



IDENTIFYING DATA

Fundamentals of group sports 1

Subject	Fundamentals of group sports 1			
Code	P02G050V01303			
Study programme	(*)Grao en Ciencias da Actividade Física e do Deporte			
Descriptors	ECTS Credits	Choose	Year	Quadmester
	9	Mandatory	2nd	1st
Teaching language				
Department				
Coordinator	Fernández Fraga, Fernando Viaño Santasmarinas, Jorge Juan			
Lecturers	Fernández Fraga, Fernando Viaño Santasmarinas, Jorge Juan			
E-mail	fffraga@uvigo.es jorgeviano@gmail.com			
Web				
General description	(*)FUNDAMENTACIÓN TEÓRICA DEL BALONCESTO Y EL BALONMANO FUNDAMENTOS TÉCNICO-TÁCTICOS Y DIDÁCTICOS DEL BALONCESTO Y EL BALONMANO ESTRUCTURA FORMAL Y FUNCIONAL DEL BALONCESTO Y EL BALONMANO EL PROCESO DE INICIACIÓN DEPORTIVA AL BALONCESTO Y AL BALONMANO			

Competencies

Code	
A1	(*)Capacidade para deseñar, desenvolver e avaliar os procesos de ensino-aprendizaxe relativos á actividade física e ao deporte con atención ás características individuais e contextuais das persoas
A2	(*)Capacidade para promover e avaliar a formación de hábitos perdurables e autónomos de práctica de actividade física e deporte entre a poboación escolar
A3	(*)Capacidade para aplicar os principios fisiolóxicos, biomecánicos, comportamentais e sociais, na proposta de tarefas nos procesos de ensino-aprendizaxe a través da actividade física e o deporte
A4	(*)Capacidade para identificar os riscos que se derivan para a saúde dos escolares debido á práctica de actividades físicas inadecuadas
A6	(*)Capacidade para seleccionar e saber utilizar o material e equipamento deportivo adecuado para cada tipo de actividade nos procesos de ensino-aprendizaxe a través da actividade física e do deporte
B10	(*)Coñecemento e comprensión dos fundamentos do deporte
B12	(*)Aplicación das tecnoloxías da información e comunicación (TIC) ao ámbito das Ciencias da Actividade Física e do Deporte
B13	(*)Hábitos de excelencia e calidade no exercicio profesional
B14	(*)Utilización da información científica básica aplicada á actividade física e ao deporte nas súas diferentes manifestacións
B15	(*)Capacidade para deseñar, desenvolver e avaliar os procesos de ensino-aprendizaxe relativos á actividade física e do deporte, con atención ás características individuais e contextuais das persoas
B16	(*)Capacidade para promover e avaliar a formación de hábitos perdurables e autónomos de práctica da actividade física e do deporte
B18	(*)Capacidade para aplicar os principios fisiolóxicos, biomecánicos, comportamentais e sociais, aos diferentes campos da actividade física e o deporte
B20	(*)Capacidade para identificar os riscos que se derivan para a saúde da práctica de actividades físicas inadecuadas
B23	(*)Capacidade para seleccionar e saber utilizar o material e equipamento deportivo adecuado para cada tipo de actividade
B24	(*)Actuación dentro dos principios éticos necesarios para o correcto exercicio profesional
B25	(*)Habilidade de liderado, capacidade de relación interpersoal e traballo en equipo
B26	(*)Adaptación a novas situacións, á resolución de problemas e á aprendizaxe autónoma

