



## IDENTIFYING DATA

### Sociology and history of physical activity and sport

Subject	Sociology and history of physical activity and sport			
Code	P02G051V01103			
Study programme	Grado en Ciencias de la Actividad Física y del Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Basic education	1st	1st
Teaching language	Spanish Galician			
Department				
Coordinator	Pérez Freire, Silvia Velasco Martínez, Luis			
Lecturers	Pérez Freire, Silvia Velasco Martínez, Luis			
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Web				
General description	<p>(*Desde o punto de vista da historia, os obxectivos xerais que se pretenden alcanzar nesta materia consisten en achegar ao alumno/á o coñecemento dos fundamentos, conceptos, métodos, técnicas de traballo e ferramentas empregados pola ciencia histórica aplicados aos obxectos concretos que representan a actividade física e o deporte, de modo que sexan capaces de comprender que ambos constitúen unha forma específica de práctica que evoluciona ao longo do tempo e en relación coa sociedade concreta na que se desenvolve. A actividade física e o deporte son conceptos diferentes, pero conectados. Actualmente o deporte constitúe un "frito social total", caracterizado por unha complexa rede de relacións con outros subsistemas (cultural, económico, político, etc.). Por iso o deporte non é só unha actividade física, senón que está determinado polos significados sociais que a sociedade lle atribúe a esas prácticas. A Socioloxía, como ciencia do social, ofrece unha serie de teorías e metodoloxías útiles para explicar as relacións entre prácticas físicas, deporte e contorna sociocultural.</p>			

## Training and Learning Results

Code	
B1	1.1. Understand, elaborate and know how to apply the procedures, strategies, activities, resources, techniques and methods involved in the teaching-learning process with efficiency, developing the whole course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management).
B4	3.2 Know how to promote, advise, design, apply and evaluate technically and scientifically appropriate and varied physical activity, physical exercise and sport programs, adapted to the needs, demands and individual and group characteristics of the entire population, with emphasis on the elderly, women and diversity, schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a physician).
B6	5.2 Identify, organize, direct, plan, coordinate, implement, and perform technical-scientific evaluation of the various types of physical and sporting activities adapted to the development, characteristics and needs of individuals and the typology of the activity, space and entity, in all types of physical activity and sport services, including sporting events, and in any type of organization, population, context, environment and population and with emphasis on populations of special character such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; management of physical activity and sport) ensuring safety, efficiency and professionalism in the activity performed in compliance with current regulations.
B11	7.1 To know and know how to apply ethical and deontological principles and social justice in the performance and professional involvement, as well as to have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with the aim of improvement, excellence, quality and efficiency.

B12 7.2 To know, elaborate and know how to apply the ethical-deontological, structural-organizational, professional performance and regulations of the professional practice of Graduates in Physical Activity and Sport Sciences, in any professional sector of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management); as well as to be able to develop a multidisciplinary work.

B13 7.3 Comprender, saber explicar y difundir las funciones, responsabilidades e importancia de un buen profesional Graduado en Ciencias de la Actividad Física y del Deporte así como analizar, comprender, identificar y reflexionar de forma crítica y autónoma sobre su identidad, formación y desempeño profesional para conseguir los fines y beneficios propios de la actividad física y deporte de forma adecuada, segura, saludable y eficiente en todos los servicios físico-deportivos ofrecidos y prestados y en cualquier sector profesional de actividad física y deporte.

### Expected results from this subject

Expected results from this subject	Training and Learning Results
New	B1 B4 B12
New	B1 B4 B12
New	B1 B4 B12
New	B4 B6 B11 B12 B13
New	B4 B6 B11 B12 B13

### Contents

Topic	
Theoretical and methodological introduction	The physical activity and the sport like objects of study of the History and of the Sociology. Time and historical time. Perspective and sociological methodology.
The physical activity through the time	Physical Activity and culture. Physical activity in the Classical Antiquity. From the pre-sport practices to the sport.
Génesis and development of the sport	industrial Society and sport. The sportive model English. International diffusion of the sport.
The Olympic Movement.	The period of the positivism. The phenomenon of themundialisati3n and the international associations. The work of the Baron of Coubertain. The configuration of the Olympic Movement. Ideology of the olympic movement.
Society, culture, political and communication	Society, cultural and normative socialisation. Phenomena sociocultural. Politics and ideology. Media.
Institutions, structure, processes and deviation.	Power, control and deviation. Gender, masculinity and femininity. Meanings of the body. Structure of the physical practice-sportive. Groups, networks and organisations.
social change and new values in postmodern society	Social change. Modernity and postmodernity. Globalization. New values and new physical and sports practices. Social opening of physical and sports activities.

