



## IDENTIFYING DATA

### Geriatric nursing and palliative care

Subject	Geriatric nursing and palliative care			
Code	V53G140V01304			
Study programme	(*)Grao en Enfermaría			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Mandatory	3rd	2nd
Teaching language	Spanish Galician			
Department				
Coordinator	Mosquera Losada, María Elena			
Lecturers	Aguas Suárez, María Concepción Mosquera Losada, María Elena Pérez Martín, Javier			
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Web	<a href="http://www.cepovisa.com">http://www.cepovisa.com</a>			
General description	The subject of "Geriatric Infirmary and palliative cares" treats to provide to the student the knowledge of the modifications that produce in the individual with the age, since aspects no alone *bio-physiological and functional but also partner-economic that have in this group of population a signification of sum importance and transcendence, treats equally of the taken care that owe to mete out to the elderly healthy and ill, as well as of the suitable attitude when meting out the *devanditos cares. Also *engloba the palliative cares since the personal perspective, social and familiar and boarding the cares that mete out in the *devandita situation.			

This subject imparts in the third course of the Degree of Infirmary, and is a subject \*cuatrimestral.

## Competencies

Code	
A1	Students have demonstrated knowledge and understanding in an area of study that comes from the basis of the general secondary education, and it is often found at a level that, if well supported on advanced text books, it also includes some aspects that involve knowledge from the forefront of their field of study.
A2	Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.
A3	Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.
A4	Students will be able to convey information, ideas, problems and solutions to specialist and non-specialist audiences
A5	Students have developed those skills needed to undertake further studies with a high degree of autonomy.
B1	To be able, in the field of nursing, to provide a professional and technical health care, appropriate to the health needs of people they assist, in accordance with the state of development of the scientific knowledge of each moment and with the quality and safety levels established in the legal and ethical applicable standards.
B2	To know how to plan and provide nursing care to individuals, families or groups, aimed at health results, evaluating their impact through clinical and care practice guidelines, that describe the processes by which a health problem is diagnosed, treated and looked for.
B3	To know how to apply the foundations and technical and methodological principles of nursing.
B5	To design care systems conducted to individuals, families or groups, assessing its impact and making the necessary modifications.
B6	To apply the nursing interventions on scientific evidence and on the available resources.
B7	To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy
B9	To promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.
B11	To know how to establish effective communication with patients, families, social groups and colleagues. To promote training and information for health.
B14	To establish mechanics of evaluation, taking into account the scientific, technical and quality aspects

B15	To be able to work with a professional team as the basic unit in which professionals are structured in uni or multidisciplinary and interdisciplinary way and the rest staff of the welfare organizations.
B18	To apply strategies for means of comfort and care for symptoms, directed to the patient and family, in the implementation of palliative care that contributes to alleviating the situation of patients in advanced or terminal disease situations.
C8	To apply the technologies and information systems and communication of health care
C41	To understand changes associated with the aging process and its impact on health.
C42	To identify structural, functional, psychological and life forms changes, associated with the aging process
C43	To know the most common health problems in elderly.
C44	To select care interventions aimed to treat or prevent health problems and its adjustment to everyday life by proximity and support resources to elderly.
C49	To provide care, guaranteeing the right to dignity, privacy, confidentiality and problem-solving ability of the patient and family.
C52	To know palliative care and pain control to provide care that soothe the situation of patients in advanced or terminal illness situation.
D1	Analysis and synthesis ability
D2	Organization and planning ability
D3	Information management ability.
D4	Problem solving and decision making.
D5	Multidisciplinary and multilingual teamwork
D6	Skills in interpersonal relationships
D7	Critical reasoning.
D8	Autonomous learning.
D9	Adaptation to new situations. Initiative and entrepreneurial spirit. Creativity
D10	Motivation for the quality.
D11	Sensitivity towards environmental issues.

