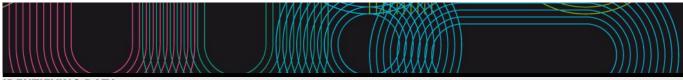
Universida_{de}Vigo

Subject Guide 2022 / 2023



IDENTIFYING DATA

((*)Exercicio terapéutico en p	pacientes oncolóxicos e/ou sobreviventes de cancro
	()=xc:c:cio tc:apcatico cii p	pacientes oncoloxicos e/oa sobietitentes ae cancio

Subject (*)Exercicio terapéutico en pacientes oncolóxicos e/ou

sobreviventes de

cancro

Code P05M191V01201

Study Máster

programme Universitario en

Ejercicio terapéutico en fisioterapia

Descriptors ECTS Credits Choose Year Quadmester
3 Mandatory 1st 2nd

Teaching Spanish

language Department

Coordinator Abalo Núñez, María del Rocío

Lecturers Gómez Nicolás, Marta E-mail rocioabalo@uvigo.es

Web

General Subject oriented to the therapeutic exercise in patients oncological or patients that surpassed the illness. description

Skills

Code

- A2 That the students know how to apply the knowledge acquired and their ability to solve problems in new or little-known environments within broader (or multidisciplinary) contexts related to their area of study.
- A4 That the students know how to communicate their conclusions [and the knowledge and ultimate reasons that support them] to specialized and non-specialized audiences in a clear and unambiguous way.
- B1 Know how to work in teams that are structured in a uni or multidisciplinary and interdisciplinary way as a professional specialized in Therapeutic Exercise in Physiotherapy.
- B2 Incorporate the ethical and legal principles of the physiotherapist profession into professional practice, as well as integrate social and community aspects in decision-making in interventions focused on Therapeutic Exercise in Physiotherapy.
- B3 Transmit information in a clear way to the users of the health system, as well as with other professionals.
- C4 Analyze, program and apply movement as a therapeutic measure, promoting the participation of the patient/user in the process.
- Ability to solve problems in new and imprecisely defined environments to identify the most appropriate treatment based on therapeutic exercise in the different processes of alteration, prevention and health promotion, as well as integration with other professionals for the benefit of health of the patient/user.
- C11 Adapt therapeutic exercise sessions based on the characteristics of the patient, the pathology and the environment.
- C12 Apply a protocol for measuring the functional capacity of patients based on their characteristics, as well as the pathology in the different areas of specialization.
- D1 Ability to understand the meaning and application of the gender perspective in the different fields of knowledge and in professional practice with the aim of achieving a fairer and more equal society.
- D6 Creativity, entrepreneurial spirit and adaptation to new situations.
- D8 Maintain an attitude of learning and improvement.

Learning outcomes	
Expected results from this subject	Training and
	Learning Results

Be able to value the functional capacity of a patient with process oncological that goes to receive	A2
treatment based in therapeutic exercise.	B3
	C12
	D1
	D8
Design and apply programs of therapeutic exercise in different pictures oncological	A4
	B1
	B2
	C4
	C6
	C11
	D6

Contents		
Topic		
Physiotherapy in the processes oncological	Classification of the cancer	
	Treatment of the cancer	
	New aproach in physiotherapy	
Therapeutic exercise in the patient oncological	Functional assessment	
	Design of programs of therapeutic exercise	
Indications of the exercise in processes	-	
oncological		
Contraindications of the exercise in processes	-	
oncological		

Planning			
	Class hours	Hours outside the classroom	Total hours
Introductory activities	1	0	1
Lecturing	10	24	34
Laboratory practical	10	11	21
Mentored work	1	14	15
Systematic observation	2	0	2
Case studies	1	0	1
Simulation or Role Playing	1	0	1

^{*}The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
	Description
Introductory activities	Activity directed the presentation of the matter as well as gather information of the students
Lecturing	Exhibition of the contents by part of the/the educational. Theoretical classes-participatory where
	boost the active participation of the students by means of debates and studies of case.
Laboratory practical	Demonstration by part of the teacher of the technicians that the students will make by couples with
	the supervision of the/the educational.
Mentored work	Realisation work based in clinical cases that will propose the educational

Personalized assistance		
Methodologies	Description	
Introductory activities	The personalised attention will be centred in the resolution of doubts that can have the students in relation to organisation of the subject	
Lecturing	The personalised attention will be centred in the resolution of doubts that can have the students in relation with the subject through tutorship face-to-face, email and/or remote campus.	
Laboratory practical	The personalised attention will be centred in the resolution of doubts that can have the students in relation to the practical contents of collective or/individual way of face-to-face way or through the remote campus	
Mentored work	The personalised attention will be centred in the resolution of doubts that can have the students in relation with the work through tutorship face-to-face, email and/or remote campus.	

Assessment	
Description	Qualification Training and Learning
	Results

Systematic observation	The students will be valued during the session by his participation in the activities of the theoretical and practical classes	10	A4	В3	C6 C12	D1 D6
Case studies	The students will have to give solution to the cases that propose him by the lecturs	40	A2 A4	B1 B2	C4 C11 C12	D1 D6 D8
Simulation or Role Playing	The students will have to carry out a session to a oncological patient or cancer survivor	50	A4	В3	C4 C6 C11 C12	D6

Other comments on the Evaluation

Sources of information

Basic Bibliography

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Complementary Bibliography

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Recommendations