# Universida<sub>de</sub>Vigo

Subject Guide 2023 / 2024

| IDENTIFYIN  |                                                                 |                     |                  |                 |
|-------------|-----------------------------------------------------------------|---------------------|------------------|-----------------|
|             | erapy in clinical specialties II                                |                     |                  |                 |
| Subject     | Physical therapy in                                             |                     |                  |                 |
|             | clinical specialties                                            |                     |                  |                 |
| -           |                                                                 |                     |                  |                 |
| Code        | P05G171V01309                                                   |                     |                  |                 |
| Study       | Grado en                                                        |                     |                  |                 |
| programme   | Fisioterapia                                                    |                     |                  |                 |
| Descriptors | ECTS Credits                                                    | Choose              | Year             | Quadmester      |
|             | 9                                                               | Mandatory           | 3rd              | 2nd             |
| Teaching    | Spanish                                                         |                     |                  |                 |
| language    | Galician                                                        |                     |                  |                 |
| Department  |                                                                 |                     |                  |                 |
| Coordinator | Soto González, María Mercedes                                   |                     |                  |                 |
| Lecturers   | Mollinedo Cardalda, Irimia                                      |                     |                  |                 |
|             | Rodil Gargallo, María                                           |                     |                  |                 |
|             | Soto González, María Mercedes                                   |                     |                  |                 |
| E-mail      | m.soto@uvigo.es                                                 |                     |                  |                 |
| Web         | http://http://fisioterapia.uvigo.es/gl/                         |                     |                  |                 |
| General     | (*)Nesta materia preténdese que o alumnado adq                  | uira os coñecemento | s e destrezas, i | orecisos para o |
| description | tratamento dos distintos procesos e patoloxías do fisioterapia. |                     |                  |                 |

## **Training and Learning Results**

Code

- A2 Students are able to apply their knowledge to their work or vocation in a professional manner and possess the competences usually demonstrated through the development and defence of arguments and problem solving within their field of study.
- A3 Students have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgements that include reflection on relevant social, scientific or ethical issues.
- A5 Students are able to convey information, ideas, problems and solutions to both specialist and non-specialist audiences.
- C9 Know the pathophysiology of diseases, identifying the manifestations that appear throughout the process, as well as the medical-surgical treatments, mainly in their physiotherapeutic and orthopedic aspects. To identify the changes produced as a consequence of the physiotherapy intervention. Encourage the participation of the user and family in the recovery process.
- C13 Have the ability to assess from the perspective of physiotherapy, the functional status of the patient/user, considering the physical, psychological and social aspects of the same.
- C16 Analyze, program and apply movement as a therapeutic measure, promoting the participation of the patient/user in the process.
- C19 Understand and perform specific methods and techniques related to the locomotor system (including manual therapies, joint manipulative therapies, osteopathy and chiropractic), neurological processes, respiratory system, cardiocirculatory system and static and dynamic alterations. Specific methods and techniques that take into account the implications of orthopedics in physiotherapy, reflex therapeutic techniques, as well as other alternative and/or complementary methods and techniques whose safety and efficacy is demonstrated according to the state of development of science.
- C20 Identify the most appropriate physiotherapeutic treatment in the different processes of alteration, prevention and health promotion as well as in the processes of growth and development.
- C21 Identify the situation of the patient/user through a physiotherapy care diagnosis, planning interventions, and evaluating their effectiveness in a cooperative work environment with other professionals in health sciences.
- C22 Know and apply good clinical practice guidelines.
- C36 To know and understand the methods, procedures and physiotherapeutic actions, aimed at both the actual therapy to be applied in the clinic for the reeducation or functional recovery, as well as the implementation of activities aimed at the promotion and maintenance of health.
- C37 To acquire adequate clinical experience that provides intellectual abilities and technical and manual skills; that facilitates the incorporation of ethical and professional values; and that develops the capacity to integrate the acquired knowledge.
- D1 Ability to communicate orally and in writing in Galician.

