



IDENTIFYING DATA

Physical education and sport pedagogy

Subject	Physical education and sport pedagogy			
Code	P02G051V01105			
Study programme	Grado en Ciencias de la Actividad Física y del Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Basic education	1st	1st
Teaching language	Spanish Galician			
Department				
Coordinator	Ferreiro González, María Isabel			
Lecturers	Ferreiro González, María Isabel			
E-mail	maferreiro@uvigo.es			
Web				
General description	(*)A finalidade principal desta materia consiste en adquirir unha visión de conxunto sobre os principais fenómenos e problemas físico/educativos referidos ao que facer profesional, para que o alumnado poida chegar a contemplar os procesos pedagóxicos como accións e feitos humanos que actúan coherentemente nun sistema social: analizar, relacionar e sintetizar os distintos elementos que constitúen estes procesos. Así mesmo preténdese que os alumnos e alumnas saiban interpretar, ao final de curso, a realidade da educación física e deportiva nas súas dimensións fundamentais: o desenvolvemento da razón e o sentido crítico ó estudar a actividade dos citados procesos e o saber intervir a nivel educativo sobre esa realidade, tendo claro o seu papel como profesionais.			

Training and Learning Results

Code	
B1	1.1. Understand, elaborate and know how to apply the procedures, strategies, activities, resources, techniques and methods involved in the teaching-learning process with efficiency, developing the whole course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management).
B4	3.2 Know how to promote, advise, design, apply and evaluate technically and scientifically appropriate and varied physical activity, physical exercise and sport programs, adapted to the needs, demands and individual and group characteristics of the entire population, with emphasis on the elderly, women and diversity, schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a physician).
B6	5.2 Identify, organize, direct, plan, coordinate, implement, and perform technical-scientific evaluation of the various types of physical and sporting activities adapted to the development, characteristics and needs of individuals and the typology of the activity, space and entity, in all types of physical activity and sport services, including sporting events, and in any type of organization, population, context, environment and population and with emphasis on populations of special character such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; management of physical activity and sport) ensuring safety, efficiency and professionalism in the activity performed in compliance with current regulations.
B9	6.1 To know and understand the bases of the methodology of scientific work.
B10	6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.
B11	7.1 To know and know how to apply ethical and deontological principles and social justice in the performance and professional involvement, as well as to have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with the aim of improvement, excellence, quality and efficiency.