### Learning outcomes

Expected results from this subject	Training and Learning Results			
Know apply the general aspects of the process of the aging in the his context partner-sanitary.	A1	B3	C8	D1
	A2	B5	C41	D2
	A3	B6	C42	D3
	A4	B7	C43	D4
	A5	B9		D5
		B11		D6
		B14		D7
				D8
				D9
				D10
				D11
Realize cares taking into account the modifications morphologic, funtional, psychological and social of the aging.	A1	B1	C8	D1
	A2	B2	C44	D2
	A3	B3	C49	D3
	A4	B5	C52	D4
	A5	B6		D5
		B7		D6
		B9		D7
		B11		D8
		B14		D9
		B15		D10
		B18		D11

### Contents

Topic	
SUBJECT 1: The AGING: CONCEPTUAL FRAME. GENERAL ASPECTS OF The AGING	1.1: CONCEPT OF OLD AGE 1.3: CONCEPTS KEYS IN The OLD AGE 1.4: AGING OF The POPULATIONS 1.5: PROBLEMATIC OF The AGING 1.6: HEALTHFUL AGING And ACTIVE AGING
SUBJECT 2: GERONTOLOGY NURSING	2.1: GERIATRIC And GERONTOLOGY 2.2: FUNCTIONS OF The NURSE XERONTOLOXIA 2.3: CARES SPECIFIC OF The NURSE XERONTOLOXIA IN RELATION WITH The NEEDS DOS USERS (MODEL VIRGINIA HENDERSON)

SUBJECT 3: The CONTEXT PARTNER-SANITARY OF The ELDERLY POPULATION	3.1: PLAN GERONTOLOGY 3.2: CONCEPT KEYS OF The DEPENDENCY 3.3 RECURSOS ASISTENCIAIS 3.4: LAW OF The DEPENDENCY
SUBJECT 4: LEVELS ASISTENCIAIS	4.1: CONCEPT OF LEVEL HEALTHCARE 4.2 RANKING OF LEVELS HEALTHCARE 4.3: FUNCTIONS OF The NURSING XERONTOLOGICA US DISTINCT LEVELS ASISTENCIAIS 4.5 ORGANISATION DOS CARES OF ENFERMERIA INSIDE The INSTITUTIONS PARTNERMEDICS.
SUBJECT 5: TEORITHEM OF The AGING	5.1: CONCEPT OF AGING 5.2 TYPES OF RANKINGS OF The TEORITHEM OF AGING 5.3 TEORITHEM OF The AGING
SUBJECT 6: MODIFICATIONS MORPHOLOGIC, FUNTIONAL, PSICOLOGICAL AND SOCIAL OF THE AGING.	6.1: CHARACTERISGENERAL TICAS OF The PRESENTATION OF ILLNESSES IN The ELDERLY PATIENT 6.2: CHANGES FISICTHEM IN The AGING And PRESENTATIONS ATIPICAS OF The ILLNESSES BY DEVICES 6.3 CHANGES PSICOQUICO*S And SOCIAL IN The AGING 6.4: CHARACTERISGENERAL TICAS OF The PRESENTATION OF ILLNESSES IN The ELDERLY PATIENT 6.5 TERAPEUTICThe FARMACOLOGICA IN The ELDERLY PATIENT
SUBJECT 7: The ILL SENIOR PERSON. COMPREHENSIVE ASSESSMENT	7.1: ASSESSMENTXERIATRICA 7.2: INSTRUMENTS OR SCALES OF ASSESSMENT 7.3: ASSESSMENTOF The HEALTH FISICThe 7.4: ASSESSMENTOF The FUNCTIONAL CAPACITY 7.5: ASSESSMENTOF The MENTAL HEALTH 7.6: ASSESSMENTACION 7.7.:ATTACHMENTS(SCALES)
SUBJECT 8: THE FRAGILE ELDERLY	8.1 TYPES OF PATIENTS IN GERIATRIC 8.2 The FRAGILE ELDERLY. APPROACH
SUBJECT 9: BIG GERIATRICO SYNDROMES	9.1: CONCEPT OF SD GERIATRICO 9.2: RANKING GERIATRICO SYNDROMES 9.3: GERIATRICO SYNDROMES
SUBJECT 10: PALLIATIVE CARES	10.1 SUPPORT SOCIALPSICO To The FAMILY 10.2 ATTENTION IN The ULTIMThe DAYS. AGOGINIA 10.3 PALLIATIVE SEDATION 10.4 DUEL DEFINITION, PHASES And DEMONSTRATIONS