| Expected results from this subject |                                                             |     |            |
|------------------------------------|-------------------------------------------------------------|-----|------------|
| Expected results from this subject | ted results from this subject Training and Learning Results |     | ng Results |
| New                                | A2                                                          | C9  |            |
|                                    |                                                             | C13 |            |
|                                    |                                                             | C21 |            |
| New                                | A2                                                          | C9  |            |
|                                    |                                                             | C13 |            |
|                                    |                                                             | C16 |            |
|                                    |                                                             | C19 |            |
|                                    |                                                             | C20 |            |
|                                    |                                                             | C21 |            |
|                                    |                                                             | C22 |            |
|                                    |                                                             | C36 |            |
|                                    |                                                             | C37 |            |
| New                                | A2                                                          | C13 | D1         |
|                                    | A3                                                          | C21 |            |
|                                    | A5                                                          |     |            |
| New                                | A2                                                          | C13 | D1         |
|                                    |                                                             | C16 | D4         |
|                                    |                                                             | C19 |            |
|                                    |                                                             | C20 |            |
|                                    |                                                             | C21 |            |
|                                    |                                                             | C22 |            |
|                                    |                                                             | C36 |            |
|                                    |                                                             | C37 |            |

| Contents                                       |   |
|------------------------------------------------|---|
| Topic                                          |   |
| Physiotherapy in traumatic and bone processes  | - |
| Physiotherapy in orthopedic and bone processes | - |
| Physiotherapy in dermatology                   | - |
| Physiotherapy in urogynecological processes    | • |
| Physiotherapy, physical activity and pathology | - |
| Physiotherapy in amputees                      | - |
| Physiotherapy in cancer                        | - |

| Planning                   |             |                             |             |
|----------------------------|-------------|-----------------------------|-------------|
|                            | Class hours | Hours outside the classroom | Total hours |
| Lecturing                  | 37          | 87                          | 124         |
| Laboratory practical       | 39          | 60                          | 99          |
| Essay questions exam       | 1           | 0                           | 1           |
| Simulation or Role Playing | 0.5         | 0                           | 0.5         |
| Systematic observation     | 0.5         | 0                           | 0.5         |

<sup>\*</sup>The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| Methodologies        |                                                                                                                                                                  |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                      | Description                                                                                                                                                      |
| Lecturing            | The following methodologies will be used in these classes: introductory activities, discussion forums, collaborative learning, case studies and problem solving. |
| Laboratory practical | In the development of practices, methodologies such as problem solving, case study, debate and problem solving will be used autonomously.                        |

| Personalized assistance |                                                                                         |  |
|-------------------------|-----------------------------------------------------------------------------------------|--|
| Methodologies           | Description                                                                             |  |
| Lecturing               | Students may request tutorials via email, either in person or through the remote campus |  |
| Laboratory practical    | Students may request tutorials via email, either in person or through the remote campus |  |

| Assessment  |                            |
|-------------|----------------------------|
| Description | Qualification Training and |
|             | Learning Results           |

| Essay questions<br>exam       | The theoretical exam will consist of development questions. To pass this part, the student must obtain a score of 5 out of 10.                                                         | 40 | A2<br>A3<br>A5 | C9<br>C13<br>C16<br>C19<br>C20<br>C21<br>C22<br>C36<br>C37 | D1<br>D4 |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------|------------------------------------------------------------|----------|
| Simulation or Role<br>Playing | The test will consist of solving three practical cases that the students must choose at random. To pass this part, the student must obtain a grade of 5 out of 10.                     | 40 | A2<br>A3<br>A5 | C9<br>C13<br>C16<br>C19<br>C20<br>C21<br>C22<br>C36<br>C37 | D1<br>D4 |
| Systematic observation        | The teaching staff will carry out systematic observation through attentive, rational, planned and systematic perception to describe and record the manifestations of student behavior. | 20 | A2             | C16<br>C19<br>C20<br>C36<br>C37                            | D4       |

#### Other comments on the Evaluation

Or students who do not adhere to continuous assessment, must communicate it in writing following the procedure established by the Faculty of Physiotherapy. A waiver of continuous assessment must be made as the deadline date in the 5th week of teaching, this waiver will mean that the student adheres to the global assessment established in the subject. Once the continuous evaluation has been waived, he will not have the right to it nor any other considerations that are established in it

In addition to the modalities of assessment, in order to pass the subject, the student must have passed the theoretical and practical exam independently, and it may be the case that a student obtains a grade higher than 5 in a global assessment, but As indicated, if some of the parts are not passed, they will receive a grade of 4.5. It does not assume that the student passes one of the parts, the same grade will be saved, but only within the same academic year.

