



IDENTIFYING DATA

Psychology: Psychology

Subject	Psychology: Psychology			
Code	V53G140V01102			
Study programme	(*)Grao en Enfermaría			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	9	Basic education	1st	1st
Teaching language	Spanish Galician			
Department				
Coordinator	Suárez González, Vicente			
Lecturers	Suárez González, Vicente			
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General description	It treated of a theoretical subject practises with active participation of the students through individual and collective works. They do groups of work, exhibitions in kind, individual works and kinds *maxistrais of the professor. *Tratanse Subjects related with *emocions, learning, vital stages, *saude, illness, support *psicoloxico, therapies and especially intended to sensitize to it *estudiante that his paper how professional of *enfermaria go but far that the fulfilment of protocols, in *psicoloxia treat that each *estudiante *sea expert of the his cognitive resources and *psicoloxicos to help and helped.			

Competencies

Code	
A2	Students know how to apply their knowledge to their work or vocation in a professional manner and have the skills that are often demonstrated through the preparation and defense of arguments and the resolution of problems within their area of study.
A3	Students have the capacity to collect and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant topics of social, scientific or ethical nature.
B4	To be able to understand the interactive behaviour of a person on the basis of gender, group or community within his social and multicultural context.
B7	To know how to understand, without prejudice, people, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their views, beliefs and values, besides ensuring the right to privacy, through professional confidentiality and secrecy
C14	To know and to identify the psychological and physical problems derived from the violence of genre to qualify students in the prevention, the precocious detection, assistance, and rehabilitation of victims of this violence.
C50	To personalise care considering age, gender, cultural differences, ethnic group, beliefs and values.
D1	Analysis and synthesis ability
D3	Information management ability.
D7	Critical reasoning.

Learning outcomes

Expected results from this subject	Training and Learning Results		
Know understand the psychological bases classics and the *suas *relacions that *enfermaria.	B4 B7	C14	D1 D3 D7
Be able to apply the scientific thought the life *cotidia and labour.	A2 A3	C50	D1 D3 D7

Contents

Topic

*Descripción And conceptual frame of the infirmary *psicosocial. Attitudes and basic knowledges stop a felicitous therapeutic relation	Main schools of psychology. The *psicología in the *entorno of the infirmary. *Multiculturalidad And approach of *saude - *enfermedade. Emotion, types, models. Emotional intelligence. *Autoconocimiento. *Enseñanza *y Education *al patient. Concept of relation *terapeutica, aim, phases, objectives. Cognitive therapy. *Gestalt. Therapy of *Conducta. *Psicoanálise. Emotional implication of the personal of infirmary and prevention of the negative consequences for it *sua *saude. Techniques of relaxation. Progressive relaxation of Jacobson. Method of *Schultz. *Cuidados To the *cuidador. *Burnout.
Phases in the *desarrollo evolutionary	Basic concepts in evolutionary psychology. Main authors. Stages in the childhood. Adolescence risks. Disorders of the #feeding. Adolescence and other *alteraciones. Age adult. *Estrés, depression and other pathologies associated the distinct phases of the *desarrollo evolutionary.
Psychological aspects of the user in them *cuidados of *saude.	The illness is his impact in the life of the *persona. Mental representation of the illness. Chronic and acute illness. Anxiety, *emociones, corporal image, fear to death. Strategies of *enfrentamiento. Paper of infirmary in the correct approach it the patient. Hospitalization is his psychological impact. The hospital how threatening @escenario. Terminal patient, *oncológico, childish, *quirúrgico etc. Characteristics that define them and way to board them.
Identification of #phenomenon *psicosociais.	*Principales #Phenomenon *psicosociais that appear in the social interaction :perception of *personas, attitudes, stereotypes, *presión of group, ideology, culture, expectations, *sexismo, *xenofobia, racism, power.
I handle of problems related with the violence of gender.	Cases of abuse, harass, violence of gender, familiar violence. Emotional implication of the personal of infirmary and prevention of the negative consequences for it *sua *saude. Protocol of performance
Identify basic skills of effective communication	Concept of communication. Elements. Styles. Social skills. The communication with the patient. Protocol of *Buckman. Communication with the difficult patient. Questionnaires and proofs for *autoconocimiento in competition of communication. *Estrés And communication.
Phases of him *desarrollo human from him point of view *psicosocial.	Basic concepts: Unit *biopsicosocial, culture, integration, family, *desarrollo. Authors that pose developmental stages: *Erikson, *Vigotsky, *Piaget, Freud, *Bandura... Paper of infirmary.

