



## IDENTIFYING DATA

### Teaching of the teaching-learning processes in physical activity and sport II

Subject	Teaching of the teaching-learning processes in physical activity and sport II			
Code	P02G050V01603			
Study programme	(*)Grao en Ciencias da Actividade Física e do Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	6	Mandatory	3rd	2nd
Teaching language	Spanish Galician			
Department				
Coordinator	Barcala Furelos, Roberto Jesús			
Lecturers	Abilleira González, Maite Barcala Furelos, Roberto Jesús			
E-mail	roberto.barcala@edu.xunta.es			
Web	<a href="http://www.portaleducacionfisica.es">http://www.portaleducacionfisica.es</a>			
General description				

## Competencies

Code	
B1	Conceptualization and identification of the object of study of the Sciences of the Physical Activity and the Sport.
B2	Knowledge and comprehension of the scientific literature of the area of the physical activity and the sport.
B3	Knowledge and comprehension of the physiological factors and biomechanics that determine the practice of the physical activity and the sport
B4	Knowledge and comprehension of the behavioral and social factors that determine the practice of the physical activity and the sport.
B9	Knowledge and comprehension of the foundations of the physical exercise, motive game, dance, movement and activities in the nature.
B11	Knowledge and comprehension of the ethical beginning necessary for the correct professional exercise.
B12	Application of the technologies of the information and communication (TIC) to the area of the Sciences of the Physical Activity and of the Sport.
B13	Habits of excellence and quality in the professional exercise.
B14	Managing of the scientific basic information applied to the physical activity and to the sport in his different manifestations.
B15	Aptitude to design, to develop and evaluate the processes of education - learning relative to the physical activity and of the sport, with attention to the individual and contextual characteristics of the persons.
B16	Aptitude to promote and evaluate the formation of lasting and autonomous habits of practice of the physical activity and of the sport.
B20	Aptitude to identify the risks that stem for the health of the practice of physical inadequate activities.
B21	Aptitude to plan, to develop and control the accomplishment of programs of sport activities.
B23	Aptitude to select and to be able to use the material and sports equipment adapted for every type of activity.
B24	Action inside the ethical beginning necessary for the correct professional exercise.
B25	Skill of leadership, capacity of interpersonal relation and teamwork.
B26	Adjustment to new situations, the resolution of problems and the autonomous learning.

## Learning outcomes

Expected results from this subject	Training and Learning Results
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*Conceptualización And identification of the object of study of the Didactic of the processes of education learning in the Physical Activity and of the Sport.	B1 B2 B9 B15 B21 B24
Knowledge and understanding of the scientific literature of the field of the Didactic of the processes of education learning in the Physical Activity and of the Sport.	B2 B13 B14 B15
Knowledge and understanding of the necessary ethical principles for the correct professional exercise.	B11 B13 B24
Application of the technologies of the information and communication (TIC) to the field of the Sciences of the Physical Activity and the Sport.	B12 B26
Habits of excellence and quality in the professional exercise.	B13 B23 B24 B25 B26
Capacity to design, develop and evaluate the processes of education-relative learning to the physical activity and of the sport, with attention to the individual and contextual characteristics of the people.	
Capacity to promote and evaluate the training of habits *perdurables and autonomous of practice of the physical activity and sport between the school population.	B13 B25
Capacity to apply the physiological principles, *biomecánicos, *comportamentales and social, to the different fields of the physical activity and the sport.	B3 B4
Capacity to identify the risks that derive for the health of the pupils because of the practice of unsuitable physical activities.	B13 B14 B20
Capacity to schedule, develop and evaluate the realisation of programs of sport and school physical activity.	B15 B16 B21 B25 B26
Capacity to select and know use the material and sportive equipment adapted for each type of activity in the processes of education-learning through the physical activity and of the sport.	B23
Skill of leadership, capacity of interpersonal relation and work in team.	B13 B25 B26
Adaptation to new situations, the resolution of problems and the autonomous learning.	B26

## Contents

Topic	
Block 1. Planning of the processes of education-learning through the physical activity and the sport.	<input type="checkbox"/> Evolution and concepts of planning and programming. Phases of the process programmer: previous analysis, preparation, execution and evaluation <input type="checkbox"/> The process of education-learning in the frame of a planning. <input type="checkbox"/> The didactic processes in the planning of the sportive education in the formative frame of the school sport or of the club of base.
Block 2. Levels of concretion and units of programming in the planning to half and long term.	<input type="checkbox"/> Educational legislation in the physical education. Analysis and application. <input type="checkbox"/> The levels of concretion *curricular and his elements constituents. <input type="checkbox"/> The programming. Purposes, types and design.
Block 3. Evaluation and control in the processes of education-learning through the physical activity and of the sport.	<input type="checkbox"/> The evaluation: concepts and definitions. <input type="checkbox"/> Classes of evaluation. <input type="checkbox"/> Instruments of evaluation. <input type="checkbox"/> Legislative referents for the evaluation *curricular in physical education.
Block 4. The dimension researcher of the professor. The reflexive inquiry, base of the training of the *profesorado.	<input type="checkbox"/> The professor of physical education like researcher. <input type="checkbox"/> The investigation-action. <input type="checkbox"/> Tools for the educational investigation.

