01107

Clinical Nursing I/V53G140V01204

Clinical Nursing II/V53G140V01205

Pharmacology and dietetics/V53G140V01203

Introduction to clinical nursing/V53G140V01201

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## **IDENTIFYING DATA**

### **Maternal and infant nursing**

|                     |  |                     |             |                   |
|---------------------|--|---------------------|-------------|-------------------|
| Subject             | Maternal and infant nursing  |                     |             |                   |
| Code                | V53G140V01302  |                     |             |                   |
| Study programme     | (*)Grao en Enfermaría  |                     |             |                   |
| Descriptors         | ECTS Credits<br>9  | Choose<br>Mandatory | Year<br>3rd | Quadmester<br>1st |
| Teaching language   | Spanish<br>Galician  |                     |             |                   |
| Department          |  |                     |             |                   |
| Coordinator         | Domínguez Otero, Mª José   |                     |             |                   |
| Lecturers           | Domínguez Otero, Mª José<br>Estévez Guimeráns, Francisco<br>González Figueras, Ramón   |                     |             |                   |
| E-mail              | mjdominguez@povisa.es  |                     |             |                   |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>  |                     |             |                   |
| General description | The matter consists of two very differentiated parts: The maternal infirmary that occupies of the *atención a the woman and mother; and the childish infirmary whose aim is the boy in his different evolutionary stages until the adulthood.<br><br>Like general aims, the student, when finalising the *asignatura will be able of:<br>- Obtain knowledges and necessary skills on appearances of cares of technicians of maternal infirmary-childish, that allow *capacitarlo to develop practises it nurse of an ideal form<br>- loan integral cares so much to the woman as to the boy, from his *nacimiento until the adolescence, in the different levels of attention of health: promotion, prevention, recovery and rehabilitation. Taking into account his individuality and, the familiar context and partner-environmental in which they manage<br>- Develop a critical spirit *einvistigador in the *aera of the maternal infirmary-childish, that allow him enrich his development and training. |                     |             |                   |

## **Competencies**

### **Code**

|     |   |
|-----|---|
| A1  | Students have demonstrated knowledge and understanding in an area of study that comes from the basis of the general secondary education, and it is often found at a level that, if well supported on advanced text books, it also includes some aspects that involve knowledge from the forefront of their field of study.                |
| A2  | Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.   |
| A3  | Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.   |
| A4  | Students will be able to convey information, ideas, problems and solutions to specialist and non-specialist audiences   |
| A5  | Students have developed those skills needed to undertake further studies with a high degree of autonomy.  |
| B1  | To be able, in the field of nursing, to provide a professional and technical health care, appropriate to the health needs of people they assist, in accordance with the state of development of the scientific knowledge of each moment and with the quality and safety levels established in the legal and ethical applicable standards. |
| B2  | To know how to plan and provide nursing care to individuals, families or groups, aimed at health results, evaluating their impact through clinical and care practice guidelines, that describe the processes by which a health problem is diagnosed, treated and looked for.  |
| B4  | To be able to understand the interactive behaviour of a person on the basis of gender, group or community within his social and multicultural context.  |
| B5  | To design care systems conducted to individuals, families or groups, assessing its impact and making the necessary modifications.   |
| B7  | To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy                              |
| B8  | To promote and respect the right of participation, information, autonomy and informed consent in assisted people decision making , in line with the way they live their health-disease process.   |
| B9  | To promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.   |
| B10 | To protect the health and well-being of individuals, families or groups assisted, ensuring their safety.  |
| B11 | To know how to establish effective communication with patients, families, social groups and colleagues. To promote training and information for health.   |
| B12 | To apply the ethical and deontological code of Spanish nursing, understanding the ethical implications of health in a world in transformation.  |
| C34 | To identify the characteristics of women at different stages of the reproductive cycle, the climacteric and the alterations that may appear, providing the necessary care at each stage.  |

- C35 To apply general care during maternity to facilitate women and infants adjustment to new demands and prevent complications.
- C36 To know the specific aspects of newborn care. To identify the characteristics of the different stages of childhood and adolescence and the factors that determine the normal pattern of growth and development.
- C37 To know the most common childhood health problems and identify its manifestations. To analyze child assessment data, identifying nursing problems and complications that can arise.
- C38 To apply techniques that integrate nursing care, establishing a therapeutic relationship with children and their caregivers
- C39 To select interventions aimed to healthy and ill children, as well as those derived from diagnosis and treatment methods.
- C40 To be able to provide training and information for health to parents or primary caregivers.
- D1 Analysis and synthesis ability
- D2 Organization and planning ability
- D3 Information management ability.
- D4 Problem solving and decision making.
- D5 Multidisciplinary and multilingual teamwork
- D6 Skills in interpersonal relationships
- D7 Critical reasoning.
- D8 Autonomous learning.
- D9 Adaptation to new situations. Initiative and entrepreneurial spirit. Creativity
- D10 Motivation for the quality.
- D11 Sensitivity towards environmental issues.

### Learning outcomes

| Expected results from this subject   | Training and Learning Results |                               |                                 |                                    |
|--|-------------------------------|-------------------------------|---------------------------------|------------------------------------|
| Be able to schedule cares of infirmary in the distinct stages of the life of the woman, inside the familiar context and *comunitario to attain a state of optimum health or recover the health, basing the taking of decisions in objective data, scientific facts and clinical evidences. | A1<br>A2<br>A3<br>A4<br>A5    | B1<br>B2<br>B4<br>B5<br>B7    | C34<br>C35<br>C36<br>C37<br>C38 | D1<br>D2<br>D3<br>D4<br>D5         |
|  |                               | B8<br>B9                      | C39<br>C40                      | D6<br>D7                           |
|  |                               | B10                           |                                 | D8                                 |
|  |                               | B11                           |                                 | D9                                 |
|  |                               | B12                           |                                 | D10                                |
|  |                               |                               |                                 | D11                                |
| Know describe the changes that produce in the organism during the gestation, childbirth and puerperium   | A1<br>A2<br>A3<br>A4<br>A5    |                               | C34<br>C35                      | D1<br>D2<br>D3<br>D4<br>D5         |
|  |                               |                               |                                 | D6<br>D7<br>D8<br>D9<br>D10<br>D11 |
| Know describe suitable activities to the *prevención treatment of the problems of health in the infancy and the adolescence and, schedule cares guaranteeing the right to the dignity, *privacidad, privacy, confidentiality and capacity of decision of the boy and his *familiaNueva     | A1<br>A2<br>A3<br>A4<br>A5    | B1<br>B2<br>B4<br>B5<br>B7    | C36<br>C37<br>C38<br>C39<br>D5  | D1<br>D2<br>D3<br>D4<br>D5         |
|  |                               | B8<br>B9<br>B10<br>B11<br>B12 |                                 | D6<br>D7<br>D8<br>D9<br>D10        |
|  |                               |                               |                                 | D11                                |

### Contents

| Topic   |  |
|---|--|
| 1.-I remember *anatómico of the feminine genital device | 1.1- Characteristic anatomical device<br>1.2- Half of *sujeción, *vascularización and *inervación. |
| 2.- Feminine genital cycle.                             | 2.1- Ovulation<br>2.2- Menstruation  |