### Planning

	Class hours	Hours outside the classroom	Total hours
Troubleshooting and / or exercises	8	20	28
Case studies / analysis of situations	10	20	30
Tutored works	8	2	10
Forum Index	0	10	10
Proceedings	3	0	3
Seminars	3	0	3
Master Session	22	42	64
Multiple choice tests	0.5	0	0.5
Short answer tests	1	0	1
Troubleshooting and / or exercises	0.5	0	0.5

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

### Methodologies

	Description
Troubleshooting and / or exercises	Activity in the that formulate problems and/or exercises related with the subject. The student owes to develop the suitable or correct solutions by means of it practice of routines, the application of formulas or algorithms, the application of procedures of transformation of the available information and the interpretation of the resulted. It usually employ how supplement of the lesson masterly.
Case studies / analysis of situations	Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, reflect, complete knowledges, diagnosed and trained in alternative procedures of solution.

Tutored works	The student, of individual way or in group, elaborates a document envelope to thematic of the subject or prepares seminars, investigations, memories, essays, summaries of readings, conferences, etc. Generally it treats of an autonomous activity of the student that includes the research and collected of information, reading and handle of bibliography, editorial... Student that includes the research and collected of information, reading and handle of bibliography, editorial...
Forum Index	Forums in the that It is proposed the student that think on different concepts of the subject. And in the that the students deepen owes reflexions and think of assertive form envelope the vision of the rest of the mates.
Proceedings	Activities group, in the that the students expose the their ideas and argues them envelope a subject related that subject. Of the same form listen other ideas and argues so as to have different view and therefore it enrich his field of knowledges. The debate will be moderate pole professor to guide and drive the debate inside the field professional.
Seminars	Exhibition by part of the professor of one fear related with the subject and that supplements and enriches the knowledge of the students in relation with the field of the Geriatric Nursing.
Master Session	Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student.

### Personalized attention

Methodologies	Description
Troubleshooting and / or exercises	The student will owe to resolve exercises proposed that they remitted by mail electronic and that will serve even to keep a discussion *có @docente no that *reflexionará on concepts keys of this *asignatura. Also it will owe to calculate extracting data of the different INE *indices *y *tasas related with the aging in Spain
Case studies / analysis of situations	The student owed to resolve different cases proposed pole professor in group and of individual form related that subjects (determine the cares *más suitable in different clinical situations that manifests in *Xeriatria, know apply scales of *valotrcion of the AVD and envelope the Cognitive state etc)
Tutored works	The student *desenrolará in the kind in group being *tutorizará teaching pole, diverse exercises on active aging, organisation of the taken care in of geriatric centres, etc.
Forum Index	They will establish different forums of discussion, on important concepts in *xeriatria *incluido the field of the taken care palliative

### Assessment

	Description	Qualification	Training and Learning Results			
Troubleshooting and / or exercises	Proof in which the student has to solve a series of problems and/or exercises in a time/condition established/the by the professor. Of this way, the student has to apply the knowledges that purchased.	11	A1 A5	B3 B14	C42 C43	D2 D3 D4 D8 D10
Case studies / analysis of situations	Proof in which it presents a situation or problematic already given or that it can give, splitting of the different factors *involucrados, the analysis of the antecedents, conditions, of the situation, etc.	15	A1 A2 A3 A4 A5	B1 B2 B3 B5 B6	C8 C41 C42 C43	D1 D3 D4 D7 D8 D9 D10
Tutored works	The student presents the result obtained in the preparation of a document on the thematic of the matter, in the preparation of seminars, investigations, memories, essays, summaries of readings, conferences, etc. Can carry out of individual way or in group, of oral form or writing	5	A1 A2 A3 A4 A5	B2 B3 B5 B6 B7	C8 C41 C42	D1 D2 D3 D4 D5
Multiple choice tests	Proofs for evaluation of the competitions purchased that include enclosed questions with different alternative of answer (true/false, multiple election, *emparejamiento of elements...). The students select an answer between a number limited of possibilities.	5	A1 A3 A5	B7 B9 B14 B15	C41 C42 C43	D1 D8

Short answer tests	Proofs for evaluation of the competitions purchased that include direct questions on a concrete appearance. The students have to answer of direct and brief way in base to the knowledges that have on the matter.	64	A1 B1 C8 D1 A2 B2 C41 D2 A3 B3 C42 D3 A4 B5 C43 D4 A5 B6 C44 D5 B7 C49 D6 B9 C52 D7 B11 D8 B14 D9 B15 D10 B18 D11
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### Other comments on the Evaluation

