



## IDENTIFYING DATA

### Physical education as a means of interdisciplinarity

Subject	Physical education as a means of interdisciplinarity			
Code	P02G120V01941			
Study programme	(*)Grao en Educación Primaria			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Optional	3rd	2nd
Teaching language	Galician			
Department				
Coordinator	Varela Martínez, Silvia			
Lecturers	Varela Martínez, Silvia Vila Suarez, Maria Elena			
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Web				
General description	(*)Materia enfocada a traballar diferentes contidos do grado de Educación Infantil a través da motricidade			

## Competencies

Code	
A1	
A2	
A3	
A4	
A5	
B1	(*)Coñecer as áreas curriculares da Educación Primaria, a relación interdisciplinar entre elas, os criterios de avaliación e o corpo de coñecementos didácticos ao redor dos procedementos de ensino e aprendizaxe respectivos
B2	(*)Deseñar, planificar e avaliar procesos de ensino e aprendizaxe, tanto individualmente como en colaboración con outros docentes e profesionais do centro
B4	(*)Deseñar e regular espazos de aprendizaxe en contextos de diversidade e que atendan á igualdade de xénero, á equidade e ao respecto aos dereitos humanos que conformen os valores da formación cidadá
B5	(*)Fomentar a convivencia na aula e fóra dela, resolver problemas de disciplina e contribuir á resolución pacífica de conflitos. Estimular e valorar o esforzo, a constancia e a disciplina persoal nos estudantes
B8	(*)Manter unha relación crítica e autónoma respecto dos saberes, os valores e as institucións sociais públicas e privadas
B10	(*)Reflexionar sobre as prácticas de aula para innovar e mellorar o labor docente. Adquirir hábitos e destrezas para a aprendizaxe autónoma e cooperativa e promovelas entre os estudantes
B11	(*)Coñecer e aplicar nas aulas as tecnoloxías da información e da comunicación. Discernir selectivamente a información audiovisual que contribúa ás aprendizaxes, á formación cívica e á riqueza cultural
B12	(*)Comprender a función, as posibilidades e os límites da educación na sociedade actual e as competencias fundamentais que afectan aos colexios de educación primaria e aos seus profesionais. Coñecer modelos de mellora da calidade con aplicación aos centros educativos
C57	(*)Comprender os principios que contribúen á formación cultural, persoal e social desde a educación física
C58	(*)Coñecer o currículo escolar da educación física
C59	(*)Adquirir recursos para fomentar a participación ao longo da vida en actividades deportivas dentro e fóra da escola
C60	(*)Desenvolver e avaliar contidos do currículo mediante recursos didácticos apropiados e promover as competencias correspondentes nos estudantes
C61	(*)Adquirir un coñecemento práctico do aula e da xestión da mesma
D1	
D2	
D6	(*)Capacidade de xestión da información
D7	(*)Resolución de problemas
D8	(*)Toma de decisións

D9 (*)Traballo en equipo
D10 (*)Traballo nun equipo de carácter interdisciplinar
D12 (*)Habilidades nas relacións interpersoais
D14 (*)Razoamento crítico
D15 (*)Compromiso ético
D16 (*)Aprendizaxe autónoma
D17 (*)Adaptación a novas situacións
D18 (*)Creatividade
D19 (*)Lideranza
D21 (*)Iniciativa e espírito emprendedor
D22 (*)Motivación pola calidade

### Learning outcomes

Expected results from this subject	Training and Learning Results			
Know promote the acquisition of habits around the autonomy and relation *interdisciplinar of the phenomena *motrices.	A1	B2	C57	D1
	A2	B5	C58	D2
	A4	B11	C60	D6
		B12	C61	D7
				D8
				D10
				D14
				D15
				D16
				D17
				D18
			D21	

The students will owe to achieve the following results

Purchase enabling knowledges:

- Employ attach them theoretical of the sociology how tool of analysis and understanding of the reality.
- #Analyze the education how a social fact, how a basic institution in the \*sociadade current.
- #Analyze his social functions and his transformations and conflicts.
- Know the evolution of the familiar institution, the different types of families, the different lifestyles and of education; see the education since the familiar perspective for power
- \*intereactuar effectively with the families
- Comprise the institutional lawsuits of the education in the current context: families, relations of gender, relations \*interxeracionais, \*multiculturalidade and \*interculturalidade, inequality, segregation, discrimination, inclusion and social exclusion, sustainable development.
- #Analyze the social and educational impact of the audiovisual languages and of the technologies, as well as of the changes in the relations of gender and \*interxeracionais.
- Power develop and evaluate the actions inside and out of the educational centre destined to the \*frmación citizen.
- Discover the social aspects no pedagogical involved in the educational processes, namely those deeper how those that relate with the social structure and the social transformations, and also with #phenomenon more cyclical or specific how the evolution of the economy and of the bought of work.

Purchase \*destrezas methodological that allow to develop the \*ountos previous through the individual autonomous work and in team how:

- Learn to select and \*xerarquizar the information
- Schedule the work.
- Achieve concrete goals.
- Establish objectives and half
- Evaluate costs and possible limitations of the work of empirical investigation.
- Capacity for \*redefinir objective or means these no adjust to the ends established.
- #Analyze results and process of investigation
- \*Sistematizar and present \*oralmente and by writing the due contents.

Purchase \*destrezas technological:

- Know the basic tools of computing and audiovisual (processor of text, \*power \*point, leaf of calculation, access to internet, programs \*multimedia and recording of voice or come)
- Work with sources and statistical databases
- Know and apply in the classrooms the technologies of the information and of the communication
- \*Discernir \*selectivamente the audiovisual information that contribute to the learnings, to the civic training and to the cultural wealth

Purchase \*destrezas linguistic:

- Understanding of complex texts
- Expression written, oral communication in public.
- Capacity to do understanding (oral and writing)
- Sum up and articulate complex information or of different sources.

Purchase \*destrezas social enabling develop collaborating tasks:

- Capacity to listen and comprise to the other.
- Capacity to attract the attention of the receiving.
- Capacity for \*adapatarse to the diary of work to fulfil objectives.
- Capacity to organize, adapt or reorganize the work.
- Capacity to assume the own responsibility and of the group.

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Be able to create, select and evaluate physical tasks-*	motrices	and promote the learning through	A1	B1	C58	D1
activities with sense and relation	*interdisciplinar.		A2	B2	C59	D2
			A3	B4	C60	D7
				B10		D8
						D12
						D14
						D15
						D16
						D18
						D19
						D21
						D22

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Design physical activities, *lúdicas and *motrices *interdisciplinares directed to the development of the skills *motrices safe and healthy.	A1	B2	C57	D1
	A4	B4	C58	D2
		B5	C60	D8
		B10	C61	D9
				D10
				D12
				D14
				D15
				D16
				D17
				D18
				D21
				D22
Be able to create and keep lines and bows of communication coordinated with the families for *incidir more effectively in the educational processes interdisciplinary referred to the game and movement.	A3	B4	C57	D6
	A5	B5	C58	D7
		B8		D10
		B12		D12
				D14
				D15
				D17
				D19
				D21
				D22

## Contents

Topic	
SECTION 1. Motricity as a tool and interdisciplinary nexus.	Introduction and concepts. Complexity. Physical education and movement. Interdisciplinarity. Transfer and comprehensive approach. Areas of experience in elementary education. Areas and its relationship to E. F.
SECTION 2. Methodology for integrating interdisciplinary drive contents.	Programming E.F. means and methods. The E. F. in the primary curriculum. Education Project and Curriculum Project. The active role of the student in the interdisciplinary learning. Files directory. Psychomotor, E. Play in primary and Pre-sport.
SECTION 3. Interdisciplinary physical activities. Proposals and practical resources	Interdisciplinary activities. Working with projects. Cross-Cutting Themes in Elementary Education. Proposals and practical resources.