|  |   |
|--|---|
| 3.- Puberty and climacteric  | 3.1- Definition<br>3.2- Diagnostic<br>3.3- Treatment  |
| 4.- I diagnose of the pregnancy.                                       | 4.1- physiological and psychological Modifications of the pregnant woman  |
| 5.- Prenatal controls  | 5.1- Perinatal infection  |
| 6.- Taken care *higienico-dietary of the pregnant woman.               | 6.1- maternal Education   |
| 7.-Main medical problems that they can arise in the pregnant woman.    | 7.1- Pathology *medico-surgical of the *gestante  |
| 8.- Main problems that affect to the fetal development                 | 8.1- premature Childbirth<br>8.2- *Desprendimiento premature of placenta *normoinserta<br>8.3- previous Placenta<br>8.4- *CIR<br>8.5- prolonged Pregnancy   |
| 9.- Childbirth   | 9.1- Start<br>9.2- Definition<br>9.3- Causes<br>9.4- Periods  |
| 10.- Follow-up of the labouring woman during the phases of childbirth. | 10.1- Obstetric Interventions. Cares of infirmary   |
| 11.- Workshop: Taking of vaginal samples                               | 11.1- Characteristic of the *cervix<br>11.2- Requirements for the taking<br>11.3- Technical of the taking<br>11.4- *Colposcopia   |
| 12.- Breastfeeding   | 12.1- Physiology<br>12.2- Problems but frequent.  |
| 13.- Taken care of infirmary in the puerperium.                        | 13.1- Puerperal Infection   |
| 14.- Abortion.   | 14.1- Ectopic Pregnancy<br>14.2- *Mola  |
| 15.- Family Planning   | 15.1- History<br>15.2- Advice<br>15.3- Methods  |
| 16.- Menstrual Disorders   | 16.1- Amenorrhoea/*oligomenorrhea<br>16.2- abnormal uterine Bleedings<br>16.3- Dysmenorrhea   |
| 17.- Gynecological infections  | 17.1- I Diagnose and treatment  |
| 18.- Gynecological tumors  | 18.1- Definition<br>18.2- Diagnostic<br>18.3- Staging<br>18.4- Treatment  |
| 19.- The child. Pediatrics and childcare                               | 19.1- Concepts and evolution<br>19.2- social Appearances<br>19.3- child Health in Spain   |
| 20.- The recently born   | 20.1- Characteristic<br>20.2- Assessment and attentions<br>20.3- preventive Measures<br>20.4- neonatal Problems   |
| 21.- Infant feeding  | 21.1- Breastfeeding, artificial feeding and mixed<br>21.2- complementary Feeding<br>21.3- Feeding after one year old  |
| 22.-High-risk neonate  | 22.1- preterm<br>22.2- low weight for his G.A.<br>22.3- immature<br>22.4- postage newborn   |
| 23.-Psychosocial appearances: child Health.                            | 23.1- Education techniques and educational errors<br>23.2- The familiar environment<br>23.3 The game and the TV   |
| 24.-Services of child Health.  | 24.1- child Maltreatment  |
| 25.- Childish hospitalisation  | 25.1- Preparation for the hospitalisation<br>25.2- Reaction of the boy and his parents in front of the illness and hospitalisation.<br>25.3- Assistance to the ill boy<br>25.4- Particularities of the child Health hospitalisation |
| 26.- Principles of surgical infirmary                                  | 26.1.- Cares preoperatives and postoperatives<br>26.2.- Accidents in the infancy  |

|   |   |
|---|---|
| 27.-Nutrition and nutrients.                                  | 27.1- nervous Anorexia and false anorexia<br>27.2- Obesity and his factors<br>27.3- special Diets   |
| 28.- Metabolism of the water. Water-electrolyte equilibrium.  | 28.1- Dehydration: Types and treatment<br>28.2- Acid-base balance.<br>28.3- Acidosis and alkalosis and, his mechanisms of compensation  |
| 30.-Genetic medical.  | 30.1- congenital and hereditary Illnesses<br>30.2- congenital Errors of the metabolism  |
| 31.- Illnesses but frequent in the boy by devices and systems | 31.1- endocrine System<br>31.2- Nervous system<br>31.3- *Psicopatología. Mental retardation. Test of sicomotor development<br>31.4- Sense organs: vision and audition<br>31.5- digestive Device<br>31.6- Cardio-vascular diseases<br>31.7- Hematology<br>31.8- Injuries of the skin: Illnesses *exantemáticas. Burns in the boy.<br>31.9- Genitourinary system<br>31.10- Osteo-articular system |

### Planning

|                                       | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Tutored works                         | 1           | 7                           | 8           |
| Master Session                        | 64          | 128                         | 192         |
| Case studies / analysis of situations | 5           | 0                           | 5           |
| Troubleshooting and / or exercises    | 3           | 0                           | 3           |
| Seminars                              | 3           | 12                          | 15          |
| Multiple choice tests                 | 2           | 0                           | 2           |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

### Methodologies

|                                       | Description  |
|---------------------------------------|--|
| Tutored works                         | The student, of individual way or in group, elaborates a document on the thematic of the matter or prepares seminars, investigations, memories, essays, summaries of readings, conferences, etc. Generally treats of an autonomous activity of/of the student/*s that includes the research and collected of information, reading and handle of bibliography, editorial... |
| Master Session                        | Exhibition by part of the professor of the contents on the matter object of study, theoretical bases and/or guidelines of a work, exercise or project to develop by the student.   |
| Case studies / analysis of situations | The student develops exercises or projects in the classroom under the guidelines and supervision of the professor. It can be linked his development with autonomous activities of the student.   |
| Troubleshooting and / or exercises    | Proof in which the student has to solve, of face-to-face form, a series of problems and/or exercises in a time/condition established/ace by the professor.<br>Of this way, the student has to apply the knowledges that has purchased on the subject.  |
| Seminars                              | Activities focused to the work on a specific subject, that allow to deepen or complement the contents of the matter. Can employ as I complement of the theoretical classes.  |

### Personalized attention

#### Methodologies Description

|               |  |
|---------------|--|
| Seminars      | The academic activity will develop , individual and in small groups, with the purpose to attend the needs and queries of the *alumnado related with the specific subjects, providing him orientation, support and motivation in the process of learning. This activity can develop of face-to-face form and/or of form no face-to-face (through the email or of the virtual campus). |
| Tutored works | The academic activity will develop , individual and in small groups, with the purpose to attend the needs and queries of the *alumnado related with the specific subjects, providing him orientation, support and motivation in the process of learning. This activity can develop of face-to-face form and/or of form no face-to-face (through the email or of the virtual campus). |

### Assessment

| Description | Qualification | Training and Learning Results |
|-------------|---------------|-------------------------------|
|             |               |                               |

|   |   |    |   |   |
|---|---|----|---|---|
| Case studies / The student develops exercises or clinical cases in the classroom under the analysis of situations | The student develops exercises or clinical cases in the classroom under the guidelines of the professor and in relation with matter studied previously. It will be linked with autonomous activities of the student of individual form or in group and, with back resolution of the same  | 10 | A4<br>A5<br>B1<br>B2<br>B4<br>B5<br>B7<br>B9<br>B10<br>B12                                | C34<br>C35<br>C36<br>C37<br>C38<br>C39<br>C34<br>C35<br>C36<br>C37<br>C38<br>C39<br>C40 |
| Seminars  | *valorá The participation of the student in class, as well as the resolution/execution of the works realised during the same.   | 10 | A1<br>A2<br>A3<br>B1<br>B2<br>B3<br>B4<br>B5<br>B6<br>B7<br>B8<br>B9<br>B10<br>B11<br>B12 | C34<br>C35<br>C36<br>C37<br>C38<br>C39<br>C40<br>D1                                     |
| Multiple choice tests   | Proofs for evaluation of the competitions purchased that include enclosed questions with different alternative of answer. The students select an answer between a number limited of possibilities. To take into account that it establishes criterion of negative points in those cases in which they exist questions badly answered. | 80 | A1<br>A2<br>A3<br>B1<br>B2<br>B3<br>B4<br>B5<br>B6<br>B7<br>B8<br>B9<br>B10<br>B11<br>B12 | C34<br>C35<br>C36<br>C37<br>C38<br>C39<br>C40   |

#### Other comments on the Evaluation

##### Sources of information

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 BURROUGHS A., **ENFERMERIA INFANTIL**, McGraw-Hill-Interamericana,  
 DICKASON E., SILVERMAN B. KAPLAN J., **ENFERMERIA MATERNO-INFANTIL**, Barcelona Mosby hacourt.-Brace,  
 DIAZ GOMEZ , GOMEZ GARCIA Y RUIZ GARCIA, **ENFERMERIA DE LA INFANCIA Y LA ADOLESCENCIA**, Ed. McGraw-Hill-  
 Interamericana,  
 ESPINAZO, **MANUAL DE ENFERMERIA PEDIATRICA PARA ATENCIÓN PRIMARIA**, Ed. Publimed,  
 REEDER, MARTIN & KONIAC, **ENFERMERIA MATERNO-INFANTIL**, Ed. Interamericana-McGraw-Hill,  
 WHALEY & WONG, **ENFERMERIA PEDIÁTRICA**, Ed. Morby/Doyme,  
 DONAT COLOMER F, **ENFERMERIA MARTELARIAL Y GINECOLOGICA**, Ed. Masson,  
 SEGURANGES GLORIA, **ENFERMERIA MATERNAL**, Masson,  
 GONZALEZ MERLO J, **GINECOLOGÍA. OBSTETRICIA**, Ed. Masson,  
 SPEROFF, GLASS, KASE, **ENDOCRINOLOGIA GINECOLOGICA E INFERTILIDAD**, Ed. Waverly Hispanica SA,  
 SINGLETON, FOWLER, **ONCOLOGIA GINECOLOGICA**, Ed McGraw Hill,  
 HOSKINS, PEREZ, YOUNG, **PRINCIPLES AND PRACTICE OF GYNECOLOGIC ONCOLOGY**, Ed. Lippincott Williams  
 & Wilkins,  
 CREASY AND RESNIK, **MATERNAL-FETAL MEDICINE**, Ed. Saunders,  
<http://www.aeped.es/protocolos>, **Protocolos diagnósticos y terapéuticos en pediatría**,  
[www.sego.es](http://www.sego.es), **Información general de asistencia obstétrico-ginecológica**,

