



IDENTIFYING DATA

Mental health nursing

Subject	Mental health nursing			
Code	V53G140V01305			
Study programme	(*)Grao en Enfermaría			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Mandatory	3rd	2nd
Teaching language	Spanish Galician			
Department				
Coordinator	Vallejo Curto, María del Carmen			
Lecturers	Iglesias Víctor, María Laura Vallejo Curto, María del Carmen			
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General description	<p>The *asignatura of infirmery in mental health pretends to endow to the students of the necessary tools that allow them warn, recognise, treat and handle the symptomatology of the mental illnesses, loaning a technical and professional attention chord to the needs of health of the population attended and taking into account the technical advances and current scientists.</p> <p>It will learn to realise plans of taken care nurses using the taxonomy NANDA basing us in the functional patterns of *Marjory Gordon, allocated to the people with mental illness and his surroundings.</p> <p>Besides they will treat the legal and deontological appearances related with the mental health.</p>			

Competencies

Code	
C10	To identify the psychosocial answers of people facing the different situations of health (in particular, the illness and the suffering), selecting the correct actions to provide help in these.
C12	To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of its worries and interests.
C24	To identify and analyze the influence of internal and external factors in the level of health of individual and groups.
C31	To perform the techniques and procedures of nursing care, establishing a therapeutic relationship with patients and families.
C32	To select interventions to treat or prevent deviations from health-related problems.
C51	To know the most relevant mental health problems at different stages of vital cycle, providing comprehensive and effective care in the field of nursing.

Learning outcomes

Expected results from this subject	Training and Learning Results
Know the classification, clinical and treatment of the distinct mental disorders and the cares of infirmery associated to them.	C10
	C12
	C24
	C31
	C32
	C51

Contents

Topic

Introduction to the mental health.	SUBJECT 1. History of the psychiatry. SUBJECT 2. Concept of mental health. Explanatory models of the enfermar in Psychiatry. SUBJECT 3. Infirmary of Mental and psychiatric Health: evolution along the history. Current situation. SUBJECT 4. Net asistencial and paper of the infirmary us distinct devices. SUBJECT 5. The interview in psychiatry. SUBJECT 6. Rankings of the psychiatric illnesses. SUBJECT 7. Psychiatric assessment of infirmary. Registers.
Communication and therapeutic relation.	SUBJECT 8. The therapeutic communication. Bases of the relation with the patient
Terapias interactivas	TEMA 9. Tratamientos biológicos en psiquiatría: farmacología, TEC. TEMA 10. Tratamientos psicológicos TEMA 11. Actuación de enfermería en los distintos tratamientos.
**Psicopatología	SUBJECT 11. The exploration *psicopatológica SUBJECT 12. Organic mental disorders SUBJECT 13. Disorders by abuse of substances FEAR 14. *Esquizofrenia And other disorders **psicóticos SUBJECT 15. Disorders of the state of spirit FEAR 16. Disorders of anxiety FEAR 17. Disorders **somatomorfos SUBJECT 18. Disorders of the alimentary behaviour SUBJECT 19. Disorders of the dream FEAR 20. Sexual dysfunctions SUBJECT 21. Disorders of the control of impulses FEAR 22. Disorders of the personality FEAR 23. Disorders more usual in the infancy and the adolescence FEAR 24. The suicidal patient SUBJECT 25. Urgencies in *psiquiatría. The patient agitated
Cuidados de enfermería nos distintos trastornos mentales	TEMA 27. Consideraciones éticas y legales en el enfermo mental TEMA 28. Planes de cuidados. Patrones funcionales. TEMA 29. Planes de cuidados y actuación de enfermería nos distintos trastornos mentales.

Planning

	Class hours	Hours outside the classroom	Total hours
Master Session	46	95	141
Seminars	4	0	4
Workshops	1.5	0	1.5
Case studies / analysis of situations	0	2	2
Multiple choice tests	1.5	0	1.5

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

	Description
Master Session	Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student.
Seminars	Activities focused to the work envelope a specific subject, that allow to deepen or supplement the contents of the subject. Can be employed how supplement of the theoretical kinds.
Workshops	Activities focused to the acquisition of knowledges and skills manipulativas and instrumental envelope a thematic concrete, with specific assistance by part of the professor to the individual activities and/or grupales that develop the students.
Case studies / analysis of situations	Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution.

Personalized attention

Methodologies	Description
Seminars	Se realizarán seminarios de valoración psicopatológica y de contención mecánica
Workshops	Se realizará un taller de relajación en ansiedad
Case studies / analysis of situations	Se realizará un ejercicio de valoración de casos clínicos

Assessment

	Description	Qualification	Training and Learning Results
Seminars	Proof in the that the student owes to solve a series of problems and/or exercises in a time/condition established/put them it professor. In this way, the student owes to apply the knowledges that purchased. The application of this technical can be presencial or no presencial. Can be employed different tools to apply this technical how, for example, chat, post, was, audioconferencia, videoconference, etc.	10	C10 C12 C24 C31 C32 C51
Case studies / analysis of situations	Proof in the that presents a situation or problematic already given or that can gave, splitting of the different factors involucrados, the analysis of the antecedents, conditions, of the situation, etc	10	C10 C12 C24 C31 C32 C51
Multiple choice tests	Prueba con 50 preguntas tipo test con una sola respuesta verdadera.	80	

Other comments on the Evaluation

In Julio will value only the results obtained in the examination type test.

Sources of information

J.Vallejo Ruicoba, **INTRODUCCIÓN A LA PSICOPATOLOGÍA Y A LA PSIQUIATRÍA**, 8ª edición,
 Joana Formés Vives, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. VALORACIÓN Y CUIDADOS**, 2ª edición,
NNN CONSULT,
 Carlos J. van-der Hofstadt Román, **TÉCNICAS DE COMUNICACIÓN PARA PROFESIONALES DE ENFERMERÍA**, 1ª edición,
 Joana Fornés Vives. Mª Consuelo Carballal Balsa, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. GUÍA PRACTICA DE VALORACIÓN Y ESTRATEGIAS DE INTERVENCIÓN**, 1ª edición,
 Louise Rebraca Shives, **ENFERMERÍA PSIQUIÁTRICA Y DE SALUD MENTAL CONCEPTOS BÁSICOS**, 6ª edición,
 I Eguiliuz, R Segarra, **Introducción a la Psicopatología.**, 3 edición,
 Kaplan & Sadock, **Sinopsis de Psiquiatria**, 11 edición,
 Demetrio Barcia Salorio, **Tratado de Psiquiatria**, 1ª edición,
 Jose Luis Galiana Roch, **Enfermería psiquiátrica**, 1ª edición,
 Elena Rodriguez Seoane, **Enfermería en la rehabilitación de la enfermedad mental severa**, 1ª edición,
 Andoni Anseán, **Manual de prevención, intervención y postvención de la conducta suicida**, 2ª edición,
 Luis Cibanal, **Técnicas de comunicación y relación de ayuda en ciencias de la salud**, 3ª edición,
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Recommendations

Subjects that continue the syllabus

Clinical practice III/V53G140V01306
 Clinical practice IV/V53G140V01405
 Clinical practice V/V53G140V01406

Subjects that are recommended to be taken simultaneously

Geriatric nursing and palliative care/V53G140V01304

Subjects that it is recommended to have taken before

Psychology: Psychology/V53G140V01102
 Clinical practice I/V53G140V01208
 Clinical practice II/V53G140V01303