



## IDENTIFYING DATA

### Basics of group sports I

Subject	Basics of group sports I			
Code	P02G050V01303			
Study programme	(*)Grao en Ciencias da Actividade Física e do Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	9	Mandatory	2nd	1st
Teaching language	Spanish			
Department				
Coordinator	Fernández Fraga, Fernando Viaño Santasmarinas, Jorge Juan			
Lecturers	Fernández Fraga, Fernando Viaño Santasmarinas, Jorge Juan			
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General description	*FUNDAMENTACIÓN THEORETICAL OF THE *BC And THE *BM FORMAL And FUNCTIONAL STRUCTURE OF THE *BC And THE *BM THE PROCESS OF SPORTIVE INITIATION To THE *BC And To THE *BM DIDACTIC FOUNDATIONS OF THE *BC And THE *BM			

## Competencies

Code	
B7	Knowledge and comprehension of the foundations, structures and functions of the skills and bosses of the motricity humanizes.
B10	Knowledge and comprehension of the foundations of the sport.
B13	Habits of excellence and quality in the professional exercise.
B14	Managing of the scientific basic information applied to the physical activity and to the sport in his different manifestations.
B15	Aptitude to design, to develop and evaluate the processes of education - learning relative to the physical activity and of the sport, with attention to the individual and contextual characteristics of the persons.
B25	Skill of leadership, capacity of interpersonal relation and teamwork.
B26	Adjustment to new situations, the resolution of problems and the autonomous learning.
C1	Aptitude to design, to develop and evaluate the processes of education - learning relative to the physical activity and the sport with attention to the individual and contextual characteristics of the persons.
C2	Aptitude to promote and evaluate the formation of lasting and autonomous habits of practice of physical activity and sport between the school population
C3	Aptitude to apply the physiological and biomechanical skills, comportamentales and social, in the offer of tasks in the processes of education - learning across the physical activity and sport.
C4	Aptitude to identify the risks that stem for the health of the students due to the practice of inadequate physical activities .
C6	Aptitude to select and to be able to use the material and sports equipment adapted for every type of activity in the processes of education learning across the physical activity and sport.

## Learning outcomes

Expected results from this subject	Training and Learning Results
KNOWLEDGE And UNDERSTANDING OF THE FOUNDATIONS OF THE BASKETBALL And THE HANDBALL	B7 B10

APPLICATION OF THE TECHNOLOGIES OF THE INFORMATION And COMMUNICATION (Tics) To THE FIELD OF THE BASKETBALL And THE HANDBALL	B7 B15	C1 C2 C3 C6
SKILL OF LEADERSHIP, CAPACITY OF INTERPERSONAL RELATION And WORK *EQUIPO	B25	C4
ADAPTATION To NEW SITUATIONS, THE RESOLUTION OF PROBLEMS And THE AUTONOMOUS LEARNING	B26	
HABITS OF EXCELLENCE And QUALITY IN THE PROFESSIONAL EXERCISE	B13	C4
PERFORMANCE INSIDE THE NECESSARY ETHICAL PRINCIPLES FOR THE CORRECT PROFESSIONAL EXERCISE	B10 B13	C3 C4
CAPACITY TO DESIGN, DEVELOP And EVALUATE THE PROCESSES OF EDUCATION - RELATIVE LEARNING To THE SPORTS OF BASKETBALL And HANDBALL, WITH ATTENTION To THE INDIVIDUAL And CONTEXTUAL CHARACTERISTICS OF THE PEOPLE.	B15	C1 C2 C4
CAPACITY TO PROMOTE And EVALUATE THE TRAINING OF HABITS *PERDURABLES And AUTONOMOUS OF PRACTICE OF THE BASKETBALL And THE HANDBALL	B10 B13	C2
CAPACITY TO APPLY THE PHYSIOLOGICAL PRINCIPLES, *BIOMECÁNICOS, *COMPORTAMENTALES, And SOCIAL, IN THE FIELD OF THE BASKETBALL And THE HANDBALL	B10 B15 B25	C3 C4 C6
CAPACITY TO IDENTIFY THE RISKS THAT DERIVE FOR THE HEALTH OF THE PRACTICE OF THE BASKETBALL And THE HANDBALL OF UNSUITABLE FORM	B13 B15	C4
CAPACITY TO SELECT And KNOW USE THE MATERIAL And SPORTIVE EQUIPMENT ADAPTED FOR THE BASKETBALL And THE HANDBALL		C6
I HANDLE OF THE BASIC SCIENTIFIC INFORMATION APPLIED To THE FIELD OF THE BASKETBALL And THE HANDBALL	B10 B14	