Learning aims		
Expected results from this subject	Training and Learning Results	
(*)CONOCIMIENTO Y COMPRENSIÓN DE LOS FUNDAMENTOS DEL BALONCESTO Y EL BALONMANO		B10
(*)APLICACIÓN DE LAS TECNOLOGÍAS DE LA INFORMACIÓN Y COMUNICACIÓN (TICs) AL ÁMBITO DEL BALONCESTO Y EL BALONMANO		B12
(*)HABILIDAD DE LIDERAZGO, CAPACIDAD DE RELACIÓN INTERPERSONAL Y TRABAJO EN EQUIPO		B25
(*)ADAPTACIÓN A NUEVAS SITUACIONES, LA RESOLUCIÓN DE PROBLEMAS Y EL APRENDIZAJE AUTÓNOMO		B26
(*)HÁBITOS DE EXCELENCIA Y CALIDAD EN EL EJERCICIO PROFESIONAL		B13
(*)ACTUACIÓN DENTRO DE LOS PRINCIPIOS ÉTICOS NECESARIOS PARA EL CORRECTO EJERCICIO PROFESIONAL		B24
(*)CAPACIDAD PARA DISEÑAR, DESARROLLAR Y EVALUAR LOS PROCESOS DE ENSEÑANZA - APRENDIZAJE RELATIVOS A LOS DEPORTES DE BALONCESTO Y BALONMANO, CON ATENCIÓN A LAS CARACTERÍSTICAS INDIVIDUALES Y CONTEXTUALES DE LAS PERSONAS.	A1	B15
(*)CAPACIDAD PARA PROMOVER Y EVALUAR LA FORMACIÓN DE HÁBITOS PERDURABLES Y AUTÓNOMOS DE PRÁCTICA DEL BALONCESTO Y EL BALONMANO	A2	B16
(*)CAPACIDAD PARA APLICAR LOS PRINCIPIOS FISIOLÓGICOS, BIOMECÁNICOS, COMPORTAMENTALES, Y SOCIALES, EN EL ÁMBITO DEL BALONCESTO Y EL BALONMANO	A3	B18
(*)CAPACIDAD PARA IDENTIFICAR LOS RIESGOS QUE SE DERIVAN PARA LA SALUD DE LA PRÁCTICA DEL BALONCESTO Y EL BALONMANO DE FORMA INADECUADA	A4	B20
(*)CAPACIDAD PARA SELECCIONAR Y SABER UTILIZAR EL MATERIAL Y EQUIPAMIENTO DEPORTIVO ADECUADO PARA EL BALONCESTO Y EL BALONMANO	A6	B23
(*)MANEJO DE LA INFORMACIÓN CIENTÍFICA BÁSICA APLICADA AL ÁMBITO DEL BALONCESTO Y EL BALONMANO		B14

Contents

Topic	
(*)FOUNDATIONS OF THE BASKETBALL	(*)1 - ORIGIN And EVOLUTION OF THE GAME OF THE BASKETBALL And Of HIS SPORTS ADAPTED: CONCEPTUAL APPROXIMATION. 2 - THE REGULATION: FORMAL STRUCTURE. 3 - *SIMBOLOGÍA And TERMINOLOGY. 4 - THE BASKETBALL IN THE EDUCATIONAL SYSTEM. 5 - STAGES OF INITIATION To THE COLLECTIVE And DIDACTIC SPORTS OF THE BASKETBALL. 6 - ACTIONS OF THE PLAYER WITH BALLOON. 7 - ACTIONS OF THE PLAYER WITHOUT BALLOON WITH A MATE THAT POSSESSES IT. 8 - ACTIONS OF THE PLAYER WITHOUT BALLOON. 9 - COLLECTIVE ACTIONS OF THE TEAM WITH BALLOON. 10 - COLLECTIVE ACTIONS OF THE TEAM WITHOUT BALLOON.
FOUNDATIONS OF THE HANDBALL	1 - Origin and Evolution of the Handball. 2 - Structural Analysis of the Handball: formal and functional structure 3 - Technical-Tactical Foundations of the Handball 4 - Tactical-Strategic Basic Foundations of the Handball 5 - Pedagogic Methodology of the Handball: Phases of the process of education-learning 6 - Handball Adapted for the Attention to the Diversity.

Planning

	Class hours	Hours outside the classroom	Total hours
Outdoor study / field practices	2	4	6
Case studies / analysis of situations	2	12	14
Laboratory practises	30	30	60
Troubleshooting and / or exercises	1	10	11
Master Session	20	20	40
Multiple choice tests	2	24	26
Short answer tests	2	24	26
Troubleshooting and / or exercises	1	20	21
Long answer tests and development	1	0	1

