



IDENTIFYING DATA

Qualitative Methods in Physical Activity and Sports Sciences

Subject	Qualitative Methods in Physical Activity and Sports Sciences			
Code	P02M156V01106			
Study programme	Máster Universitario en Investigación en Actividad Física, Deporte y Salud			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	3	Mandatory	1st	1st
Teaching language	Galician English			
Department				
Coordinator	Fernández Villarino, María de los Ángeles			
Lecturers	Fernández Villarino, María de los Ángeles González Valeiro, Miguel Toja Reboredo, María Belén			
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Web				
General description				

Training and Learning Results

Code	
A1	Own and understand knowledge that provide a base or an opportunity to be original at the develop or application of ideas, often in a research context.
A2	The students known to apply the acquire knowledge and be able to solve problem in new environment or less known in wider contexts (or multidisciplinary) related with their study area.
A3	The students known to integrate knowledge and confront the complexity of formulate judgments from information that, been incomplete or limited, include reflexions about social and ethics responsibilities linked to the application of their knowledge and judgments.
A5	The students own the ability of learn to continuos studying, in wide range, on a self-directed and autonomous way.
B1	Recognize and learn the study field of physical activity, health and sports, acquiring enough of abilities and methods of researching en these areas.
B2	Be able to devise, design, put in to practice and adopt a research process rigorously academics in the physical activity, health and sports study ambit.
B4	Critically analyze, evaluate and synthesize new and complex ideas in the physical activity, health and sports study ambit.
C7	Assess, manage and combine different techniques of physical activity, health and sports sciences research.
C8	Analyze on a critically the methodological options that arise in the physical activity, health and sports study ambit.
C9	Be able to design and implement a research work in the physical activity, health and sports study ambit.
D1	Critically assess the knowledge, the technology and the available information to solve problems.
D2	Effectively communicate in academic and informative ambits ideas and concepts linked with the physical activity, health and sports studies.
D4	Use basic tools of information and communication technologies (ICTs) needed for their profession exercise and for the lifelong learning.

Expected results from this subject

Expected results from this subject	Training and Learning Results
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New	A1 A2 B1 B2 C7 C9 D4
New	A3 A5 B4 C8 C9 D1 D2

Contents

Topic	
Main theoretical perspectives of the qualitative method in the sciences of the physical activity and the sport	1. Paradigms of the qualitative investigation
Principles of the method of qualitative analysis in the sciences of the physical activity and the sport.	1. Introduction to the theoretical foundations of the qualitative investigation. 2. Designs of studies and designs *muestrales. 3. Process and phases of investigation.
Methods in qualitative investigation in the sciences of the physical activity and the sport	1. Studies of case 2. Investigation-Action 3. Mixed methods
Technicians of qualitative investigation/analysis of data in the sciences of the physical activity and the sport	1. Strategies of collected of data: interview, stimulation of the memory, newspapers, *anecdóticos, etc... 2. Analysis of content. 3. Triangulation.

Planning

	Class hours	Hours outside the classroom	Total hours
Mentored work	0	50	50
Problem solving	5	0	5
Lecturing	10	0	10
Problem solving	5	0	5
Problem and/or exercise solving	2.5	0	2.5
Essay	2.5	0	2.5

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

	Description
Mentored work	It developed through the face-to-face and will be related with the analysis of scientific articles
Problem solving	Activities in the that formulate problems and/or exercises related with the subject.
Lecturing	Exhibition of the main contents of the subject with help of audiovisual means.
Problem solving	(*)Actividades nas que se formulan problemas e/ou exercicios relacionados coa materia: Estudo de casos

Personalized assistance

Methodologies Description

Problem solving	Activities in the that formulate problems and/or exercises related with the subject.
Mentored work	The guardianship of the works proposed in the classroom will develop in the face-to-face of the teaching staff.

Assessment

	Description	Qualification	Training and Learning Results
Mentored work	It Will consist in the formulation and development of one project of investigation in the that the options methodological are or the study of case or the investigation-action.	40	A5 B1 C8 D2 B2 C9 B4

Problem solving	It Will have to see with the realization of analysis of scientific articles of methodology of study of cases or of investigation - action	25	A2 A3 A5	B1 B4	C7 C8	D4
Lecturing	It Will value the assistance and the active participation in the face-to-face sessions. The active participation take with the delivery of tasks developed in kind. The no assistance to 80% of the sessions will suppose to no overrun of this part.	10	A1 A2 A3 A5	B1 B2	C7 C9	
Problem solving	(*)Terá que ver coa realización da análise de artigos científicos de metodoloxía de estudo de casos	25	A2 A5	B1 B4	C7 C8	D4

Other comments on the Evaluation

In the case of the methodology of resolution of problems, the proposal will be double.

It will work an article of study of cases and another of investigation-action. Each of these works will suppose 50% of the score of this methodology. The students that do not surpass the subject in the first edition will owe to present in the second edition all the works proposed along the course. In following editions, the students will subject to the criteria of evaluation of the course in the that enrol

Sources of information

Basic Bibliography

Complementary Bibliography

Bryman, A, **Mixed methods: A four-volume set**, 2006

Creswell, J. W., & Plano Clark, V. L., **Designing and conducting mixed methods research (2nd ed.)**, 2011

Creswell, J. W., **Research Design. Qualitative, quantitative and mixed methods approaches.**, 2014

Tashakkori, A., & Teddlie, C. (Eds.), **SAGE handbook of mixed methods in social and behavioral research (2nd ed.)**, 2010

Camerino, O., Castañer, M., Anguera, T., **Mixed methods research in the movement sciences: case studies in sport, physical education and dance.**, 2012

Recommendations