##### Recommendations

##### Subjects that continue the syllabus

Clinical practice IV/V53G140V01405

##### Subjects that it is recommended to have taken before

Human Anatomy: Human Anatomy/V53G140V01101

Physiology: Physiology/V53G140V01105

**IDENTIFYING DATA****Clinical practice II**

|                     |   |           |      |            |
|---------------------|---|-----------|------|------------|
| Subject             | Clinical practice II  |           |      |            |
| Code                | V53G140V01303   |           |      |            |
| Study programme     | (*)Grao en Enfermería   |           |      |            |
| Descriptors         | ECTS Credits  | Choose    | Year | Quadmester |
|                     | 15  | Mandatory | 3rd  | 1st        |
| Teaching language   | Spanish<br>English  |           |      |            |
| Department          |   |           |      |            |
| Coordinator         | Giráldez Miranda, Esperanza María   |           |      |            |
| Lecturers           | Giráldez Miranda, Esperanza María<br>Maldonado Arroyo, Alfonso Eduardo<br>Marcial Pérez, José Ángel<br>Muñoz Álvarez, Alicia  |           |      |            |
| E-mail              | mgiraldez@povisa.es   |           |      |            |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>   |           |      |            |
| General description | Subject destined the wool *adquisición of theoretical competition - practical in relation with *los *cuidados *y *procedimientos of *Enfermería in him field of wool specialized attention *y wool primary attention. |           |      |            |

**Competencies**

## Code

- A2 Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.
- A3 Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.
- A5 Students have developed those skills needed to undertake further studies with a high degree of autonomy.
- B1 To be able, in the field of nursing, to provide a professional and technical health care, appropriate to the health needs of people they assist, in accordance with the state of development of the scientific knowledge of each moment and with the quality and safety levels established in the legal and ethical applicable standards.
- B2 To know how to plan and provide nursing care to individuals, families or groups, aimed at health results, evaluating their impact through clinical and care practice guidelines, that describe the processes by which a health problem is diagnosed, treated and looked for.
- B3 To know how to apply the foundations and technical and methodological principles of nursing.
- B4 To be able to understand the interactive behaviour of a person on the basis of gender, group or community within his social and multicultural context.
- B6 To apply the nursing interventions on scientific evidence and on the available resources.
- B7 To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy
- B9 To promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.
- B10 To protect the health and well-being of individuals, families or groups assisted, ensuring their safety.
- B11 To know how to establish effective communication with patients, families, social groups and colleagues. To promote training and information for health.
- B12 To apply the ethical and deontological code of Spanish nursing, understanding the ethical implications of health in a world in transformation.
- B13 To apply the principles of health and socio-health financing and use properly the available resources
- B15 To be able to work with a professional team as the basic unit in which professionals are structured in uni or multidisciplinar and interdisciplinar way and the rest staff of the welfare organizations.
- B16 To be able to use health information systems.
- B17 To perform nursing care based on the comprehensive health care that involves multiprofessional cooperation, integration of processes and the continuity of care.
- C4 Use of drugs, evaluating the expected benefits and associated risks or effects derived from its management and consumption.
- C8 To apply the technologies and information systems and communication of health care
- C11 To establish an emphatic and respectful relationship with the patient and family, according to the situation of the person, problem of health and stage of development.
- C12 To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of its worries and interests.
- C17 To apply the nursing process to provide and ensure well-being, quality and safety to assisted people.
- C18 To know and apply the principles underlying the comprehensive nursing care
- C19 To lead, assess and provide comprehensive nursing care, to individual, family and community.
- C22 To promote the involvement of individual, groups and family in their health-disease process.

|   |
|---|
| C23 To identify factors related to health and environment issues, to assist people in situations of health and disease as members of a community.   |
| C24 To identify and analyze the influence of internal and external factors in the level of health of individual and groups.   |
| C25 To apply methods and procedures in its scope to identify the most important health problems in a community.   |
| C26 To analyze statistical data related to population studies, identifying possible causes of health problems.  |
| C29 To identify care needs arising from health problems.  |
| C31 To perform the techniques and procedures of nursing care, establishing a therapeutic relationship with patients and families.   |
| C33 To have cooperative attitude with the different members of the team.  |
| C35 To apply general care during maternity to facilitate women and infants adjustment to new demands and prevent complications.   |
| C36 To know the specific aspects of newborn care. To identify the characteristics of the different stages of childhood and adolescence and the factors that determine the normal pattern of growth and development. |
| C37 To know the most common childhood health problems and identify its manifestations. To analyze child assessment data, identifying nursing problems and complications that can arise.                             |
| C42 To identify structural, functional, psychological and life forms changes, associated with the aging process   |
| C44 To select care interventions aimed to treat or prevent health problems and its adjustment to everyday life by proximity and support resources to elderly.   |
| C49 To provide care, guaranteeing the right to dignity, privacy, confidentiality and problem-solving ability of the patient and family.   |
| C50 To personalise care considering age, gender, cultural differences, ethnic group, beliefs and values.  |
| D2 Organization and planning ability  |
| D3 Information management ability.  |
| D4 Problem solving and decision making.   |
| D5 Multidisciplinary and multilingual teamwork  |
| D6 Skills in interpersonal relationships  |
| D7 Critical reasoning.  |
| D8 Autonomous learning.   |
| D11 Sensitivity towards environmental issues.   |

### Learning outcomes

| Expected results from this subject  | Training and Learning Results |     |     |     |
|---|-------------------------------|-----|-----|-----|
| Be able to take part in *los *cuidados that *tengan how *finalidad *garantizar he *mayor degree of independence of wools *personas in *sus basic needs *y specific, in Primary Attention, specialized *y field *sociosanitario. | A2                            | B1  | C4  | D2  |
|   | A3                            | B2  | C8  | D3  |
|   | A5                            | B3  | C11 | D4  |
|   |                               | B4  | C12 | D5  |
|   |                               | B6  | C17 | D6  |
|   |                               | B7  | C18 | D7  |
|   |                               | B9  | C19 | D8  |
|   |                               | B10 | C22 | D11 |
|   |                               | B11 | C23 |     |
|   |                               | B12 | C24 |     |
|   |                               | B13 | C25 |     |
|   |                               | B15 | C26 |     |
|   |                               | B16 | C29 |     |
|   |                               | B17 | C31 |     |
|   |                               |     | C33 |     |
|   |                               |     | C35 |     |
|   |                               |     | C36 |     |
|   |                               |     | C37 |     |
|   |                               |     | C42 |     |
|   |                               |     | C44 |     |
|   |                               |     | C49 |     |
|   |                               |     | C50 |     |

|   |     |     |     |    |
|---|-----|-----|-----|----|
| Be able to provide cares to the patient applying the process of infirmary, *estableciendo an attitude *empática with the patient and the family to the that *garantizará the right to the confidentiality, privacy and dignity. | A2  | B1  | C4  | D2 |
|   | B2  | C8  | D3  |    |
|   | B3  | C11 | D4  |    |
|   | B4  | C12 | D5  |    |
|   | B6  | C17 | D6  |    |
|   | B7  | C18 | D7  |    |
|   | B9  | C19 | D8  |    |
|   | B10 | C22 | D11 |    |
|   | B11 | C23 |     |    |
|   | B12 | C24 |     |    |
|   | B13 | C25 |     |    |
|   | B15 | C29 |     |    |
|   | B16 | C31 |     |    |
|   | B17 | C33 |     |    |
|   |     | C35 |     |    |
|   |     | C36 |     |    |
|   |     | C37 |     |    |
|   |     | C42 |     |    |
|   |     | C44 |     |    |
|   |     | C49 |     |    |
|   |     | C50 |     |    |

## Contents

### Topic

\*Rotatorio Of practical \*preprofesionales enabling Realization of wool activities referred to \*los periods of clinical practices wool application \*y wool acquisition of in \*los \*correspondientes \*servicios \*asistenciales, applying \*cuidados of competitions \*y of of \*los \*conocimientos basic infirmary \*y specific, \*según needs \*individuales of each patient, as theoretical \*y \*metodológicos of wool Infirmary to well as technical \*y \*procedimientos. practical wool clinic, in centres \*asistenciales, Realization \*portafolios in each \*periodo. \*sociosanitarios \*y \*hospitales.