## Planning

	Class hours	Hours outside the classroom	Total hours
Introductory activities	4	0	4
Troubleshooting and / or exercises	20	40	60
Master Session	20	0	20
Workshops	10	4	14
Autonomous troubleshooting and / or exercises	8	10	18
Presentations / exhibitions	4	3	7
Proceedings	4	4	8
Practice in computer rooms	2	0	2
Systematic observation	0	1	1
Troubleshooting and / or exercises	4	0	4
Jobs and projects	10	0	10
Short answer tests	2	0	2

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

## Methodologies

Description
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Introductory activities	Introductory activities
Troubleshooting and / or exercises	Approach of cases of concrete classroom
Master Session	Transmission and analysis of the theoretical knowledge
Workshops	Cooperative work -small groups- of practical theoretical integration
Autonomous troubleshooting and / or exercises	Autonomous individual work
Presentations / exhibitions	Demonstration to the group of class of works
Proceedings	Discussion argued parts of the program
Practice in computer rooms	Research and practises with resources TIC

### Personalized attention

Methodologies	Description
Master Session	
Troubleshooting and / or exercises	
Workshops	
Practice in computer rooms	
Tests	Description
Jobs and projects	

### Assessment

	Description	Qualification	Training and Learning Results			
Autonomous troubleshooting and / or exercises	Individual tasks.	10	A2 A3 A4	B8 B10 B12	C60	D1 D6 D7 D8 D14 D15 D16 D17 D18
Presentations / exhibitions	Preparation and presentation of a work *grupal	40	A1 A2 A4	B1 B2 B4 B5 B10	C58 C59 C61	D1 D2 D6 D7 D8 D9 D10 D12 D15 D17 D18 D19 D22
Systematic observation	Qualification of assistance, participation and results	15	A2 A3	B5 B10	C61	D1 D6 D14 D21
Troubleshooting and / or exercises	Cooperative tasks	10	A2 A3 A5	B8 B11	C59	D1 D9 D12 D14 D18 D22
Jobs and projects	Delivery of works	10	A5	B8 B12		D14 D15 D21 D22

Short answer tests	Final examination of the *asignatura. In shape mixed, test, questions and supposed exercises.	15	A1 A3 A4	B1 B2 B11	C57 C61	D6 D16 D17 D18
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### Other comments on the Evaluation

Is necessary to take out a 5 in the examination and in the didactic unit to be able to add the note of the different sections. The students that do not fulfil with the assistance (80%) and participation in class will have need to realise a final proof that will include the total of the contents (50% theorists and 50% practical), and the distinct methodological appearances. In the second announcement keep the notes of the different sections. For the extraordinary announcement will realise an examination whose value is 100% of the note.

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### Sources of information

DÍEZ NAVARRO, M.C., **Proyectando otra escuela. Trabajando por Proyectos en la Educación Infantil**, De la Torre, Gil, P., **Metodología de la Educación Física en Educación Infantil.**, Wanceulen. Sevilla,  
 IBÁÑEZ SANDÍN, C., **El proyecto de educación infantil y su práctica en el aula**, La Muralla,  
 LÓPEZ PASTOR, VM. (Coord.), **La educación Física en educación infantil: una**, Madrid: Miño y Dávila.,  
 VARIOS, **La educación física desde una perspectiva interdisciplinar**, Ed. Graó. Barcelona.,  
 ZABALA, A., **Enfoque globalizador y pensamiento complejo: una respuesta para la comprensión e intervención en la realidad.**, Ed. Graó. Barcelona.,

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### Recommendations

#### Subjects that continue the syllabus

Physical Activity and diversity in early childhood education/P02G110V01929  
 Play in early childhood education/P02G110V01912

#### Subjects that are recommended to be taken simultaneously

Safety and healthy habits through physical education/P02G110V01925

#### Subjects that it is recommended to have taken before

Education: Motor development/P02G110V01202  
 Education: Design and development of the early childhood education curriculum/P02G110V01102  
 Physical Activity and diversity in early childhood education/P02G110V01929