## Contents

### Topic

1.- *FUNDAMENTACION *TEORICA OF THE BASKETBALL And THE HANDBALL	1.1 - ORIGIN And EVOLUTION OF THE GAME OF THE BASKETBALL And OF HIS SPORTS ADAPTED: CONCEPTUAL APPROXIMATION. 1.2 - ORIGIN And EVOLUTION OF THE HANDBALL
2.- FOUNDATIONS *TECNICO-*TACTICOS OF THE BASKETBALL And OF THE HANDBALL	2.1 - ACTIONS OF THE PLAYER OF *BC WITH BALLOON. 2.2 - ACTIONS OF THE PLAYER OF *BC WITHOUT BALLOON WITH A MATE THAT POSSESSES IT. 2.3 - ACTIONS OF THE PLAYER OF *BC WITHOUT BALLOON. 2.4 - COLLECTIVE ACTIONS OF THE TEAM OF *BC WITH BALLOON. 2.5 - COLLECTIVE ACTIONS OF THE TEAM OF *BC WITHOUT BALLOON. 2.6 - FOUNDATIONS *TECNICO-*TACTICOS OF THE HANDBALL 2.7 - FOUNDATIONS *TACTICO-*ESTRATEGICOS *BASICOS OF THE HANDBALL
3.- FORMAL And FUNCTIONAL STRUCTURE OF THE BASKETBALL And THE HANDBALL	3.1 - THE REGULATION OF THE *BC: FORMAL STRUCTURE. 3.2 - *SIMBOLOGÍA And TERMINOLOGY OF THE *BC. 3.3 - *ANÁLISIS STRUCTURAL OF THE HANDBALL: formal and functional Structure
4.- THE PROCESS OF *INICIACION SPORTIVE To THE BASKETBALL And To THE HANDBALL	4.1 - THE BASKETBALL IN THE EDUCATIONAL SYSTEM. 4.2 - STAGES OF INITIATION To THE COLLECTIVE And DIDACTIC SPORTS OF THE BASKETBALL 4.3 - *METODOLOGIA *DIDACTICA OF THE HANDBALL: Phases of the process of education-learning 4.4 - HANDBALL ADAPTED FOR THE ATTENTION To THE DIVERSITY.

## Planning

	Class hours	Hours outside the classroom	Total hours
Outdoor study / field practices	1	1	2
Case studies / analysis of situations	2	12	14
Laboratory practises	26	52	78
Troubleshooting and / or exercises	1	10	11
Master Session	20	40	60
Multiple choice tests	1	12	13
Short answer tests	1	12	13
Troubleshooting and / or exercises	1	20	21
Long answer tests and development	1	12	13

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
	Description
Outdoor study / field practices	<p>*BALONMAN: It exists the possibility to displace to sportive events of handball of at least two different categories for the observation in real time of the technical foundations-tacticos of the handball by part of players/ace *federados/ace. The *alumnado will have to do the work requested in the *ficha designed to such effect with the *objetivo to purchase competitions of observation, register and systematic analysis of the game.</p> <p>Another of the exits could consist in the experimentation of a more recreational modality of the conventional handball (handball beach, etcetera) is specific spaces for his practice.</p> <p>Said exits are *supeditadas to to the approval by part of the *Xunta of Centre and be endowed economically to be able to realise the transfer through the "Announcement of Exits of annual" Field.</p>
Case studies / analysis of situations	HANDBALL: For the acquisition of competitions of the *profesorado in the design of progressions, didactic methodologies chords to the situation or case will propose different practical cases that will require the taking of decision of the didactic elements more suitable to the same.
Laboratory practises	<p>Activities of application of the knowledges to concrete situations and of basic skills and/or specific and *procedimentales related with the matter object of study.</p> <p>They will develop in special spaces with skilled equipment: pavilion of the Faculty (field of game of basketball and of handball), also will be able to use natural spaces adapted properly (beach, fields smaller, etc.).</p>
Troubleshooting and / or exercises	<p>Activity in which they formulate problems and/or exercises related with the matter: for example,</p> <ol style="list-style-type: none"> <li>1. The design and graphic representation of situations of game in function of some aims and didactic contents previously posed.</li> <li>2. The design of a practical session of 45 minutes with some aims and didactic contents of the concrete handball. The *alumnado will have to assign contents and didactic tasks for each one of the parts of the session.</li> </ol> <p>Will be able to request to the *alumnado that represent in the practices of laboratory the session like half of development of the specific didactic competitions of the basketball and/or handball that pretend develop in the *asignatura.</p> <p>It would be recommended, by not saying compulsory, at least a *tutoría in the schedule of the *profesorado, for the review of said session previously to the delivery and *impartición definite.</p>
Master Session	Exhibition by part of the *profesorado of the *contidos on the matter object of study, theoretical bases and/or guidelines of a work, exercise or project to develop by the *alumnado.

