# Universida<sub>de</sub>Vigo

Subject Guide 2023 / 2024

Design	<del>•</del>					
	hysiotherapy					
Subject	Basics of					
	physiotherapy					
Code	P05G171V01104					
Study	Grado en					
programme	Fisioterapia					
Descriptors	ECTS Credits		Choose	Year	Quadmester	
	6		Mandatory	1st	1st	
Teaching	Spanish					
language	Galician					
Department		,		'	· · · · · · · · · · · · · · · · · · ·	
Coordinator	Justo Cousiño, Lorenzo Antonio					
Lecturers	Justo Cousiño, Lorenzo Antonio					
E-mail	lorenzo.justo@uvigo.es					
Web						
General	In the course Basics of Physiotherag	py students will le	earn the history of	the profession a	and its institutionalization	
description	in Spain, which will allow them to u	nderstand how pl	hysiotherapy has e	volved to the p	resent day. Likewise,	
•	hey will be trained in the capacity of reflection and analysis in the method of intervention in physiotherapy, as					
	well as the ability to understand the bases of research. It is intended that the knowledge acquired in this					
	subject will enable the student to have a basis and a broad vision of our profession.					

#### **Training and Learning Results**

Code

- B1 To know how to work in professional teams as a basic unit in which professionals and other personnel of health care organizations are structured in a uni or multidisciplinary and interdisciplinary way.
- B2 Incorporate the ethical and legal principles of the profession into professional practice and integrate social and community aspects into decision making.
- B3 Communicate effectively and clearly, both orally and in writing, with users of the health system as well as with other professionals.
- C11 Identify the concept, evolution and fundamentals of physical therapy in its scientific and professional aspects. To understand the general theory of functioning, disability and health and its international classification, as well as the models of intervention in physiotherapy and its assistance practice.
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- C28 Know and apply quality mechanisms in the practice of physiotherapy, adjusting to the criteria, indicators and quality standards recognized and validated for the adequate professional practice.
- C30 To know the professional ethical and deontological codes.
- C32 Incorporate scientific research and evidence-based practice as a professional culture.
- D1 Ability to communicate orally and in writing in Galician.
- D2 Computer skills related to the field of study
- O3 Recognition of diversity and multiculturalism

Expected results from t	his subiect
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# Contents

Topic

Evolution and historical development
Definition of physiotherapy and health
terminology
Research models in physiotherapy
Methods of intervention in physiotherapy
Conceptual bases of physiotherapy
Quality in Physiotherapy
Quality in Physiotherapy

Planning				
	Class hours	Hours outside the classroom	Total hours	
Introductory activities	2	0	2	
Lecturing	36	63	99	
Mentored work	0	29	29	
Presentation	0	10	10	
Essay questions exam	1	0	1	
Presentation	6	0	6	
Problem and/or exercise solving	3	0	3	
			11 611 1 1	

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	Description		
Introductory activities	Activities aimed at making contact with and gathering information about the students, as well as presenting the subject.		
Lecturing			
-	Theoretical classes will be participative and will use didactic consultation, discussion, case studies and problem solving strategies. and problem-solving strategies		
Mentored work	Students will be required to prepare, present and defend a paper and several complementary activities of the course. Each group will do a paper on a specific topic agreed with the teacher and will perform the requested activities.		
Presentation			
	Presentation by the students before the teacher and the students of the tutored work and the different activities carried out in the activities carried out in the course.		

Personalized assistance Methodologies Description			
Mentored work  They will be held on the date that appears in the subject's schedule and doubts about the subject solved during tutorials will be solved during tutorials			
Presentation	They will be held on the date that appears in the subject's schedule and doubts about the subject will be solved during tutorials will be solved during tutorials		

Assessment				
	Description	Qualification	Training and Learning Results	
Essay questions exam	The students will be evaluated on all the contents taught in the subject by means of an examination of development questions. To pass the subject it is necessary to pass the theoretical exam (obtain a 5 out of 10).  All the contents addressed in the classroom can be object of evaluation in this exam	40	B2 C11 B3 C12 C25 C26 C27 C28 C30	D3
Presentation	The approach and development of the work of the subject, as well as its writing and use of sources bibliographic The presentation of the works in audiovisual media, their exposure and defense. Each activity will have a specific percentage of the evaluation assigned by the teacher.	30	B1 B2	D1 D2

Problem and/or exercise Throughout the four-month period, various seminars, activities, 30 B1 D1 solving , conferences,... that will be evaluated by means of diverse B2 D2

exercises and problem solving.