- B12 7.2 To know, elaborate and know how to apply the ethical-deontological, structural-organizational, professional performance and regulations of the professional practice of Graduates in Physical Activity and Sport Sciences, in any professional sector of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management); as well as to be able to develop a multidisciplinary work.
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- C1 1.1. Understand, elaborate and know how to apply the procedures, strategies, activities, resources, techniques and methods involved in the teaching-learning process with efficiency, developing the whole course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management).
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- C2 1.2 To design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or diffusion in different contexts and in all sectors of professional intervention in physical activity and sport.
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- C3 1.3. Communicate and interact appropriately and efficiently in physical activity and sports, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
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- C4 1.4. To adapt the educational intervention to the individual characteristics and needs of the entire population, with emphasis on special populations such as: schoolchildren, the elderly, people with reduced mobility and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
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- C11 3.1 Analyze, identify, diagnose, promote, guide and evaluate strategies, actions and activities that promote adherence to an active lifestyle and the participation and regular and healthy practice of physical activity and sport and physical exercise in an adequate, efficient and safe way by citizens in order to improve their overall health, well-being and quality of life, and with emphasis on special populations such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) attending to gender and diversity.
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- C12 3.2 Know how to promote, advise, design, apply and evaluate technically and scientifically appropriate and varied physical activity, physical exercise and sport programs, adapted to the needs, demands and individual and group characteristics of the entire population, with emphasis on the elderly, women and diversity, schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a physician).
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- C13 3.3 Articulate and deploy programs of promotion, guidance, coordination, supervision and technical-scientific evaluation of physical activity, physical exercise and sport for the entire population, with emphasis on populations of special character, with the presence of a professional or carried out autonomously by the citizen, in different types of spaces and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports education; physical and sports training; physical exercise for health; management of physical activity and sport) according to the possibilities and needs of citizens, with the aim of achieving their autonomy, understanding, and greater and adequate practice of physical activity and sport.
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- C18 5.2 Identify, organize, direct, plan, coordinate, implement, and perform technical-scientific evaluation of the various types of physical and sporting activities adapted to the development, characteristics and needs of individuals and the typology of the activity, space and entity, in all types of physical activity and sport services, including sporting events, and in any type of organization, population, context, environment and population and with emphasis on populations of special character such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; management of physical activity and sport) ensuring safety, efficiency and professionalism in the activity performed in compliance with current regulations.
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- C22 6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.
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- C25 7.1 To know and know how to apply ethical and deontological principles and social justice in the performance and professional involvement, as well as to have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with the aim of improvement, excellence, quality and efficiency.
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- C26 7.2 To know, elaborate and know how to apply the ethical-deontological, structural-organizational, professional performance and regulations of the professional practice of Graduates in Physical Activity and Sport Sciences, in any professional sector of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management); as well as to be able to develop a multidisciplinary work.
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- D1 1.1. Understand, elaborate and know how to apply the procedures, strategies, activities, resources, techniques and methods involved in the teaching-learning process with efficiency, developing the whole course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management).
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- D2 1.2. To design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or diffusion in different contexts and in all sectors of professional intervention in physical activity and sport.
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- D3 1.3 Communicate and interact appropriately and efficiently in physical activity and sports, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
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- D4 1.4. To adapt the educational intervention to the individual characteristics and needs of the entire population, with emphasis on special populations such as: schoolchildren, the elderly, people with reduced mobility and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
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- D11 3.1 Analyze, identify, diagnose, promote, guide and evaluate strategies, actions and activities that promote adherence to an active lifestyle and the participation and regular and healthy practice of physical activity and sport and physical exercise in an adequate, efficient and safe way by citizens in order to improve their overall health, well-being and quality of life, and with emphasis on special populations such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) attending to gender and diversity.
- D12 3.2 Know how to promote, advise, design, apply and evaluate technically and scientifically appropriate and varied physical activity, physical exercise and sport programs, adapted to the needs, demands and individual and group characteristics of the entire population, with emphasis on the elderly, women and diversity, schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a physician).
- D13 3.3 Articulate and deploy programs of promotion, guidance, coordination, supervision and technical-scientific evaluation of physical activity, physical exercise and sport for the entire population, with emphasis on populations of special character, with the presence of a professional or carried out autonomously by the citizen, in different types of spaces and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports education; physical and sports training; physical exercise for health; management of physical activity and sport) according to the possibilities and needs of citizens, with the aim of achieving their autonomy, understanding, and greater and adequate practice of physical activity and sport.
- D20 5.2 Identify, organize, direct, plan, coordinate, implement, and perform technical-scientific evaluation of the various types of physical and sporting activities adapted to the development, characteristics and needs of individuals and the typology of the activity, space and entity, in all types of physical activity and sport services, including sporting events, and in any type of organization, population, context, environment and population and with emphasis on populations of special character such as: elderly people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor) and in any sector of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; management of physical activity and sport) ensuring safety, efficiency and professionalism in the activity performed in compliance with current regulations.
- D24 6.1 To know and understand the bases of the methodology of scientific work.
- D25 6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.
- D28 7.1 To know and know how to apply ethical and deontological principles and social justice in the performance and professional involvement, as well as to have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with the aim of improvement, excellence, quality and efficiency.
- D29 7.2 To know, elaborate and know how to apply the ethical-deontological, structural-organizational, professional performance and regulations of the professional practice of Graduates in Physical Activity and Sport Sciences, in any professional sector of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; physical activity and sport management); as well as to be able to develop a multidisciplinary work.