## Planning

|                                       | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Teaching and/or informatives events   | 20          | 0                           | 20          |
| Introductory activities               | 5           | 0                           | 5           |
| Case studies / analysis of situations | 10          | 30                          | 40          |
| Clinical practice                     | 280         | 0                           | 280         |
| Reports / memories of practice        | 5           | 5                           | 10          |
| Portfolio / dossier                   | 10          | 10                          | 20          |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

## Methodologies

|                                       | Description   |
|---------------------------------------|---|
| Teaching and/or informatives events   | Conferences, talks, exhibitions, round tables, debates... Realized by settings of prestige, that allow *afondar or supplement the contents of the subject.  |
| Introductory activities               | Activities *encamíñadas to take contact and gather information envelope the students, as well as to present the subject.  |
| Case studies / analysis of situations | Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, *reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution. |
| Clinical practice                     | The student develop the activities in a context related with the exercise of a profession in the area of Sciences of the Health.  |

## Personalized attention

| Methodologies                         | Description   |
|---------------------------------------|---|
| Clinical practice                     | The manager of the service will realize tracking of the evolution of the student in the *desenrolo of the his activity and will resolve the possible incidences that can arise. |
| Case studies / analysis of situations | *Plantexaránse You ask envelope the tracking of a patient or clinical evolution of the even   |
| Tests                                 |   |

|                                |   |
|--------------------------------|---|
| Reports / memories of practice | The first day will explain to the student the way of *cumplimentación, *insistinod in the importance of his personal assessment envelope the *cumplimiento of objectives, relation with the professional team, relation with the patient and family and in the that *reflexará his experiences and global assessment. |
| Portfolio / dossier            | The first day will explain to the student the way of *cumplimentación, in him *reflexarase the register of the daily activities that it/the student realizes or observes daily, as well as the degree of difficulty of the same.  |

## Assessment

|                                | Description   | Qualification | Training and Learning Results   |
|--------------------------------|---|---------------|---|
| Clinical practice              | The student develops the activities in a context related with the exercise of a profession in the area of Sciences of the Health.   | 90            | B1 C4 D5<br>B3 C11 D6<br>B6 C12<br>B11 C17<br>B13 C18<br>B15 C19<br>C24<br>C29<br>C31<br>C33<br>C35<br>C36<br>C42 |
| Reports / memories of practice | Manufacture of a *trabajo in him that he student *refiere characteristic wools of wool company, public institution the centre of investigation *donde realize practical wools, *y describe wools *tareas *y work *desenvueltas. | 5             |   |
| Portfolio / dossier            | Document elaborated pole student that recompiles information envelope the experiences, projects, tasks and works realized during it process of training.  | 5             | C4<br>C8<br>C11<br>C12<br>C17<br>C22<br>C31<br>C33<br>C49   |

## Other comments on the Evaluation

The \*calificación definitive will calculate envelope a maximum of ten points, including all the \*apartados quoted in the evaluation, \*reflexada in the rule of valid practices stop the course 2016- 2017.In the case that it/the student do not deliver, in time and form the folder and the memory of practices, \*repercutirá negatively in the note, subtracting him in each of the cases a 5% of the \*calificación final.&nbsp;Taking into account that to the clinical practices II are linked two \*periodos of practices, will be necessary to achieve a \*calificación minimum of four points on ten in in #each of the evaluations, for power do average with the \*calificación of the remaining \*periodos \*incluidos in these clinical practices.&nbsp;IT/the student explains his disposal with a rule of assistance to practices, of forced fulfilment, to the that will be able to access through the page web of the School.

## Sources of information

NANDA, **Diagnósticos Enfermeiros: definiciones e clasificación**, ELSEVIER 2012-2014,  
DOENGES, **PLANES DE COIDADOS EN ENFERMARÍA**, McGraw-Hill,  
CUIDEN/**INDEX ENFERMARÍA**, Bases da datos de Enfermaría,  
María Teresa Luis Rodrigo, **Los diagnósticos enfermeros**, ELSEVIER,

## Recommendations

### Subjects that continue the syllabus

Clinical practice III/V53G140V01306  
Clinical practice IV/V53G140V01405  
Clinical practice V/V53G140V01406

### Subjects that are recommended to be taken simultaneously

Clinical Nursing III/V53G140V01301

Mental health nursing/V53G140V01305

Geriatric nursing and palliative care/V53G140V01304

Maternal and infant nursing/V53G140V01302

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**Subjects that it is recommended to have taken before**

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Community Nursing II/V53G140V01206

Ethics and Law/V53G140V01202

Pharmacology and dietetics/V53G140V01203

Introduction to clinical nursing/V53G140V01201

Clinical practice I/V53G140V01208

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**IDENTIFYING DATA****Geriatric nursing and palliative care**

|                     |  |           |                   |
|---------------------|--|-----------|-------------------|
| Subject             | Geriatric nursing and palliative care  |           |                   |
| Code                | V53G140V01304  |           |                   |
| Study programme     | (*)Grao en Enfermaría  |           |                   |
| Descriptors         | ECTS Credits   | Choose    | Year              |
|                     | 6  | Mandatory | 3rd               |
| Teaching language   | Spanish<br>Galician<br>English   |           | Quadmester<br>2nd |
| Department          |  |           |                   |
| Coordinator         | Mosquera Losada, María Elena   |           |                   |
| Lecturers           | Agras Suárez, María Concepción<br>Mosquera Losada, María Elena<br>Pérez Martín, Javier   |           |                   |
| E-mail              | elena@elenamosquera.es   |           |                   |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>  |           |                   |
| General description | The subject of "Geriatric Infirmary and palliative cares" treats to provide to the student the knowledge of the modifications that produce in the individual with the age, since aspects no alone *bio-physiological and functional but also partner-economic that have in this group of population a signification of sum importance and transcendence, treats equally of the taken care that owe to mete out to the elderly healthy and ill, as well as of the suitable attitude when meting out the *devanditos cares. Also *engloba the palliative cares since the personal perspective, social and familiar and boarding the cares that mete out in the *devandita situation. |           |                   |

This subject imparts in the third course of the Degree of Infirmary, and is a subject \*cuatrimestral.

**Competencies**

## Code

- A1 Students have demonstrated knowledge and understanding in an area of study that comes from the basis of the general secondary education, and it is often found at a level that, if well supported on advanced text books, it also includes some aspects that involve knowledge from the forefront of their field of study.
- A2 Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.
- A3 Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.
- A4 Students will be able to convey information, ideas, problems and solutions to specialist and non-specialist audiences
- A5 Students have developed those skills needed to undertake further studies with a high degree of autonomy.
- B1 To be able, in the field of nursing, to provide a professional and technical health care, appropriate to the health needs of people they assist, in accordance with the state of development of the scientific knowledge of each moment and with the quality and safety levels established in the legal and ethical applicable standards.
- B2 To know how to plan and provide nursing care to individuals, families or groups, aimed at health results, evaluating their impact through clinical and care practice guidelines, that describe the processes by which a health problem is diagnosed, treated and looked for.
- B3 To know how to apply the foundations and technical and methodological principles of nursing.
- B5 To design care systems conducted to individuals, families or groups, assessing its impact and making the necessary modifications.
- B6 To apply the nursing interventions on scientific evidence and on the available resources.
- B7 To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy
- B9 To promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.
- B11 To know how to establish effective communication with patients, families, social groups and colleagues. To promote training and information for health.
- B14 To establish mechanics of evaluation, taking into account the scientific, technical and quality aspects
- B15 To be able to work with a professional team as the basic unit in which professionals are structured in uni or multidisciplinar and interdisciplinar way and the rest staff of the welfare organizations.
- B18 To apply strategies for means of comfort and care for symptoms, directed to the patient and family, in the implementation of palliative care that contributes to alleviating the situation of patients in advanced or terminal disease situations.
- C8 To apply the technologies and information systems and communication of health care
- C41 To understand changes associated with the aging process and its impact on health.
- C42 To identify structural, functional, psychological and life forms changes, associated with the aging process
- C43 To know the most common health problems in elderly.

|     |   |
|-----|---|
| C44 | To select care interventions aimed to treat or prevent health problems and its adjustment to everyday life by proximity and support resources to elderly. |
| C49 | To provide care, guaranteeing the right to dignity, privacy, confidentiality and problem-solving ability of the patient and family.                       |
| C52 | To know palliative care and pain control to provide care that soothe the situation of patients in advanced or terminal illness situation.                 |
| D1  | Analysis and synthesis ability  |
| D2  | Organization and planning ability   |
| D3  | Information management ability.   |
| D4  | Problem solving and decision making.  |
| D5  | Multidisciplinary and multilingual teamwork   |
| D6  | Skills in interpersonal relationships   |
| D7  | Critical reasoning.   |
| D8  | Autonomous learning.  |
| D9  | Adaptation to new situations. Initiative and entrepreneurial spirit. Creativity   |
| D10 | Motivation for the quality.   |
| D11 | Sensitivity towards environmental issues.   |