Most of the different activities will be carried out in the classroom. in the classroom, so continuous attendance to the classes is

required. the classes.

This activity/methodology does not have an eliminatory character.

This activity/methodology is not eliminatory.

#### Other comments on the Evaluation

#### -CONTINUOUS EVALUATION:

In the continuous evaluation modality the evaluation percentages are:

- -Exam of development questions: 40%.
- -Presentation: 30%. Of obligatory character.
- -Solution of problems and/or exercises: 30%.

To pass the subject the student must: obtain at least a 5 out of 10 in the theoretical exam in order to pass the subject, must make the corresponding presentations and the overall grade must be higher than 5 considering the different evaluation percentages.

The completion of the work is mandatory, as well as its presentation and defense.

The different activities of problem solving and / or exercises are not eliminatory and each activity will be assigned the corresponding percentage of evaluation.

In the continuous evaluation it is not compulsory to attend class, but the presentation of the work is compulsory (absence is a reason for failure).

## -GLOBAL EVALUATION (waiver of continuous evaluation):

In this case there will be no problem solving and / or exercises, so in ordinary call the students will be evaluated as follows:

- -Exam of development questions: 70%.
- Presentation and work and oral test: 30%.

Students who do not wish to follow the continuous evaluation must notify in writing following the procedure established by the Faculty of Physiotherapy. The waiver to the continuous evaluation must be made in the 5th week of teaching, which means that the student will assume the global evaluation established in the subject. Once the continuous evaluation has been waived, the student will not be entitled to it, nor to the considerations established therein.

### -EXTRAORDINARY EVALUATION -RECOVERY:

Students who have waived the continuous evaluation and adhere to the global evaluation will have the same evaluation percentages as in the ordinary call in global evaluation mode.

Students who have failed the subject in continuous evaluation for not achieving a 5 out of 10 in the theoretical exam (developmental questions exam), should only be evaluated in that exam, since the rest of the grades are preserved. Therefore, the same criteria established for the continuous evaluation are preserved.

Although in the extraordinary call the grades of the work and defense are preserved, in case it is necessary to recover the work and the defense, the students will be asked to carry out an adapted work with the same percentage of evaluation.

#### Other considerations:

The defense (exposition of the work-oral test) will take place during theoretical teaching hours on the day or days assigned in the course schedule.

Regardless of the average grade obtained in the evaluation tests, if the minimum requirements previously mentioned are

not met, the grade obtained will be SUSPENSED.

The failing grade will never be higher than 4.5.

Therefore, it could be the case that a student obtains in the global evaluation, taking into account the percentages of the evaluation tests, a grade of 5 out of 10 or higher; however, if the student has failed the written exam, the grade in the global evaluation will be a fail.

The evaluation systems described in this Teaching Guide are sensitive both to the evaluation of the competences and to the contents of the course.

The realization of the work is compulsory and its evaluation will be carried out through the practices/tutorials established in the programming of the subject and in the presentation and defense of the same. All the activities requested by the professor requested by the professor within the work.

The presence of spelling mistakes in papers or written tests may lead to a failing grade.

The Teaching Guide will follow the "REGULAMENTO SOBRE A AVALIACIÓN, A CALIFICACIÓN E A CALIDADE DA DOCENCIA E DO PROCESO DE APRENDIZAXE DO ESTUDANTADO" (Aprobado no claustro do 18 de abril de 2023), as well as the specific adaptations for the Degree in Physiotherapy determined in Xunta de Centro.

#### Sources of information

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# **Complementary Bibliography**

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#### Recommendations

# Subjects that continue the syllabus

Public health and community physiotherapy/P05G171V01207