Block 5. Resources and didactic materials in the physical activity and the sport. Analysis and *rentabilización educational.	<input type="checkbox"/> Didactic resources for the education of the physical education and the sport. <input type="checkbox"/> Didactic materials for the education of the physical education and the sport. <input type="checkbox"/> Educational surroundings and organisation of the educational sportive space. <input type="checkbox"/> Educational surroundings and adaptation to the diversity.
Block 6. Education in values and his didactic in the processes of education-learning through the physical activity and the sport.	<input type="checkbox"/> The values and ethical principles in the physical education and the sport. <input type="checkbox"/> Education for the consumption. <input type="checkbox"/> Sustainable physical education. <input type="checkbox"/> Physical education from the intercultural perspective. <input type="checkbox"/> Physical education and health. Didactic tools to design and schedule to a better lifestyle. <input type="checkbox"/> The equality of sexes in the education and the sport.

## Planning

	Class hours	Hours outside the classroom	Total hours
Laboratory practises	0	20	20
Presentations / exhibitions	2	7.5	9.5
Group tutoring	0	5	5
Outdoor study / field practices	6.5	0	6.5
Master Session	32	32	64
Multiple choice tests	1	0	1
Practical tests, real task execution and / or simulated.	3	20	23
Jobs and projects	1	20	21

\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

## Methodologies

	Description
Laboratory practises	They will realise diverse practices linked to the contents and competitions of the process of didactic planning of the education of the physical education and of the sport.
Presentations / exhibitions	The students will witness and will realise of an active form presentations and/or exhibitions related with the contents of the matter and defence of the same in small and big group.
Group tutoring	The meeting in group will be a fundamental condition for the understanding and correct orientation of the presentations and exhibitions, as well as for to explain diverse appearances of the education/learning of the processes of didactic planning.
Outdoor study / field practices	It will establish an exit of field to realise an educational activity of first aids and lifesaving, linked to the block of contents of health of the official curriculum of physical education in secondary education.
Master Session	The master lesson endow to the student of the conceptual tools of the contents of the matter.

## Personalized attention

Methodologies	Description
Presentations / exhibitions	The meeting in group as well as any action that require helps individual, specific or advanced, will realise by means of assistance to the dispatch, practical in the pavilion or gymnasium and email or fatic.
Group tutoring	The meeting in group as well as any action that require helps individual, specific or advanced, will realise by means of assistance to the dispatch, practical in the pavilion or gymnasium and email or fatic.
Outdoor study / field practices	The meeting in group as well as any action that require helps individual, specific or advanced, will realise by means of assistance to the dispatch, practical in the pavilion or gymnasium and email or fatic.

## Assessment

Description	Qualification Training and Learning Results

Presentations / exhibitions	Exhibition of a practical session of a random didactic unit following the principles of the didactic.	20	B1 B2 B3 B4 B9 B11 B12 B13 B14 B15 B16 B20 B21 B23 B24 B25 B26
Multiple choice tests	It tests type test referred to the content of the matter.	50	B1 B2 B3 B4 B9 B11 B12 B13 B14 B15 B16 B20 B21 B23 B24 B25 B26
Practical tests, real task execution and / or simulated.	Follow-up of the development of the practical sessions and the implication of the student in the practice, the participation in the discussion of the tasks and the commonplaces proposed in class.	5	B2 B4 B9 B21 B24
Jobs and projects	Presentation written of an annual programming of physical education or of a didactic planning	25	B1 B2 B3 B4 B9 B11 B12 B13 B14 B15 B16 B20 B21 B23 B24 B25 B26

**Other comments on the Evaluation**

Will be necessary to approve all the parts \*evaluables to surpass the matter

**Sources of information**

Chinchilla Minguet, José Luis, **Didáctica de la educación física,**

Contreras Jordán, Onofre Ricardo, **Didáctica de la educación física : un enfoque constructivista,**

Annicchiarico Ramos, Rubén, **Manual de Didáctica de la Educación Física, 1ª,**

**SPORTDISCUS,**

**SCOPUS,**

**PUBMED,**

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## **Recommendations**

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### **Subjects that it is recommended to have taken before**

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Education: Physical education and sport pedagogy/P02G050V01103

Education: Epistemology of physical activity, sport and physical education science/P02G050V01301

Teaching of the teaching-learning processes in physical activity and sport I/P02G050V01501

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