### Learning outcomes

| Expected results from this subject  | Training and Learning Results |     |     |     |
|---|-------------------------------|-----|-----|-----|
| Know apply the general aspects of the process of the aging in the his context partner-sanitary.                     | A1                            | B3  | C8  | D1  |
|   | A2                            | B5  | C41 | D2  |
|   | A3                            | B6  | C42 | D3  |
|   | A4                            | B7  | C43 | D4  |
|   | A5                            | B9  |     | D5  |
|   |                               | B11 |     | D6  |
|   |                               | B14 |     | D7  |
|   |                               |     |     | D8  |
|   |                               |     |     | D9  |
|   |                               |     |     | D10 |
|   |                               |     |     | D11 |
| Realize cares taking into account the modifications morphologic, functional, psychological and social of the aging. | A1                            | B1  | C8  | D1  |
|   | A2                            | B2  | C44 | D2  |
|   | A3                            | B3  | C49 | D3  |
|   | A4                            | B5  | C52 | D4  |
|   | A5                            | B6  |     | D5  |
|   |                               | B7  |     | D6  |
|   |                               | B9  |     | D7  |
|   |                               | B11 |     | D8  |
|   |                               | B14 |     | D9  |
|   |                               | B15 |     | D10 |
|   |                               | B18 |     | D11 |

### Contents

|   |  |
|---|--|
| Topic   |  |
| SUBJECT 1: The AGING: CONCEPTUAL FRAME.                           | 1.1: CONCEPT OF OLD AGE  |
| GENERAL ASPECTS OF The AGING                                      | 1.3: CONCEPTS KEYS IN The OLD AGE<br>1.4: AGING OF The POPULATIONS<br>1.5: PROBLEMATIC OF The AGING<br>1.6: HEALTHFUL AGING And ACTIVE AGING   |
| SUBJECT 2: GERONTOLOGY NURSING                                    | 2.1: GERIATRIC And GERONTOLOGY<br>2.2: FUNCTIONS OF THE NURSE XERONTOLOXIA<br>2.3: CARES SPECIFIC OF THE NURSE XERONTOLOXIA IN RELATION WITH The NEEDS DOS USERS (MODEL VIRGINIA HENDERSON)  |
| SUBJECT 3: The CONTEXT PARTNER-SANITARY OF The ELDERLY POPULATION | 3.1: PLAN GERONTOLOGY<br>3.2: CONCEPT KEYS OF The DEPENDENCY<br>3.3 RESOURCES ASISTENCIAIS<br>3.4: LAW OF The DEPENDENCY   |
| SUBJECT 4: LEVELS ASISTENCIAIS                                    | 4.1: CONCEPT OF LEVEL HEALTHCARE<br>4.2 RANKING OF LEVELS HEALTHCARE<br>4.3: FUNCTIONS OF THE NURSING XERONTOLOXICA US DISTINCT LEVELS ASISTENCIAIS<br>4.5 ORGANISATION DOS CARES OF ENFERMERIA INSIDE The INSTITUTIONS PARTNERMEDICS. |

|  |  |
|--|--|
| SUBJECT 5: TEORITHEM OF The AGING  | 5.1: CONCEPT OF AGING<br>5.2 TYPES OF RANKINGS OF The TEORITHEM OF AGING<br>5.3 TEORITHEM OF The AGING   |
| SUBJECT 6: MODIFICATIONS MORPHOLOGIC, FUNTIONAL, PSICOLOGICAL AND SOCIAL OF THE AGING. | 6.1: CARACTERISGENERAL TICAS OF The PRESENTATION OF ILLNESSES IN The ELDERLY PATIENT<br>6.2: CHANGES FISICTHEM IN The AGING And PRESENTATIONS ATIPICAS OF The ILLNESSES BY DEVICES<br>6.3 CHANGES PSICOQUICO*S And SOCIAL IN The AGING<br>6.4: CARACTERISGENERAL TICAS OF The PRESENTATION OF ILLNESSES IN The ELDERLY PATIENT<br>6.5 TERAPEUTICThe FARMACOLOXICA IN The ELDERLY PATIENT |
| SUBJECT 7: The ILL SENIOR PERSON. COMPREHENSIVE ASSESSMENT                             | 7.1: ASSESSMENTXERIATRICA<br>7.2: INSTRUMENTS OR SCALES OF ASSESSMENT<br>7.3: ASSESSMENTOF The HEALTH FISICThe<br>7.4: ASSESSMENTOF The FUNCTIONAL CAPACITY<br>7.5: ASSESSMENTOF The MENTAL HEALTH<br>7.6: ASSESSMENTACION<br>7.7.:ATTACHMENTS(SCALES)   |
| SUBJECT 8: THE FRAGILE ELDERLY   | 8.1 TYPES OF PATIENTS IN GERIATRIC<br>8.2 The FRAGILE ELDERLY. APPROACH  |
| SUBJECT 9: BIG GERIATRICO SYNDROMES  | 9.1: CONCEPT OF SD GERIATRICO<br>9.2: RANKING GERIATRICO SYNDROMES<br>9.3: GERIATRICO SYNDROMES  |
| SUBJECT 10: PALLIATIVE CARES   | 10.1 SUPPORT SOCIALPSICO To The FAMILY<br>10.2 ATTENTION IN The ULTIMThe DAYS. AGOGINIA<br>10.3 PALLIATIVE SEDATION<br>10.4 DUEL DEFINITION, PHASES And DEMONSTRATIONS   |

### Planning

|                                       | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Troubleshooting and / or exercises    | 8           | 20                          | 28          |
| Case studies / analysis of situations | 10          | 20                          | 30          |
| Tutored works                         | 8           | 2                           | 10          |
| Forum Index                           | 0           | 10                          | 10          |
| Proceedings                           | 3           | 0                           | 3           |
| Seminars                              | 3           | 0                           | 3           |
| Master Session                        | 22          | 42                          | 64          |
| Multiple choice tests                 | 0.5         | 0                           | 0.5         |
| Short answer tests                    | 1           | 0                           | 1           |
| Troubleshooting and / or exercises    | 0.5         | 0                           | 0.5         |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

### Methodologies

|                                       | Description   |
|---------------------------------------|---|
| Troubleshooting and / or exercises    | Activity in the that formulate problems and/or exercises related with the subject. The student owes to develop the suitable or correct solutions by means of it practice of routines, the application of formulas or algorithms, the application of procedures of transformation of the available information and the interpretation of the resulted. It usually employ how supplement of the lesson masterly.  |
| Case studies / analysis of situations | Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, reflect, complete knowledges, diagnosed and trained in alternative procedures of solution.  |
| Tutored works                         | The student, of individual way or in group, elaborates a document envelope to thematic of the subject or prepares seminars, investigations, memories, essays, summaries of readings, conferences, etc. Generally it treats of an autonomous activity of the student that includes the research and collected of information, reading and handle of bibliography, editorial... Student that includes the research and collected of information, reading and handle of bibliography, editorial... |
| Forum Index                           | Forums in the that It is proposed the student that think on different concepts of the subject. And in the that the students deepen owes reflexions and think of assertive form envelope the vision of the rest of the mates.  |
| Proceedings                           | Activities group, in the that the students expose the their ideas and argues them envelope a subject related that subject. Of the same form listen other ideas and argues so as to have different view and therefore it enrich his field of knowledges. The debate will be moderate pole professor to guide and drive the debate inside the field professional.   |
| Seminars                              | Exhibition by part of the professor of one fear related with the subject and that supplements and enriches the knowledge of the students in relation with the field of the Geriatric Nursing.   |

|                |   |
|----------------|---|
| Master Session | Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student. |
|----------------|---|

### Personalized attention

| Methodologies                         | Description   |
|---------------------------------------|---|
| Troubleshooting and / or exercises    | The student will owe to resolve exercises proposed that they remitted by mail electronic and that will serve even to keep a discussion *có @docente no that *reflexionará on concepts keys of this *asignatura. Also it will owe to calculate extracting data of the different INE *índices *y *tasas related with the aging in Spain |
| Case studies / analysis of situations | The student owed to resolve different cases proposed pole professor in group and of individual form related that subjects (determine the cares *más suitable in different clinical situations that manifests in *Xeriatría, know apply scales of *valotrcion of the AVD and envelope the Cognitive state etc)                         |
| Tutored works                         | The student *desenrolará in the kind in group being *tutorizará teaching pole, diverse exercises on active aging, organisation of the taken care in of geriatric centres, etc.  |
| Forum Index                           | They will establish different forums of discussion, on important concepts in *xeriatría *incluido the field of the taken care palliative  |