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

Description

Outdoor study / field practices	HANDBALL: It exists the possibility to displace to sportive events of handball of at least two different categories for the observation in real time of the technical foundations- <i>tácticos</i> of the handball by part of players/ <i>ace</i> <i>federados/as</i> . The students will have to do the work requested in the <i>ficha</i> designed to such effect with the objective to purchase competitions of observation, register and systematic analysis of the game. Another of the exits could consist in the experimentation of a more recreational modality of the conventional handball (handball beach, etcetera)
Case studies / analysis of situations	HANDBALL: For the acquisition of competitions of the <i>profesorado</i> in the design of progressions, didactic methodologies chords to the situation or case will propose different practical cases that will require the taking of decision of the didactic elements more suitable to the same.
Laboratory practises	Activities of application of the knowledges to concrete situations and of basic skills and/or specific and procedimental related with the subject object of study. They Will develop in special spaces with specialized equipment: pavilion of the Empower (field of game of basketball and of handball), also will be able to used natural spaces adapted (beach, fields smaller, etc.).
Troubleshooting and / or exercises	HANDBALL: Activity in the that formulate problems and/or exercises related with the subject: for example, 1. The design and graphic representation of situations of game in function of ones objective and didactic contents previously exposed. 2. The design of a practical session of 45 minutes with ones objective and didactic contents of the concrete handball. The students will owe to assign contents and didactic tasks stop each of the parts of the session. Be able to be requested to the students that represent in the practices of laboratory to session how developmental means of the specific didactic competitions of the basketball and/or handball that intend develop in the subject. It Would be conveniently, by not saying mandatory, at least tutorized in the time of the teaching staff, stops the review of the previously session to delivery.
Master Session	Exhibition by part of the <i>profesorado</i> of the <i>contidos</i> on the matter object of study, theoretical bases and/or guidelines of a work, exercise or project to develop by the <i>alumnado</i> .

Personalized attention

Methodologies	Description
Case studies / analysis of situations	In ""resolution of problems"" (design of sessions) is compulsory the assistance, at least, to the face-to-face class correspondent where explains the problem and/or exercise, likewise is very recommended to assistance to <i>tutoría</i> for the previous review to the supposed <i>impartición</i> . In the ""works <i>tutelados</i> "" , since it is optional, is compulsory the <i>tutoría</i> to agree the subject and the criteria in function of which will do the work. As well as the rest of <i>tutorías</i> for his follow-up.
Tests	Description
Troubleshooting and / or exercises	In ""resolution of problems"" (design of sessions) is compulsory the assistance, at least, to the face-to-face class correspondent where explains the problem and/or exercise, likewise is very recommended to assistance to <i>tutoría</i> for the previous review to the supposed <i>impartición</i> . In the ""works <i>tutelados</i> "" , since it is optional, is compulsory the <i>tutoría</i> to agree the subject and the criteria in function of which will do the work. As well as the rest of <i>tutorías</i> for his follow-up.

Assessment

	Description	Qualification
Outdoor study / field practices	HANDBALL: Assistance and participation by means of it delivers of the sign and works linked to the same. 0.25%	0.25

Laboratory practises	<p>BASKETBALL: The assistance to the practices is mandatory. It allows a 10% of fouls. The injured people/owe them collect the session and delivered. Value of the note in basketball = 10%.</p> <p>HANDBALL: The assistance to the practices is mandatory owing fulfilled a minimum of 80%. It IS to say, owes to obtained a minimum of 8 on 10 in the assistance. It has a value in the subject of FDC of 4,75%</p> <p>This is an indispensable requirement for power be evaluated in the part of "work or resolution of problems/exercises .</p> <p>In case of absense the any practice that wish to justified, owes to presented the documentation in a maximum term of 15 days afterwards of said absense. No they will admit *xustificantes afterwards of this period except permanent casualty justified. Yes the final assistance does not arrive to 80% minimum, or the note of works/resolution of exercises, that depend of assistance to the practices of laboratory was in insufficient values, will constitute proofs to value pole teaching staff but in any case will suppose that it consider the practical how realized.</p>	14.75
Multiple choice tests	<p>BASKETBALL: Selection of an only correct answer between 4 options. The errors subtract he 50% of the punctuation of each question. 12,5%</p> <p>HANDBALL: The proofs of type test are of selection of only correct answer between 4 options. Each 3 questions badly subtracts a well. 5%</p> <p>This part go of the theoretical examination, that features of proofs of answer test and short, being able to included a developmental or long: to approve owes to reached the 5 on 10 points so much in type test how short (15%).</p> <p>No they will save the parts approved stop the following edition or announcement except announcement express of the teaching staff by announcement or *mail it all the students.</p>	17,5
Short answer tests	<p>BASKETBALL = 8%: design, description and graphic representation of actions of game and/or didactic tasks.</p> <p>HANDBALL = 5%: design, description and graphic representation of actions of game and/or didactic tasks in function of objectives or concrete didactic contents. Also will be able to request the critical analysis and modification/adaptation of sequences of video of real game or simulated in function of the *devanditos didactic bases generals and specific when deposing you (of the handball).</p> <p>This part go it to me split of the theoretical examination, that features of proofs of answer test and short, being able to included a developmental or long: to approve owes to reached the 5 on 10 points so much in type test how short (15%).</p> <p>No they will save the parts approved stop the following edition or announcement except announcement express of the teaching staff by announcement or *mail it all the students.</p>	13

