Universida_{de}Vigo

Subject Guide 2023 / 2024

IDENTIFYIN	G DATA			
Research m	ethodology and statistics in physical activity and	sport		
Subject	Research			
	methodology and			
	statistics in			
	physical activity			
	and sport			
Code	P02G051V01110			
Study	Grado en Ciencias			
programme	de la Actividad			
	Física y del			
	Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Basic education	1st	2nd
Teaching	Spanish			
language	Galician			
Department				
Coordinator	Iglesias Pérez, María Carmen			
Lecturers	Iglesias Pérez, María Carmen			
E-mail	mcigles@uvigo.es			
Web				
General				
description				

Training and Learning Results

Code

B9 6.1 To know and understand the bases of the methodology of scientific work.

B10 6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.

- C22 6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.
 C23 6.3 Articulate and deploy with rigor and scientific attitude the justifications on which all acts, decisions, processes,
- procedures, actions, activities, tasks, conclusions, reports and professional performance are elaborated, supported, substantiated and justified in a constant and professional way.
- D24 6.1 To know and understand the bases of the methodology of scientific work.

D25 6.2 Analyze, review and select the effect and effectiveness of the practice of methods, techniques and resources of research and scientific work methodology, in solving problems that require the use of creative and innovative ideas.

D26 6.3 Articulate and deploy with rigor and scientific attitude the justifications on which all acts, decisions, processes, procedures, actions, activities, tasks, conclusions, reports and professional performance are elaborated, supported, substantiated and justified in a constant and professional way.

Expected results from this subject				
Expected results from this subject		Training and Learning Results		
To know and understand the bases of the methodology of scientific work.	B9		D24	
To understand the scientific literature in the field of physical activity and sport, focusing on the method and results sections: identify the methodology used, explain the design, assess validity, differentiate the statistical methods used, correctly interpret the results.	B10	C22	D25	
Know, select and apply statistical methods in solving physical activity and sport problems, in particular: select samples, organize and refine data, represent and summarize variables, quantify correlations, measure association, compare groups, calculate statistical significance, assess statistical and practical significance, draw conclusions; rigorously justify the procedures used and the conclusions reached	B10	C22 C23	D25 D26	
Apply new technologies in physical activity and sports, specifically manage statistical software and Internet resources.	1	C22	D25	

Contents	
Торіс	
Part 1-Introduction to scientific research in	1.1 The scientific method of resolution of problems.
physical activity and sport. Steps and elements	s of 1.2 Parts of a paper and a tesis.
the research process	 1.3 Types of research: analytical, descriptive, experimental, qualitative. 1.4 Reliability and validity.
Part 2-Data analysis and applied statistics.	 Lesson 2: An introduction to Statistics. One dimensional descriptive statistics. 2.1 Statistics and scientific research. 2.2 Basic concepts: population, sample, variables. 2.3 Tabulated and graphical description. 2.4 Measures of central tendency, spread, skewness, and kurtosis. Lesson 3. Two dimensional descriptive statistics. 3.1 Qualitative data analysis: contingency tables, graphical description and dependency measures. 3.2 Box-plot diagram of a variable recorded by groups. Comparison of mean and variance. 3.3 Covariance and linear correlation. 3.4 Simple linear regression model. Lesson 4: Introduction to Statistical Inference and probability models. 4.1. Introduction to Statistical inference. 4.2. Probability: basic concepts. 4.3. The normal distribution. Applications. 4.4. Point estimation. The sample mean. 4.5. Calculation of the sample size. 4.6. Confidence intervals for mean and proportion Lesson 5. Testing of Hypothesis. 5.1 Definition and classical methodology of testing: types of hypothesis, associated errors, significance level, critical region. 5.2 p-value. 5.3 Statement of hypotheses and interpretation of the main tests: normality tests, chi-square test of independence, t-test for comparison of means.
Part 3- Information and communication technologies applied to data analysis	Lesson 6: Analysis of real data with Calc and R Commander. 6.1 One-dimensional descriptive analysis. 6.2 Two-dimensional descriptive analysis. 6.3 Hypothesis Testing and Confidence Intervals.