### Assessment

|  | Description  | Qualification | Training and Learning Results |     |     |     |
|--|--|---------------|-------------------------------|-----|-----|-----|
| Troubleshooting and /Proof in the that the student owes to solve a series of problems and/or exercises | Proof in the that the student owes to solve a series of problems and/or exercises in a time/conditions established/put them it professor. Of this way, the student owes to apply the knowledges that purchased.  | 11            | A1                            | B3  | C42 | D2  |
|  |  |               | A5                            | B14 | C43 | D3  |
|  |  |               |                               |     | D4  | D8  |
|  |  |               |                               |     |     | D10 |
| Case studies / analysis of situations  | Proof in the that presents a situation or problematic already given or that can gave, splitting of the different factors involved, the analysis of the antecedents, conditions, of the situation, etc.   | 15            | A1                            | B1  | C8  | D1  |
|  |  |               | A2                            | B2  | C41 | D3  |
|  |  |               | A3                            | B3  | C42 | D4  |
|  |  |               | A4                            | B5  | C43 | D7  |
|  |  |               | A5                            | B6  |     | D8  |
|  |  |               |                               | B7  |     | D9  |
|  |  |               |                               | B9  |     | D10 |
|  |  |               |                               | B15 |     |     |
|  |  |               |                               | B18 |     |     |
| Tutored works  | The student presents the result obtained in the manufacture of one document envelope to thematic of the subject, in the preparation of seminars, investigations, memories, essays, summaries of readings, conferences, etc.<br>Can be carried out of individual way or in group, of oral form or writing | 5             | A1                            | B2  | C8  | D1  |
|  |  |               | A2                            | B3  | C41 | D2  |
|  |  |               | A3                            | B5  | C42 | D3  |
|  |  |               | A4                            | B6  |     | D4  |
|  |  |               | A5                            | B7  |     | D5  |
|  |  |               |                               | B9  |     | D6  |
|  |  |               |                               | B14 |     | D7  |
|  |  |               |                               | B15 |     | D8  |
|  |  |               |                               |     |     | D9  |
|  |  |               |                               |     |     | D10 |
|  |  |               |                               |     |     | D11 |
| Multiple choice tests  | Proofs for evaluation of the competitions purchased that include questions closed with different alternatives of answer (true/false, multiple election, *emparellamiento of elements...). The students select an answer go in a number limited of possibilities.   | 5             | A1                            | B7  | C41 | D1  |
|  |  |               | A3                            | B9  | C42 | D8  |
|  |  |               | A5                            | B14 | C43 |     |
| Short answer tests   | Proofs for evaluation of the competitions purchased that include direct questions envelope a concrete aspect. The students owe to answer of direct and brief way in base to the knowledges that have envelope to subject.  | 64            | A1                            | B1  | C8  | D1  |
|  |  |               | A2                            | B2  | C41 | D2  |
|  |  |               | A3                            | B3  | C42 | D3  |
|  |  |               | A4                            | B5  | C43 | D4  |
|  |  |               | A5                            | B6  | C44 | D5  |
|  |  |               |                               | B7  | C49 | D6  |
|  |  |               |                               | B9  | C52 | D7  |
|  |  |               |                               | B11 |     | D8  |
|  |  |               |                               | B14 |     | D9  |
|  |  |               |                               | B15 |     | D10 |
|  |  |               |                               | B18 |     | D11 |

### Other comments on the Evaluation

### Sources of information

MARGARET ECKMAN, **ENFERMERIA GERIATRICA.**, 2013,  
Gil Gregorio, López Trigo. Sociedad Española de Geriatría y Gerontología, **Manual de buena práctica en cuidados a las Personas Mayores.**, 2013,  
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HUEROS IGLESIAS A., **CEAFA ATENDER A UNA PERSONA CON ALZHEIMER**, 2008,  
**VALORACION NUTRICIONAL EN EL ANCIANO**, 2007,  
COMUNIDAD DE MADRID, **Guía de protocolos y documentación para residencias geriátricas de la Comunidad de Madrid. Protocolos Asistenciales en Residencias de Mayores**, 2007,  
GLORIA PEREZ SERRANO, **INTERVENCION Y DESARROLLO INTEGRAL EN PERSONAS MAYORES**, 2006,  
XUNTA DE GALICIA, **VIDA E LIBERDADE: O DEREITO A UNA MORTE DIGNA**, 2006,  
Millán Calenti., **Principios de Geriatría y Gerontología**, 2006,  
J. HERRERA CARRANZA; J.C. MONTERO TORREJON, **ATENCION FARMACEUTICA EN GERIATRIA**, 2005,  
Gilberto Pardo Andreu, **CONSIDERACIONES GENERALES SOBRE ALGUNAS DE LAS TEORIAS DEL ENVEJECIMIENTO**, 2003,  
JOAN SUBIRATS, **LA VEJEZ COMO OPORTUNIDAD**, 1992,

#### **Recommendations**

#### **Subjects that continue the syllabus**

Clinical practice IV/V53G140V01405

Clinical practice V/V53G140V01406

#### **Subjects that are recommended to be taken simultaneously**

Clinical Nursing III/V53G140V01301

#### **Subjects that it is recommended to have taken before**

Human Anatomy: Human Anatomy/V53G140V01101

Community Nursing I/V53G140V01104

Clinical Nursing I/V53G140V01204

Clinical Nursing II/V53G140V01205

Community Nursing II/V53G140V01206

Clinical practice I/V53G140V01208

Clinical practice II/V53G140V01303

Clinical practice III/V53G140V01306

## **IDENTIFYING DATA**

### **Mental health nursing**

|                     |   |                     |             |                   |
|---------------------|---|---------------------|-------------|-------------------|
| Subject             | Mental health nursing   |                     |             |                   |
| Code                | V53G140V01305   |                     |             |                   |
| Study programme     | (*)Grao en Enfermaría   |                     |             |                   |
| Descriptors         | ECTS Credits<br>6   | Choose<br>Mandatory | Year<br>3rd | Quadmester<br>2nd |
| Teaching language   | Spanish<br>Galician   |                     |             |                   |
| Department          |   |                     |             |                   |
| Coordinator         | Vallejo Curto, María del Carmen   |                     |             |                   |
| Lecturers           | Iglesias Víctor, María Laura<br>Vallejo Curto, María del Carmen   |                     |             |                   |
| E-mail              | mari.carmen.vallejo.curto@sergas.es   |                     |             |                   |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>   |                     |             |                   |
| General description | The *asignatura of infirmary in mental health pretends to endow to the students of the necessary tools that allow them warn, recognise, treat and handle the symptomatology of the mental illnesses,loaning a technical and professional attention chord to the needs of health of the population attended and taking into account the technical advances and current scientists.<br>It will learn to realise plans of taken care nurses using the taxonomy NANDA basing us in the functional patterns of *Marjory Gordon, allocated to the people with mental illness and his surroundings.<br>Besides they will treat the legal and deontological appearances related with the mental health. |                     |             |                   |

## **Competencies**

### **Code**

|     |  |
|-----|--|
| C10 | To identify the psychosocial answers of people facing the different situations of health (in particular, the illness and the suffering), selecting the correct actions to provide help in these. |
| C12 | To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of its worries and interests.                            |
| C24 | To identify and analyze the influence of internal and external factors in the level of health of individual and groups.  |
| C31 | To perform the techniques and procedures of nursing care, establishing a therapeutic relationship with patients and families.  |
| C32 | To select interventions to treat or prevent deviations from health-related problems.   |
| C51 | To know the most relevant mental health problems at different stages of vital cycle, providing comprehensive and effective care in the field of nursing.   |

## **Learning outcomes**

| Expected results from this subject  | Training and Learning Results          |
|---|--|
| Know the classification, clinical and treatment of the distinct mental disorders and the cares of infirmary associated to them. | C10<br>C12<br>C24<br>C31<br>C32<br>C51 |

## **Contents**

### **Topic**

|   |   |
|---|---|
| Introduction to the mental health.      | SUBJECT 1. History of the psychiatry.<br>SUBJECT 2. Concept of mental health. Explanatory models of the enfermar in Psychiatry.<br>SUBJECT 3. Infirmary of Mental and psychiatric Health: evolution along the history. Current situation.<br>SUBJECT 4. Net asistencial and paper of the infirmary us distinct devices.<br>SUBJECT 5. The interview in psychiatry.<br>SUBJECT 6. Rankings of the psychiatric illnesses.<br>SUBJECT 7. Psychiatric assessment of infirmary. Registers. |
| Communication and therapeutic relation. | SUBJECT 8. The therapeutic communication. Bases of the relation with the patient  |
| Terapias interactivas                   | TEMA 9. Tratamientos biológicos en psiquiatría: farmacología, TEC.<br>TEMA 10. Tratamientos psicológicos<br>TEMA 11. Actuación de enfermería en los distintos tratamientos.   |