Personalized attention	
Methodologies	Description
Case studies / analysis of situations	
Tests	Description
Troubleshooting and / or exercises	

Assessment			
	Description	Qualification	Training and Learning Results
Outdoor study / field practices	<p>HANDBALL:</p> <p>Assistance and *aprovechamiento by means of the delivery of the *fichas and works linked to the same. 0.25%</p>	0.25	<p>B7 C1</p> <p>B15 C4</p> <p>B25</p>

Laboratory practises	<p>BASKETBALL: The assistance to the practical is compulsory. It allows 10% of faults. The *lesionados/have to collect them the session and deliver it. Value of the note in basketball = 10%.</p> <p>HANDBALL: The assistance to the practical is compulsory having to fulfil a minimum of 80%. That is to say, it has to obtain a minimum of 8 on 10 in the assistance.</p> <p>This is an indispensable requirement to be able to be evaluated in the part of "work or resolution of problems/exercises .</p> <p>In case of absence in some practice that wish to justify, has to present the pertinent documentation in a time limit of 15 days after dictates absence. They will not admit *justificantes afterwards of this period except permanent drop justified. Yes the final assistance does not arrive to 80% minimum, or the note of works/resolution of exercises, that depend on said assistance to the practices of laboratory was in insufficient values, will constitute proofs to value by the *profesorado but in no case will suppose that it consider the practical how realised.</p>	14.75	B7 B10 B13 B15 B25	C1 C2 C3 C4 C6
Multiple choice tests	<p>BASKETBALL: Selection of an only correct answer between 4 options. The errors subtract he 50% of the punctuation of each question. 12,5%</p> <p>HANDBALL:</p> <p>The proofs of type test are of selection of only correct answer between 4 options. Each 3 questions badly subtracts one well. 5%</p> <p>This part went it to me part of the theoretical examination, that consists of proofs of answer test and short, being able to include one of development or long: to approve has to reach the 5 on 10 points so much in type test like short (15%).</p> <p>They will not save the parts approved for the following edition or announcement except announcement express of the *profesorado by announcement or *mail to all the *alumnado.</p>	17	B7 B15	C1 C2 C4 C6
Short answer tests	<p>BASKETBALL = 8%: design, description and graphic representation of actions of game and/or didactic tasks.</p> <p>HANDBALL = 5%: design, description and graphic representation of actions of game and/or didactic tasks in function of aims or concrete didactic contents. Also it will be able to request the critical analysis and modification/adaptation of sequences of video of real game or simulated in function of the said general didactic foundations and specific of the sport (of the handball).</p> <p>This part of the theoretical examination, consists of proofs of answer test and short, being able to include one of development or long: to approve has to reach the 5 on 10 points so much in type test like short (15%).</p> <p>They will not save the parts approved for the following edition or announcement except announcement express of the *profesorado by announcement or and-mail to all the *alumnado.</p>	13	B7 B13 B15	C1 C2 C4 C6