### Planning

	Class hours	Hours outside the classroom	Total hours

Lecturing	30	15	45
Problem solving	7	14	21
Seminars	15	22.5	37.5
Essay questions exam	1	18	19
Report of practices, practicum and external practices	0	8.5	8.5
Objective questions exam	1	18	19

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

### Methodologies

	Description
Lecturing	Exhibition by part of the professor of the contents on the matter object of study, theoretical bases and/or guidelines of a work, exercise or project that will have to develop the student.
Problem solving	Activity in which they formulate problems and/or exercises related with the matter. The student has to develop the suitable or correct solutions by means of the exercise of routines, to application of formulas or algorithms, the application of procedures of transformation of the available information and the interpretation of the results. It is used to use as I complement of the master sessions.
Seminars	Activities focused to the work on a specific subject, that allow to deepen or complement the contents of the matter. Can employ as I complement of the theoretical classes.

### Personalized assistance

#### Methodologies Description

Seminars	Resolution of doubts on the subject explained in master classes, on recommended for the preparation of practical classes and seminars texts. Resolution of doubts and problems that may arise as the development work evolves. Any other questions or problems that may make the students.
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### Assessment

	Description	Qualification	Training and Learning Results
Essay questions exam	Examination in essay form on the contents of the subject.	30	B1 B4 B12
Report of practices, practicum and external practices	Reports, memories or exercises realised in the practical classes and seminars that will have to be delivered in the following days to his realisation.	40	B4 B6 B11 B12 B13
Objective questions exam	Examination test on the contents of the subject.	30	B1 B4 B12

### Other comments on the Evaluation

Continuous evaluation through the follow-up of the students and the exhibition of works. Global evaluation of the learning process and acquisition of competence and knowledge.

The quality of the activities performed and the degree of participation and involvement will be assessed. Specifically, conceptual precision, level of elaboration of ideas, grounded criticism, personal organization of ideas and contents, coherence in discourse, expository clarity, care in formal academic and presentation aspects and the use of Meteorological resources and materials.

In the case of students not attending, they must adequately justify the cause at the beginning of the semester. They must carry out the same tests, but individually, and their presence and participation will not be taken into account for their qualification.

If the subject does not pass in the first call, the skills not acquired will be evaluated in the July call. To pass the subject must obtain at least a 5 (approved) in the two parts of which it consists (History and Sociology). In the case of suspending a part in the July summons, in the following course the whole subject must be re-studied.

The official dates of the examinations can be consulted in the page of the faculty, in the section "Organización Académica".

### Sources of information

#### Basic Bibliography

- García Ferrando, M.; Puig Barata, N.; Lagardera Otero, F. et al, **Sociología del deporte**, 4ª, Alianza, 2017
- Mandell, R.D., **Historia cultural del deporte**, 1ª, Bellaterra, 2006
- Salvador, J, **El deporte en Occidente. Historia, Cultura y Política**, 1ª, Cátedra, 2006
- Coakley & Dunning, **Handbook of Sport Studies**, 1ª, Sage, 2016
- Giulianotti, R., **Sport: A critical sociology**, 2ª, John Wiley & Sons, 2016

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**Complementary Bibliography**

García Ferrando, M. y Llopis, R., **La popularización del deporte en España. Encuestas de hábitos deportivos 1980-2015**, 1ª, CSD y CIS, 2017

Elias, N. y Dunning, E., **Deporte y ocio en el proceso de civilización**, 1ª, Fondo de Cultura Económica, 1991

Mason, T., **El deporte en Gran Bretaña**, 1ª, Aranzadi, 1994

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**Recommendations****Subjects that continue the syllabus**

Research methodology and statistics in physical activity and sport/P02G051V01110

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**Subjects that are recommended to be taken simultaneously**

Physical activity and sport psychology/P02G051V01109

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