|  |  |
|--|--|
| **Psicopatología   | SUBJECT 11. The exploration *psicopatológica<br>SUBJECT 12. Organic mental disorders<br>SUBJECT 13. Disorders by abuse of substances<br>FEAR 14. *Esquizofrenia And other disorders **psicóticos<br>SUBJECT 15. Disorders of the state of spirit<br>FEAR 16. Disorders of anxiety<br>FEAR 17. Disorders **somatomorfos<br>SUBJECT 18. Disorders of the alimentary behaviour<br>SUBJECT 19. Disorders of the dream<br>FEAR 20. Sexual dysfunctions<br>SUBJECT 21. Disorders of the control of impulses<br>FEAR 22. Disorders of the personality<br>FEAR 23. Disorders more usual in the infancy and the adolescence<br>FEAR 24. The suicidal patient<br>SUBJECT 25. Urgencies in *psiquiatría. The patient agitated |
| Cuidados de enfermería nos distintos trastornos mentales | TEMA 27. Consideraciones éticas y legales en el enfermo mental<br>TEMA 28. Planes de cuidados. Patrones funcionales.<br>TEMA 29. Planes de cuidados y actuación de enfermería nos distintos trastornos mentales.   |

| Planning                              | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Master Session                        | 46          | 95                          | 141         |
| Seminars                              | 4           | 0                           | 4           |
| Workshops                             | 1.5         | 0                           | 1.5         |
| Case studies / analysis of situations | 0           | 2                           | 2           |
| Multiple choice tests                 | 1.5         | 0                           | 1.5         |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| Methodologies                         | Description   |
|---------------------------------------|---|
| Master Session                        | Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student.   |
| Seminars                              | Activities focused to the work envelope a specific subject, that allow to deepen or supplement the contents of the subject. Can be employed how supplement of the theoretical kinds.  |
| Workshops                             | Activities focused to the acquisition of knowledges and skills manipulativas and instrumental envelope a thematic concrete, with specific assistance by part of the professor to the individual activities and/or grupales that develop the students. |
| Case studies / analysis of situations | Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution.                          |

| Personalized attention                |   |
|---------------------------------------|---|
| Methodologies                         | Description   |
| Seminars                              | Se realizarán seminarios de valoración psicopatológica y de contención mecánica |
| Workshops                             | Se realizará un taller de relajación en ansiedad                                |
| Case studies / analysis of situations | Se realizará un ejercicio de valoración de casos clínicos                       |

| Assessment |   | Description | Qualification | Training and Learning Results          |
|------------|---|-------------|---------------|--|
| Seminars   | Proof in the that the student owes to solve a series of problems and/or exercises in a time/condition established/put them it professor.<br>In this way, the student owes to apply the knowledges that purchased. The application of this technical can be presencial or no presencial.<br>Can be employed different tools to apply this technical how, for example, chat, post, was, audioconferencia, videoconference, etc. |             | 10            | C10<br>C12<br>C24<br>C31<br>C32<br>C51 |

|                                       |   |    |  |
|---------------------------------------|---|----|--|
| Case studies / analysis of situations | Proof in the that presents a situation or problematic already given or that can gave, splitting of the different factors involucrados, the analysis of the antecedents, conditions, of the situation, etc | 10 | C10<br>C12<br>C24<br>C31<br>C32<br>C51 |
| Multiple choice tests                 | Prueba con 50 preguntas tipo test con una sola respuesta verdadera.   | 80 |  |

### Other comments on the Evaluation

In Julio will value only the results obtained in the examination type test.

### Sources of information

J.Vallejo Ruicoba, **INTRODUCCIÓN A LA PSICOPATOLOGÍA Y A LA PSIQUIATRÍA**, 8<sup>a</sup> edición,  
 Joana Formés Vives, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. VALORACIÓN Y CUIDADOS**, 2<sup>a</sup> edición,  
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 Carlos J. van-der Hofstadt Román, **TÉCNICAS DE COMUNICACIÓN PARA PROFESIONALES DE ENFERMERÍA**, 1<sup>a</sup> edición,  
 Joana Fornés Vives. M<sup>a</sup> Consuelo Carballal Balsa, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. GUÍA PRACTICA DE VALORACIÓN Y ESTRATEGIAS DE INTERVENCIÓN**, 1<sup>a</sup> edición,  
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 Elena Rodriguez Seoane, **Enfermería en la rehabilitación de la enfermedad mental severa**, 1<sup>a</sup> edición,  
 Andoni Anseán, **Manual de prevención, intervención y postvención de la conducta suicida**, 2<sup>a</sup> edición,  
 Luis Cibanal, **Técnicas de comunicación y relación de ayuda en ciencias de la salud**, 3<sup>a</sup> edición,  
**NandaNocNic**,

### Recommendations

#### Subjects that continue the syllabus

Clinical practice III/V53G140V01306  
 Clinical practice IV/V53G140V01405  
 Clinical practice V/V53G140V01406

#### Subjects that are recommended to be taken simultaneously

Geriatric nursing and palliative care/V53G140V01304

#### Subjects that it is recommended to have taken before

Psychology: Psychology/V53G140V01102  
 Clinical practice I/V53G140V01208  
 Clinical practice II/V53G140V01303

**IDENTIFYING DATA****Clinical practice III**

|                     |   |           |      |            |
|---------------------|---|-----------|------|------------|
| Subject             | Clinical practice III   |           |      |            |
| Code                | V53G140V01306   |           |      |            |
| Study programme     | (*)Grao en Enfermería   |           |      |            |
| Descriptors         | ECTS Credits  | Choose    | Year | Quadmester |
|                     | 18  | Mandatory | 3rd  | 2nd        |
| Teaching language   | Spanish   |           |      |            |
| Department          |   |           |      |            |
| Coordinator         | Giráldez Miranda, Esperanza María   |           |      |            |
| Lecturers           | Giráldez Miranda, Esperanza María<br>Maldonado Arroyo, Alfonso Eduardo<br>Marcial Pérez, José Ángel<br>Muíños Álvarez, Alicia   |           |      |            |
| E-mail              | mgiraldez@povisa.es   |           |      |            |
| Web                 | <a href="http://www.cepovisa.com">http://www.cepovisa.com</a>   |           |      |            |
| General description | Subject destined the wool *adquisición of theoretical competition - practical in relation with *los *cuidados *y *procedimientos of *Enfermería in him field of wool specialized attention *y wool primary attention. |           |      |            |

**Competencies**

## Code

- A2 Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.
- B1 To be able, in the field of nursing, to provide a professional and technical health care, appropriate to the health needs of people they assist, in accordance with the state of development of the scientific knowledge of each moment and with the quality and safety levels established in the legal and ethical applicable standards.
- B2 To know how to plan and provide nursing care to individuals, families or groups, aimed at health results, evaluating their impact through clinical and care practice guidelines, that describe the processes by which a health problem is diagnosed, treated and looked for.
- B3 To know how to apply the foundations and technical and methodological principles of nursing.
- B4 To be able to understand the interactive behaviour of a person on the basis of gender, group or community within his social and multicultural context.
- B6 To apply the nursing interventions on scientific evidence and on the available resources.
- B7 To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy
- B9 To promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.
- B10 To protect the health and well-being of individuals, families or groups assisted, ensuring their safety.
- B11 To know how to establish effective communication with patients, families, social groups and colleagues. To promote training and information for health.
- B12 To apply the ethical and deontological code of Spanish nursing, understanding the ethical implications of health in a world in transformation.
- B13 To apply the principles of health and socio-health financing and use properly the available resources
- B15 To be able to work with a professional team as the basic unit in which professionals are structured in uni or multidisciplinar and interdisciplinar way and the rest staff of the welfare organizations.
- B16 To be able to use health information systems.
- B17 To perform nursing care based on the comprehensive health care that involves multiprofessional cooperation, integration of processes and the continuity of care.
- C4 Use of drugs, evaluating the expected benefits and associated risks or effects derived from its management and consumption.
- C8 To apply the technologies and information systems and communication of health care
- C11 To establish an emphatic and respectful relationship with the patient and family, according to the situation of the person, problem of health and stage of development.
- C12 To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of its worries and interests.
- C17 To apply the nursing process to provide and ensure well-being, quality and safety to assisted people.
- C18 To know and apply the principles underlying the comprehensive nursing care
- C19 To lead, assess and provide comprehensive nursing care, to individual, family and community.
- C22 To promote the involvement of individual, groups and family in their health-disease process.
- C23 To identify factors related to health and environment issues, to assist people in situations of health and disease as members of a community.
- C24 To identify and analyze the influence of internal and external factors in the level of health of individual and groups.