In addition, in order to take the practical exam in calquera of the calls and modalities, it is an essential requirement that the student take the theoretical exam.

### **CONTINUOUS ASSESSMENT**

Exam of Essay questions exam- this exam will be carried out on the data established in the programming of the subject, it will consist of 10 development questions worth each of them 10 points and will contribute or 40% of the final grade. Simulation or role playing- will be carried out on the exam dates established in the calendar, and will consist of the resolution of 3 clinical cases that will account for 40% of the final grade.

Systematic observation - or teachers will follow up on students in terms of aptitudes and attitudes. To adhere to this evaluation, it is essential to have a minimum attendance of 80% of the practical classes and suporá or 20% of the final grade.

**GLOBAL EVALUATION** (not in the case of waiving continuous evaluation):

In this case, the students will be evaluated with the following success:

Essay questions exam- 10 development questions with a score of 1 point each (50% of grades)

Simulation or role playing- exam to solve three practical cases (50% give grade)2nd CHANCE

The students who adhere to continuous assessment will be assessed according to the percentages indicated in this guide.

The students who renounce continuous assessment and follow the global assessment will have the same percentages of assessment than in the ordinary call in the modality of global assessment.

| Sources of information                                                                                                  |
|-------------------------------------------------------------------------------------------------------------------------|
| Basic Bibliography                                                                                                      |
| Alegre C., <b>Fisioterapia en reumatología</b> , 1ª, Alcalá de Henares: Asetip, 2001                                    |
| Goodyer Paul., <b>Compendio de técnicas en rehabilitación musculoesqueletica</b> , 1ª, McGraw-Hill Interamericana, 2003 |
| Seco Calvo J., <b>Fisioterapia en Especialidades Clínicas</b> , 1ª, Médica Panamericana, 2016                           |
| Walker C., Fisioterapia en obstetricia y uroginecología, 2ª, Elsevier Masson, 2013                                      |
| Seco Calvo J., <b>Afecciones medicoquirúrgicas para fisioterapeutas</b> , Médica Panamericana, 2017                     |
| Charles E. Giangarra, <b>Rehabilitación ortopédica clínica</b> , 4ª, Elsevier, 2018                                     |
| Klaus Buckup & Johannes Buckup, <b>Pruebas clínicas para patología ósea, articular y muscular</b> , 5ª, Elsevier, 2013  |
| Seco Calvo J., <b>Metodos especificos de intervencion en fisioterapia</b> , Médica Panamericana, 2021                   |
| Castillo Montes FJ., <b>Fisioterapia en el tratamiento de cicatrices</b> , ALCALA GRUPO, 2022                           |

# **Complementary Bibliography**

Haarer-Becker R, Schoer D., **Manual de técnicas de fisioterapia: (aplicación en traumatología y ortopedia)**, Editorial Paidotribo, 2001

Miralles Marrero R, Miralles-Rull I., **Biomecánica clínica de las patologías del aparato locomotor**, 1ª, Elsevier Masson, 2006

Orrego & Morán, Ortopedia y traumatología básica, Universidad delos Andes, 2014

Díaz Mohedo,, Manual de Fisioterapia en traumatología, Elsevier, 2015

# Recommendations

# **Subjects that continue the syllabus**

Internships: Clinical stays/P05G171V01984

## Subjects that it is recommended to have taken before

Human anatomy: Human anatomy/P05G171V01101

Physiology: Functional movement in physiotherapy/P05G171V01105

Kinesitherapy/P05G171V01203

General physiotherapy I/P05G171V01204

Cardiorespiratory Physical Therapy/P05G171V01302