Troubleshooting and BASKETBALL (20%) / or exercises		45	B7	C1
	HANDBALL (25%): This section in *balonmano will govern by what develops to continuation:		B10	C2
			B15	C3
			B25	C4
				C6
	Proof of forced fulfillment			
	Indispensable requirements for his preparation and evaluation:			
	1. Minimum assistance of 80% to the practices of laboratory			
	2. Delivery of a work/exercise by each practice of laboratory realised as long as it fulfil the requirement number1 (80% assistance to the practices of laboratory).			
	3. To surpass the *asignatura has to surpass this part with 50% of the total points of this section (1/2 or 10/20)			
	Will be able to request two types of formative activities:			
	1. Design of complete practical sessions of 45 minutes in function of some competitions, aims and didactic contents, and model of *iniciación of the handball.			
	2. Modification, adaptation or replacement of some didactic tasks experienced in the practices of laboratory in function of some objective/didactic contents and of the model of initiation been still in the *asignatura to check the acquisition of didactic competitions related with the sport of the handball.			
	These last tasks would constitute what *podría call "memory of practices" but with tasks of reflection, resolution added on the practices.			
	It contemplates the possibility that said works/exercises expose in small group (4-5 people) partly of the time of the practices of laboratory (that anyway it will not surpass 25% of the same). Said design and exhibition, in case to carry out , will do in small group of 4-5 responsible people.			
	A part of the note will obtain realising an activity of research of bibliographic information in the catalogue and specific databases of the library, following some criteria of importance, for the *fundamentación theoretical of the exercises or problems.			
	The Services of the Library of the Campus of Pontevedra, in agreement with the Title of Degree in CC of the Physical Activity and of the Sport, for the development of the Competitions *Informativas, collaborate actively in the didactic development of this activity from his design, implantation, intervention and evaluation.			
Long answer tests and development	This proof forms part of the theoretical examination of the matter, jointly with the type test and short.	10	B7	C2
			B10	C4
			B25	
	For the *comprobación of the acquisition of the competitions of theoretical application-practical of the matter will use this proof.			
	Value of 10% of the theoretical part.			

### Other comments on the Evaluation

HANDBALL: it will be compulsory to surpass and fulfil the minimum requirements of each one of the parts stipulated previously and that summary to continuation:1. Practices of laboratory (4,75%) and exits of practical/study of field (0,25%): requirement arrive to the 8 of 10 points = 80% of assistance of the practices and exits. (5% in total). Indispensable basic requirement to surpass to be able to present to the following section.2. Works, design of sessions and &quot;memory&quot; of practices (that it includes resolution of exercises or supposed on said practical): requirement approve with a 5 on 10 points (25% note). To be evaluated in said section has to have surpassed the section 1.3. Theoretical examination: it consists of proofs of answer test and short, being able to include one of development or long: to approve has to reach the 5 on 10 points so much in type test like short (20%). They will not save the parts approved for the following edition or announcement except announcement express of the \*profesorado by announcement or mail to all the \*alumnado.NOTICES FINAL IN THE \*ASIGNATURA OF FOUNDATIONS OF THE COLLECTIVE SPORTS ITo realise the calculation of the final note is requirement that the note of each each thematic block separately (basketball and handball) was as like

minimum of a 4 on 10. If the final note of one of the blocks (sport) does not arrive to the 4 on 10, the \*asignatura will be \*suspensa, independently that in the another block or sport have approved or have very good note. The notes of the parts or blocks approved will be able to save for back announcements in function of what describe the section &\*quot;Second announcement (and/or following)SECOND ANNOUNCEMENT (And/Or FOLLOWING)In 2ª announcement or edition the criteria of evaluation will be the same that in the first with the exception to reach 80% of assistance to class (impossible appearance of \*suplir or recover if it has not fulfilled with the \*presencialidad).Only will save the notes of the different parts approved of the \*asignatura for the 2ª edition or announcement of the academic course 2013-14. Once surpassed said period the \*alumnado will have to go back to \*cursar and surpass said parts following the criteria of evaluation of the educational guide approved for the/the course/\*s following/\*s.

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#### **Sources of information**

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#### **Recommendations**

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##### **Subjects that continue the syllabus**

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Basics of group sports II/P02G050V01403

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##### **Subjects that are recommended to be taken simultaneously**

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Basics of motor skills/P02G050V01204

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##### **Subjects that it is recommended to have taken before**

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Education: Motor control and learning in physical education and sport/P02G050V01102

Basics of motor skills/P02G050V01204

Gross motor games/P02G050V01105

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