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| C25 To apply methods and procedures in its scope to identify the most important health problems in a community.   |
| C29 To identify care needs arising from health problems.  |
| C31 To perform the techniques and procedures of nursing care, establishing a therapeutic relationship with patients and families.   |
| C33 To have cooperative attitude with the different members of the team.  |
| C35 To apply general care during maternity to facilitate women and infants adjustment to new demands and prevent complications.   |
| C36 To know the specific aspects of newborn care. To identify the characteristics of the different stages of childhood and adolescence and the factors that determine the normal pattern of growth and development. |
| C37 To know the most common childhood health problems and identify its manifestations. To analyze child assessment data, identifying nursing problems and complications that can arise.                             |
| C42 To identify structural, functional, psychological and life forms changes, associated with the aging process   |
| C44 To select care interventions aimed to treat or prevent health problems and its adjustment to everyday life by proximity and support resources to elderly.   |
| C49 To provide care, guaranteeing the right to dignity, privacy, confidentiality and problem-solving ability of the patient and family.   |
| C50 To personalise care considering age, gender, cultural differences, ethnic group, beliefs and values.  |
| D2 Organization and planning ability  |
| D3 Information management ability.  |
| D4 Problem solving and decision making.   |
| D5 Multidisciplinary and multilingual teamwork  |
| D6 Skills in interpersonal relationships  |
| D7 Critical reasoning.  |
| D8 Autonomous learning.   |
| D11 Sensitivity towards environmental issues.   |

### Learning outcomes

| Expected results from this subject   | Training and Learning Results |     |     |
|--|-------------------------------|-----|-----|
| Be able to take part in *los *cuidados that *tengan how *finalidad *garantizar he *mayor degree of A2 independence of wools *personas in *sus basic needs *y specific, in Primary Attention, specialized *y field *sociosanitario. | B1                            | C4  | D2  |
|  | B2                            | C8  | D3  |
|  | B3                            | C11 | D4  |
|  | B4                            | C12 | D5  |
|  | B6                            | C17 | D6  |
|  | B7                            | C18 | D7  |
|  | B9                            | C19 | D8  |
|  | B10                           | C22 | D11 |
|  | B11                           | C23 |     |
|  | B12                           | C24 |     |
|  | B13                           | C25 |     |
|  | B15                           | C29 |     |
|  | B16                           | C31 |     |
|  | B17                           | C33 |     |
|  |                               | C35 |     |
|  |                               | C36 |     |
|  |                               | C37 |     |
|  |                               | C42 |     |
|  |                               | C44 |     |
|  |                               | C49 |     |
|  |                               | C50 |     |

### Contents

#### Topic

|  |   |
|--|---|
| *Rotatorio Of practical *preprofesionais enabling to application and the acquisition of competitions and of the theoretical and methodological knowledges of the Infirmary to the clinical practice, in centres of Primary and Specialized Attention | Realization of the activities referred to the periods of clinical practices in the correspondents *servicios *asistenciais, applying *cuidados of basic and specific infirmary, according to individual needs of each patient, as well as technical and *procedimientos.<br>Realization of *portafolios in each *periodo. |
|--|---|

### Planning

|                                       | Class hours | Hours outside the classroom | Total hours |
|---------------------------------------|-------------|-----------------------------|-------------|
| Introductory activities               | 5           | 0                           | 5           |
| Case studies / analysis of situations | 10          | 30                          | 40          |

|  |     |    |     |
|--|-----|----|-----|
| Teaching and/or informatives events            | 35  | 20 | 55  |
| Clinical practice                              | 340 | 0  | 340 |
| Reports / memories of internships or practicum | 5   | 0  | 5   |
| Portfolio / dossier                            | 5   | 0  | 5   |

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

### Methodologies

|                                       | Description   |
|---------------------------------------|---|
| Introductory activities               | Activities *encamíñadas to take contact and gather information envelope the students, as well as to present the subject.  |
| Case studies / analysis of situations | Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, *reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution. |
| Teaching and/or informatives events   | Conferences, talks, exhibitions, round tables, debates... Realized by settings of prestige, that allow *afondar or supplement the contents of the subject. Clinical sessions  |
| Clinical practice                     | The student developed the activities in a context related with the exercise of a profession in the area of Sciences of the Health.  |

### Personalized attention

| Methodologies                                  | Description   |
|--|---|
| Introductory activities                        | Of previous form to the *ubicación in the *servicio of destination, the responsible professor of the even, *expondrá to the student the characteristics of the *servicio, typology of patients, as well as the valid rule and the system of evaluation.   |
| Case studies / analysis of situations          | *Plantexaráñse You ask envelope the tracking of a patient or clinical evolution of the even   |
| Clinical practice                              | The manager of the service will realize tracking of the evolution of the student in the *desenrolo of the his activity and will resolve the possible incidences that can arise.   |
| Tests  | Description   |
| Reports / memories of internships or practicum | The first day will explain to the student the way of *cumplimentación, insisting in the importance of the his personal assessment envelope the *cumplimiento of objectives, relation with the professional team, relation with the patient and family and in the that *reflexará his experiences and global assessment. |
| Portfolio / dossier                            | The first day will explain to the student the way of *cumplimentación, in him *reflexarase the register of the daily activities that it/the student realizes or observes daily, as well as the degree of difficulty of the same.  |

### Assessment

|                                       | Description   | Qualification | Training and Learning Results |   |
|---------------------------------------|---|---------------|-------------------------------|---|
| Case studies / analysis of situations | The student will realize two plans of cares (PAE*s) during his rotation in units of hospitalization | 10            | A2                            | B1 C18 D2<br>B2 C19 D3<br>B3 C22 D4<br>B4 C23 D7<br>B6 C25 D8<br>B7 C29<br>B9 C42<br>B10 C44<br>B11 C50<br>B12<br>B16 |

|  |   |    |     |     |     |    |
|--|---|----|-----|-----|-----|----|
| Clinical practice                                    | Evaluation of the competitions that purchases and shows it/the student during it *desenrolo of his practices in centres *asistenciais.<br>It Will evaluate:<br>theoretical Knowledges-practical.<br>Attitudes.<br>Skills.<br>Fulfilment of the norms. | 80 | A2  | B1  | C4  | D2 |
|  |   |    | B2  | C8  | D3  |    |
|  |   |    | B3  | C11 | D4  |    |
|  |   |    | B4  | C12 | D5  |    |
|  |   |    | B6  | C17 | D6  |    |
|  |   |    | B7  | C18 | D7  |    |
|  |   |    | B9  | C19 | D8  |    |
|  |   |    | B10 | C22 | D11 |    |
|  |   |    | B11 | C23 |     |    |
|  |   |    | B12 | C24 |     |    |
|  |   |    | B13 | C25 |     |    |
|  |   |    | B15 | C29 |     |    |
|  |   |    | B16 | C31 |     |    |
|  |   |    | B17 | C33 |     |    |
|  |   |    |     | C35 |     |    |
|  |   |    |     | C36 |     |    |
|  |   |    |     | C37 |     |    |
|  |   |    |     | C42 |     |    |
|  |   |    |     | C44 |     |    |
|  |   |    |     | C49 |     |    |
|  |   |    |     | C50 |     |    |
| Reports / memories<br>of internships or<br>practicum | Manufacture of one work in the that the student refers the<br>characteristics of the company, public institution or centre of<br>investigation where realized the practical, and describe the tasks and<br>functions developed.                       | 5  |     |     |     |    |
| Portfolio / dossier                                  | Document elaborated pole student that recompiles information<br>envelope the experiences, projects, tasks and works realized during it<br>process of training.  | 5  | B9  | C8  | D2  |    |
|  |   |    | B11 | C12 |     |    |
|  |   |    | B12 | C17 |     |    |
|  |   |    | B13 | C31 |     |    |
|  |   |    | B17 | C35 |     |    |

#### Other comments on the Evaluation

The \*calificación definitive will calculate envelope a maximum of ten points, including all the \*apartados quoted in the evaluation.

In the case that it/the student do not deliver, in time and form the folder and the memory of practices, \*además of the PAES correspondents, duly \*correjidos and reviewed pole professor-\*titor, \*repercuteirá negatively in the note, subtracting him in each of the cases a 10% of the \*calificación final.&nbsp;Taking into account that to the clinical practices III are linked two \*periodos of practices, will be necessary to achieve a \*calificación minimum of four points on ten in #each of the evaluations, for power do average with the \*calificación of the another \*periodo \*incluido in these clinical practices. &nbs;p;The student explains his disposal with a rule of assistance to practices, of forced fulfilment, to the that will be able to access through the page web of the School.&nbsp;

#### Sources of information

NANDA, **Diagnósticos Enfermeiros: definiciones e clasificación.**, ELSEVIER 2012-2014,  
DOENGES, **PLANES DE COIDADOS EN ENFERMARÍA**, McGraw-Hill,  
CUIDEN/INDEX ENFERMARÍA, **Bases da datos de Enfermaría**,  
María Teresa Luis Rodrigo, **Los diagnósticos enfermeros**, 9ª edición,

#### Recommendations

#### Subjects that continue the syllabus

Clinical practice IV/V53G140V01405

Clinical practice V/V53G140V01406

#### Subjects that are recommended to be taken simultaneously

Clinical Nursing I/V53G140V01204

Clinical Nursing II/V53G140V01205

Community Nursing II/V53G140V01206

Pharmacology and dietetics/V53G140V01203

Introduction to clinical nursing/V53G140V01201

#### Subjects that it is recommended to have taken before

Basics of nursing/V53G140V01107

Clinical practice I/V53G140V01208