\*DIA EXAMINATION: WENESDAY 23 MAY 11:00 ( 2 HOURS )

EVALUATION JULY IT WILL HAVE THE SAME FACTORYS THAT THE ONE OF MAY, DATE OF EXAMINATION - THURSDAY 28 JUNE 12:00

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### Sources of information

#### Basic Bibliography

#### Complementary Bibliography

M.E. MOSQUERA LOSADA; J.PEREZ MARTIN, **MANUAL DE ENFERMERIA GERIATRICA**, 8, 2018

Gil Gregorio, López Trigo. Sociedad Española de Geriatria y Gerontología, **Manual de buena práctica en cuidados a las Personas Mayores.**, 2, IMC, 2015

GLORIA PEREZ SERRANO, **INTERVENCION Y DESARROLLO INTEGRAL EN PERSONAS MAYORES**, ED. UNIVERSITAS, SA, 2013

MARGARET ECKMAN, **ENFERMERIA GERIATRICA.**, 2, Manual moderno, 2012

C. CANTERO MOLLINEDO; V. CANDIÑANOS MARCO-GARDOQUI; L CARRILLO IZQUIERDO; J. ARRETXE ZAMAKONA; N. LE, **Protocolos de actuación. Residencias de personas mayores Servicio Foral Residencial**, 1, Diputacion Floral de Navarra, 2011

SOCIEDAD ESPAÑOLA DE GERIATRIA Y GERONTOLOGIA, **MANUAL DEL RESIDENTE EN GERIATRIA**, 1, Ene Life Publicidad S.A. y Editores, 2011

LOURDES BERMEJO GARCIA, **ENVEJECIMIENTO ACTIVO Y ACTIVIDADES SOCIOEDUCATIVAS CON PERSONAS MAYORES: GUIA DE BUENAS PRACTICA**, 1, Editorial Panamericana, 2010

ELENA MUÑOZ MARRON, **ESTIMULACION COGNITIVA Y REABILITACION NEUROPSICOLOGICA**, 1, UOC (UNIVERSITAT OBERTA DE CATALUNYA), 2009

Aut.: Kaplan, Jauregui, Rubil. Edimed, **Grandes Síndromes Geriátricos.**, 1, Ediciones médicas SRL., 2009.

HUEROS IGLESIAS A., **CEAFA ATENDER A UNA PERSONA CON ALZHEIMER**, 1, ONA IDUSTRIA GRAFICA, 2008

SENPE - SEGG, **VALORACION NUTRICIONAL EN EL ANCIANO**, 1, GALENICAS-NIGRA TREA, 2007

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XUNTA DE GALICIA, **VIDA E LIBERDADE: O DEREITO A UNA MORTE DIGNA**, CONSELLERIA DE PRESIDENCIA, 2006

Millán Calenti., **Principios de Geriatria y Gerontología**, 1, Mc GRAW HILL Interamericana, 2006

J. HERRERA CARRANZA; J.C. MONTERO TORREJON, **ATENCION FARMACEUTICA EN GERIATRIA**, 1, S.A. ELSEVIER ESPAÑA, 2005

Gilberto Pardo Andreu, **CONSIDERACIONES GENERALES SOBRE ALGUNAS DE LAS TEORÍAS DEL ENVEJECIMIENTO**, Rev Cubana Invest Biomed 2003;22(1):58-57, 2003

JOAN SUBIRATS, **LA VEJEZ COMO OPORTUNIDAD**, 1, INSERSO, 1992

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### Recommendations

#### Subjects that continue the syllabus

Clinical practice 4/V53G140V01405

Clinical practice 5/V53G140V01406

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#### Subjects that are recommended to be taken simultaneously

Clinical nursing 3/V53G140V01301

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#### Subjects that it is recommended to have taken before

Human anatomy: Human anatomy/V53G140V01101

Community nursing 1/V53G140V01104

Clinical nursing 1/V53G140V01204

Clinical nursing 2/V53G140V01205

Community nursing 2/V53G140V01206  
Clinical practice 1/V53G140V01208  
Clinical practice 2/V53G140V01303  
Clinical practice 3/V53G140V01306

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