Planning

	Class hours	Hours outside the classroom	Total hours
Introductory activities	2	0	2
Master Session	29	29	58
Group tutoring	6	24	30
Case studies / analysis of situations	7	21	28
Tutored works	8	24	32
Presentations / exhibitions	16	48	64
Long answer tests and development	3	0	3
Jobs and projects	4	4	8

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

	Description
Introductory activities	Activities *encaminadas to take contact and gather information envelope the students, as well as to present the subject
Master Session	Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student
Group tutoring	Glimpsed that the student keeps with the teaching staff of the subject for *asesoramiento/development of activities of the subject and of the process of learning.
Case studies / analysis of situations	Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, *reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution
Tutored works	The student, of individual way or in group, elaborates a document envelope to thematic of the subject or prepares seminars, investigations, memories, essays, summaries of readings, conferences, etc. Generally it treats of an autonomous activity of the/*s student/*s that includes the research and collected of information, reading and handle of bibliography, editorial...

Presentations / exhibitions Exhibition by part of the students in front of it teaching and/or a group of students of one fear on contents of the subject or of the resulted of one work, exercise, project... Can be carried out of individual way or in group.

Personalized attention

Methodologies	Description
Group tutoring	Interviews held with the student teachers of the subject for advice / development activities of the course and the learning process.
Presentations / exhibitions	Exhibition by the students to the teacher and / or a group of students of a subject matter or content of the results of a job, exercise, project ... It can be done individually or in groups.

Assessment

	Description	Qualification	Training and Learning Results		
Presentations / exhibitions	Exhibition by part of the students in front of it teaching and/or a group of students of one fear on contents of the subject or of the resulted of one work, exercise, project... Can be carried out of individual way or in group	10	A2	C14	D3
Long answer tests and development	The student will owe to answer to exercises in the that *aportará a wide vision of the subject requested, in a time determined, relating concepts, *extrapolando applications, etc	50	A2	C14 C50	D1 D3
Jobs and projects	The student presents the result obtained in the manufacture of one document envelope to thematic of the subject, in the preparation of seminars, investigations, memories, essays, summaries of readings, conferences, etc. Can be carried out of individual way or in group, of oral form or writing	40	A2 A3	C50	D3

Other comments on the Evaluation

In the second announcement those students that #do not did *presentacion/exhibition of the his work to note of the work and project will be of 30%, being of 70% the note of the *examen.

Sources of information

Basic Bibliography

Amigo Vázquez I. y otros, **Manual de Psicología de la Salud**, Pirámide, 2003

Morrison V., Bennett P., **Psicología de la salud**, Pearson Prentice Hall, 2008

Complementary Bibliography

Morris C.G. y Maisto A.A., **Psicología**, Pearson, 2005

Nieto Munuera J., Abad Mateo M.A., Eteban Albert M. y Tejerina Arreal, **Psicología para Ciencias de la Salud**, Síntesis, 2004

Colegio Oficial de Psicólogos, **www.cop.es**,

Fornés, J; Gómez Salgado, J., **Factores mediadores en la Salud Mental. Enfermería**, Colección Linés, 2008

Párraga Sánchez, J. M., **Programa IRIS: Intervención Psicológica para reducir**, Editorial Editorial Académica Española, (2012)

Párraga Sánchez, J. M., **De lo Psicosocial a lo Humano: Manual para**, Editorial Editorial Académica Española, (2012)

Sociedad Española para el Estudios de la Ansiedad y Estres, **www.ansiedadystres.org/**,

Psicologia-online, **www.psicologia-online.com**,

Inteligencia emocional, **www.inteligencia-emocional.org**,

Recommendations

Subjects that continue the syllabus

Mental health nursing/V53G140V01305

Geriatric nursing and palliative care/V53G140V01304

Subjects that are recommended to be taken simultaneously

Biochemistry: Biochemistry/V53G140V01103

Physiology: Physiology/V53G140V01105