Expected results from this subject

Expected results from this subject	Training and Learning Results		
New	B1	C1	D1
	B4	C2	D2
	B6	C3	D3
	B9	C4	D4
	B10	C11	D11
	B11	C12	D12
	B12	C13	D13
		C18	D20
		C22	D24
		C25	D25
		C26	D28
			D29
	New	B1	C1
B4		C2	D2
B6		C3	D3
B9		C4	D4
B10		C11	D11
B11		C12	D12
B12		C13	D13
		C18	D20
		C22	D24
		C25	D25
		C26	D28
			D29

Contents

Topic

(*)1. A Pedagogía da Actividade Física e o Deporte. Concepto e relacións cos diferentes ámbitos.	(*)- As Ciencias da Actividade Física e do Deporte como ámbito de coñecemento. - Pedagogía da Educación Física e do Deporte.
(*)2. Principios pedagóxicos nos procesos de ensino-aprendizaxe e na actividade física e o deporte.	(*)- Coñecementos nos que se apoia a docencia en Educación Física. - Ámbitos e contidos da Pedagogía Deportiva.
(*)3. Procesos pedagóxicos de interacción na actividade física e deportiva.	(*)- Aspectos pedagóxicos da actividade física e deportiva.
(*)4. A función docente na educación física.	(*)- Competencias docentes en Educación Física. - Modelos de ensino-aprendizaxe.
(*)5. O educando	(*)- Elementos constituíntes da educación. Concepto, finalidades e características. - Dimensións e pilares da educación. - A educación formal, non formal e informal.
(*)6. Teorías, paradigmas e correntes pedagóxicas en relación aos procesos de ensino-aprendizaxe na actividade física e o deporte.	(*)- Paradigmas do movemento humano. - Correntes pedagóxicas.
(*)7. Os estudos do currículo e a súa relación coa actividade física e o deporte.	(*)- O currículo da Educación Física. Marco legislativo. - Competencias e taxonomías.
(*)8. Interdisciplinariedade e transversalidade.	(*)- Axentes educativos. - Outros axentes educativos en contextos non formais.
(*)9. Pedagogía dos valores e a súa implicación na actividade física e deportiva.	(*)- Os valores na educación. Marco conceptual e consideracións iniciais. - A Educación Física como contexto específico na pedagogía dos valores. - Técnicas para educar en valores. A súa aplicación á Educación Física.
(*)10. Deporte e educación.	(*)- Bases pedagóxicas para unha Educación Deportiva. - Deporte e cambio social no século XXI.
(*)11. Atención á diversidade no deporte.	(*)- Atención á diversidade individual e social na Educación Física.
(*)12. Reflexión e innovación sobre o acto educativo a través da actividade física e o deporte na sociedade actual. NNTT	(*)- Aplicacións socioeducativas da actividade física e do deporte: saúde, turismo e benestar, reinserción social, actividades de tempo libre e de lecer, etc. - NNTT na actividade física e o deporte.

Planning

	Class hours	Hours outside the classroom	Total hours
Lecturing	23	42	65
Presentation	2	0	2
Mentored work	14	20	34
Seminars	2	7	9
Problem solving	5	10	15
Studies excursion	0	4	4
Introductory activities	2	1	3
Collaborative Learning	1	6	7
Research based methodologies	2	4	6
Design Thinking	1	4	5

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

	Description
Lecturing	(*)As leccións que conforman o temario desta materia serán elaboradas e presentadas de forma expositiva ao grupo clase. A docente centrará a súa intervención, preferentemente, nos aspectos nucleares de cada tema, procurando ofrecer de xeito condensado a información esencial que posibilite obter unha visión panorámica, delimitando os conceptos, as ideas e os argumentos nel implicados e relacionándoos cos outros temas da guía docente.
Presentation	(*)A exposición por parte do alumnado consiste na presentación dun traballo incluído nos contidos. O recurso principal será a linguaxe oral, aínda que tamén pode estar acompañado de texto escrito. Esta presentación expositiva permitirá extraer os puntos máis importantes dunha ampla gama de información.
Mentored work	(*)Os traballos monográficos de aula terán como cometido a iniciación á investigación. Serán realizados de xeito individual ou en pequeno grupo, mediante o uso das TICs, documentos proporcionados pola docente, entrevistas ou reunións con profesionais ... A súa finalidade consiste na aplicación práctica de diferentes aspectos que constitúen os contidos da materia.
Seminars	(*)Elaboración dun traballo, voluntario, relacionado coas actividades prácticas desta materia, en grupos e seguindo as directrices expostas na plataforma dixital Moovi.