HANDBALL (25%): This section in *balonmano will govern by what develops to continuation:

Proof of forced fulfillment

Indispensable requirements for his preparation and evaluation:

1. Minimum assistance of 80% to the practices of laboratory
2. Delivery of a work/exercise by each practice of laboratory realised as long as it fulfil the requirement number1 (80% assistance to the practices of laboratory).
3. To surpass the *asignatura has to surpass this part with 50% of the total points of this section (1/2 or 10/20)

Will be able to request two types of formative activities:

1. Design of complete practical sessions of 45 minutes in function of some competitions, aims and didactic contents, and model of *iniciación of the handball.
2. Modification, adaptation or replacement of some didactic tasks experienced in the practices of laboratory in function of some objective/didactic contents and of the model of initiation been still in the *asignatura to check the acquisition of didactic competitions related with the sport of the handball.

These last tasks would constitute what *podría call "memory of practices" but with tasks of reflection, resolution added on the practices.

It contemplates the possibility that said works/exercises expose in small group (4-5 people) partly of the time of the practices of laboratory (that anyway it will not surpass 25% of the same). Said design and exhibition, in case to carry out , will do in small group of 4-5 responsible people.

A part of the note will obtain realising an activity of research of bibliographic information in the catalogue and specific databases of the library, following some criteria of importance, for the *fundamentación theoretical of the exercises or problems.

The Services of the Library of the Campus of Pontevedra, in agreement with the Title of Degree in CC of the Physical Activity and of the Sport, for the development of the Competitions *Informativas, collaborate actively in the didactic development of this activity from his design, implantation, intervention and evaluation.

Long answer tests and development	This testgo it to me split of the theoretical examination of the subject, jointly with the type test and short.	10
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After comprobation of the acquisition of the competitions of theoretical application-practical of the subject will use this proof.

Value of a 10% of the theoretical part.

Other comments on the Evaluation

HANDBALL: it will be compulsory to surpass and fulfil the minimum requirements of each one of the parts stipulated previously and that summary to continuation:

1. Practices of laboratory (4,75%) and exits of practical/study of field(0,25%): requirement arrive to the 8 of 10 points = 80% of assistance of the practices and exits. (5% in total). Indispensable basic requirement to surpass to be able to present to the following section
2. Works, resolution of problems and/or exercises, design of sessions and "memory" of practices (that it includes resolution of exercises or supposed on said practical): requirement approve with a 5 on 10 points (25% note). To be evaluated in said section has to have surpassed the section 1.
3. Theoretical examination: proofs of answer test and short: 5 on 10 points so much in type test like short (15%).

The *alumnado that do not fulfil with the minimum requirements related with the practices of laboratory and the works/exercises based in the same will have the possibility to realise a theoretical examination-practical on the competitions

developed in the parts mentioned whose note will be the equivalent to the *sumatorio of the part of practices of laboratory (5%) more works/exercises based in the same (25%), that is to say, 30%. The *alumnado will have to approve said section, that is to say, obtain 50% of the points of qualification, requirement so that it do half with the section 3. Proofs of answer test and short (10 on 20 points) that *equivalen to the theoretical examination.

FINAL NOTE IN THE *ASIGNATURA OF FOUNDATIONS OF THE COLLECTIVE SPORTS I

To realise the calculation of the final note is requirement that the note of each each thematic block separately (basketball and handball) was as like minimum of a 4 on 10.

If the final note of one of the blocks (sport) does not arrive to *I 4 on 10, the *asignatura will be *suspensa, independently that in the another block or sport have approved or have very good note.

The notes of the parts or blocks approved will be able to save for back announcements in function of what describe the section "Second announcement (and/or following)

SECOND ANNOUNCEMENT (And/Or FOLLOWING)

They will save the notes of the different parts approved of the *asignatura for back announcements a maximum of 12 months explained from the announcement approved. Once surpassed said period the *alumnado will have to go back to *cursar and surpass said parts without damage of the *alumnado of the current promotion.

Sources of information

Recommendations

Subjects that continue the syllabus

Fundaments of group sports 2/P02G050V01403

Subjects that are recommended to be taken simultaneously

Fundaments of motor functions/P02G050V01204

Subjects that it is recommended to have taken before

Education: Motor control & learning in physical education and sports/P02G050V01102

Fundaments of motor functions/P02G050V01204

Motor play/P02G050V01105