Planning				
	Class hours	Hours outside the classroom	Total hours	
Lecturing	11.25	11.25	22.5	
Problem solving	11.25	11.25	22.5	
Practices through ICT	26	12	38	
Mentored work	1	20	21	
Objective questions exam	2	15	17	
Presentation	2	4	6	
*The information in the planning table i	a far auidanaa anlu and daac na	t take into account the het	are gone its of the students	

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
	Description
Lecturing	Professor explanation on theoretical concepts, that will have to study out of class. At the beginning of each lesson, students will be provided with material for a better comprehension of the class.
Problem solving	Resolution of exercises and activities proposed by the professor in a bulletin associated with each topic to reinforce the concepts of the master class.
Practices through ICT	Statistical software will be used for the analysis of data, mainly EXCEL, CALC and R Commander. With regard to Lesson 1, the practices will be focused on the analysis of research papers: type, schedule, hypothesis, methodologies, results and conclusions.
entored work The students will make a work of analysis of data focused in the application and inter the statistical concepts and models of the matter. The work will be carried out in a team group and a presentation will be made.	

Personalized assistance

Methodologies Description

Mentored work Any questions will be resolved in the usual tutorials. Tutoring can be telematic by appointment. In the tutorials you can consult doubts about the team work or any part of the subject.

Assessment					
	Description	Qualification	Training and Learning Results		
Practices through ICT	Two test (20%- 20%) about resolution/ interpretation of practical problems of statistical data analysis with software.	40	B10	C22 C23	D25
Objective questions exam	Test with objective questions and problems about concepts and models exposed and discussed in theoretical sessions.	40	B9 B10	C22 C23	D24 D25
Presentation	Evaluation of the team work. The content of the work and the presentation will be taken into account.	20	B9 B10	C22 C23	D24 D25 D26

Other comments on the Evaluation

Students can choose between a system of continuous assessment or a global assessment. Continuous assessment is recommended.

CONTINUOUS ASSESSMENT

-First call:

Continuous evaluation consists of the following activities:

One test about concepts and problems studied in theoretical classes, two test with the computer and a group work with presentation.

In the 3 test a minimum grade of 4 (over 10) will be necessary to calculate the final average.

If a student does not work systematically in group activities, he or she may be expelled from the group.

There will also be theory self-assessment activities (optional).

-Second call:

The same structure of exams will be repeated as during the course, so that each student may retrieve the part that corresponds to him/her.

GLOBAL ASSESSMENT::

It consists of a final theory exam (50%) and a final computer exam (50%). In each of the 2 exams, a minimum grade of 5 (over 10) will be necessary to calculate the final average. Passed parts are not saved between first and second call.

Both in the continuous and global assessment, passed exams or parts of the subject are not saved from one course to another.

Sources of information Basic Bibliography Barriopedro, M.I. y Muniesa, C., Análisis de datos en las Ciencias de la Actividad Física y del Deporte, Pirámide, 2012 Thomas, J.R. y Nelson, J.K., Métodos de investigación en actividad física, Paidotribo, 2007 Gómez Ruano, M. A. y Lago Peñas, C., Cómo ayudar a tomar decisiones en el fútbol a partir del análisis de datos, Great Britain: los autores, 2018 Complementary Bibliography Ortega,E. et al., Manual de estadística aplicada a las ciencias de la actividad física y el deporte, Murcia: DM, 2009 Sánchez Zuriaga, D., Estadística aplicada a la fisioterapia, las ciencias del deporte y la biomecánica, Madrid:CEU, 2011

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Cao, R, et al., Introducción a la estadística y sus aplicaciones, Pirámide, 2001

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Namakforoosh, M., Metodología de la investigación, Limusa, 2002

Carlberg, C.G., Análisis estadístico con Excel, Madrid: Anaya Multimedia, 2012

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Recommendations