Problem solving	(*O citado traballo final da materia será especificado pola docente ao inicio do curso, unha vez feitas as propostas de varias temáticas relacionadas coa actividade física e deportiva e despois das oportunas orientacións, fontes documentais, bibliográficas e de webgrafía.
Studies excursion	(*Realizárase unha saída de estudos relacionada coa temática da materia, que clarificará aspectos teóricos tratados na aula. Dita saída está supeditada á aprobación, por parte da Xunta de Centro e a dotación económica correspondente.
Introductory activities	(*Actividades encamiñadas a tomar contacto e transmitir información ó alumnado sobre os contidos e o desenvolvemento da materia.
Collaborative Learning	(*Traballo en pequenos grupos, mixtos e heteroxéneos, que permitan ó alumnado traballar de forma conxunta e coordinada para a consecución das tarefas académicas asignadas e afondar na aprendizaxe.
Research based methodologies	(*A través do traballo de investigación sobre unha entidade relacionada co campo de acción das persoas graduadas en CAFYD, valorar o grao de adaptación á realidade da contorna.
Design Thinking	(*Busca de solucións a problemas e retos propostos na aula, empregando a creatividade, a multidisciplinidade e o traballo en equipo.

Personalized assistance

Methodologies	Description
Lecturing	
Problem solving	
Mentored work	
Seminars	
Introductory activities	
Collaborative Learning	
Research based methodologies	
Design Thinking	

Assessment

Description	Qualification	Training and Learning Results
Lecturing	40	B1 B4 B6 B9 B10 B11 B12
Presentation	5	C1 D1 C2 D2 C3 D3 C4 D4 C11 D11 C12 D12 C13 D13 C18 D20
Mentored work	20	B1 C1 D1 B4 C2 D2 B6 C3 D3 B9 C4 D4 B10 C11 D11 B11 C12 D12 B12 C13 D13 C18 D24 C25 D25 C26 D28 D29

Seminars	(*)Avaliarase a súa realización/participación/actitude en relación á elaboración do traballo voluntario, por grupos ou a nivel individual, así como a implicación dos distintos membros na realización das tarefas a desenvolver ao longo do curso.	10	B1 B9 C1 C2 C3 C4 C11 C12 C13 C18	D1 D2 D3 D4 D11 D12 D13 D20
Problem solving	(*)Traballos sobre contidos específicos que aporten actualidade e reflexión crítica ás temáticas traballadas na aula. Estes traballos deberán ter uns requisitos de calidade académica e serán abordados pola docente ao inicio do curso.	5	B6 B10 B11 C4 C11 C12 C13 C18 C22 C25 C26	D1 D2 D3 D4 D11 D12 D13 D20 D24 D25 D28 D29
Introductory activities	(*)Non available.	0	B1 B4 B6 B9 B10 B11 B12	
Collaborative Learning	(*)Traballo monográfico, en grupos reducidos ou a nivel individual, que versará sobre aspectos relevantes da Pedagogía da Educación Física e do Deporte.	5	B1 B4 B6 B9 B10 B11 B12	C22 C26 D25 D29
Research based methodologies	(*)Traballos monográficos a modo de iniciación á investigación, en grupos reducidos ou a nivel individual, que versarán sobre aspectos relevantes da Pedagogía da Educación Física e do Deporte. Deberán ter requisitos de calidade académica e serán abordados ao inicio do cuadrimestre pola docente. Avaliarase o contido e a preparación dos materiais pertinentes que aporten calidade á materia, o formato axustado ós estándares científicos, a orixinalidade, a presentación ...	10	B1 B4 B6 B9 B10 B11 B12 C18 C22 C25 C26	D1 D2 D3 D4 D11 D12 D13 D20 D24 D25 D28 D29
Design Thinking	(*)Aplicación da creatividade e a multidisciplinarietà ós distintos traballos propostos ó longo da materia	5	B11	C26 D29

Other comments on the Evaluation

So much the qualification of the works derived of the resolution of problems, that is to say, contents *específicos (Dossier) like the qualification of the works of classroom&*nbsp; (monographic work) done in his moment during the course,&*nbsp; they will follow valid in the second announcement or extraordinary announcement.&*t/*p&*gt;

Sources of information

Basic Bibliography

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Recommendations